

GRADED SWIMMING TABLES

2009 Edition

AAA for 50m pools

AAA for 25m pools

AA for 50m pools

AA for 25m pools

A for 50m pools

A for 25m pools

B for 50m pools

B for 25m pools

Membership Services, ASA Harold Fern House
Derby Square, Loughborough, LE11 5AL

GRADED TABLES - 2009

AAA Grade Qualifying Times

Pool Length 50m

BOYS									Event	GIRLS								
9	10	11	12	13	14	15	16	17		9	10	11	12	13	14	15	16	17
37.1	33.4	31.5	29.9	28.5	27.4	26.3	25.7	25.6	50m Free	37.2	34.1	31.9	30.6	29.8	29	28.7	28.5	28.6
1:25.9	1:12.4	1:06.8	1:02.7	59.8	58.2	56.9	55.8	55.3	100m Free	1:26.0	1:13.6	1:07.4	1:04.7	1:03.3	1:02.1	1:01.8	1:01.4	1:01.0
2:56.1	2:36.2	2:24.7	2:16.3	2:10.6	2:06.4	2:04.1	2:01.3	1:59.9	200m Free	3:02.7	2:37.2	2:25.7	2:19.7	2:15.8	2:13.7	2:12.1	2:11.5	2:10.3
6:24.8	5:28.1	4:59.5	4:46.3	4:35.0	4:26.3	4:22.3	4:17.3	4:15.5	400m Free	6:25.0	5:30.5	5:02.5	4:50.8	4:43.4	4:39.3	4:37.1	4:35.4	4:33.6
13:24.7	11:38.0	10:46.4	9:58.6	9:35.1	9:17.5	9:07.8	8:58.6	8:54.3	800m Free	13:09.8	11:19.6	10:28.7	10:00.3	9:43.0	9:36.4	9:32.1	9:26.7	9:28.2
25:25.5	22:18.0	21:00.8	18:55.7	18:10.9	17:37.5	17:17.4	17:01.7	16:53.5	1500m Free	25:14.8	21:43.5	20:05.9	19:17.4	18:41.9	18:28.5	18:22.6	18:09.8	18:14.4
49.6	44.5	41.2	38.2	36.1	34.6	33.4	32.9	32.1	50m Breast	49.9	44	41	38.9	37.7	36.6	36	35.9	35.7
1:52.2	1:35.1	1:26.4	1:20.8	1:16.3	1:13.7	1:11.9	1:10.4	1:09.1	100m Breast	1:53.6	1:34.7	1:26.8	1:22.1	1:19.1	1:18.0	1:17.7	1:16.9	1:16.3
3:47.3	3:23.5	3:06.4	2:55.2	2:45.5	2:38.9	2:35.0	2:33.3	2:30.1	200m Breast	3:54.7	3:21.9	3:04.8	2:56.6	2:50.4	2:46.8	2:45.8	2:46.0	2:44.9
42.7	37.3	34.9	32.7	31	29.8	28.5	28.1	27.6	50m Fly	42.3	37.9	35	33.5	32.1	31.5	31	30.6	30.7
1:36.0	1:22.5	1:14.7	1:09.7	1:06.1	1:03.4	1:01.7	1:00.5	59.8	100m Fly	1:34.7	1:23.6	1:15.2	1:11.3	1:09.0	1:08.0	1:07.2	1:06.8	1:06.3
3:33.8	3:02.6	2:43.5	2:33.4	2:26.1	2:20.1	2:16.4	2:14.1	2:12.7	200m Fly	3:28.0	3:05.2	2:44.8	2:36.9	2:31.3	2:28.0	2:27.3	2:25.9	2:24.5
43.8	39.4	36.9	34.8	33	31.5	30.6	30	29.4	50m Back	43.8	39.4	36.9	35.3	34.4	33.5	32.9	32.7	32.5
1:36.0	1:23.0	1:16.3	1:11.8	1:08.1	1:05.3	1:03.8	1:02.7	1:02.3	100m Back	1:38.5	1:23.7	1:16.7	1:12.8	1:11.3	1:10.2	1:09.2	1:08.8	1:08.4
3:16.6	2:55.7	2:42.7	2:33.8	2:26.1	2:21.3	2:17.8	2:14.9	2:13.5	200m Back	3:23.4	2:56.4	2:42.9	2:35.6	2:31.8	2:29.5	2:27.2	2:26.2	2:25.8
3:21.8	2:58.8	2:44.5	2:35.4	2:28.1	2:23.2	2:19.9	2:17.2	2:15.7	200m IM	3:25.6	2:58.9	2:45.5	2:37.6	2:33.9	2:31.7	2:29.8	2:28.8	2:28.0
7:17.4	6:21.4	5:47.4	5:28.5	5:14.2	5:03.5	4:56.8	4:52.0	4:50.1	400m IM	7:21.2	6:22.2	5:46.7	5:30.8	5:22.4	5:18.7	5:15.1	5:12.9	5:12.1

GRADED TABLES - 2009

AAA Grade Qualifying Times

Pool Length 25m

BOYS									Event	GIRLS								
9	10	11	12	13	14	15	16	17		9	10	11	12	13	14	15	16	17
34.9	32.4	30.8	29.1	27.7	26.6	25.8	25.3	25	50m Free	35.3	32.8	31.3	29.9	29	28.5	28.1	27.9	27.9
1:18.9	1:10.6	1:06.6	1:02.5	59.2	57	55.6	54.4	53.9	100m Free	1:20.0	1:12.1	1:07.2	1:03.7	1:02.0	1:00.9	1:00.2	59.5	59.6
2:47.9	2:32.3	2:24.0	2:15.6	2:08.7	2:03.8	2:00.8	1:58.3	1:57.4	200m Free	2:49.7	2:33.1	2:24.5	2:16.9	2:12.9	2:10.9	2:09.0	2:08.0	2:07.2
6:06.0	5:20.5	5:00.4	4:44.0	4:30.9	4:21.9	4:15.2	4:10.5	4:07.6	400m Free	6:12.5	5:24.9	5:00.1	4:44.6	4:37.2	4:33.1	4:29.3	4:28.3	4:26.8
12:47.4	11:25.4	10:37.7	9:56.4	9:26.3	9:07.9	8:54.8	8:44.5	8:39.3	800m Free	12:47.9	11:38.7	10:21.1	9:49.9	9:29.5	9:20.2	9:15.3	9:12.1	9:11.8
24:16.5	22:05.5	20:18.8	18:42.1	17:51.5	17:17.5	16:54.5	16:34.5	16:26.1	1500m Free	24:41.8	22:28.1	19:58.5	18:58.1	18:18.9	18:15.4	17:57.0	17:45.3	17:44.8
46	42.5	40	37.5	35.1	33.7	32.6	31.7	31.4	50m Breast	46.8	42.7	40.1	38	36.6	35.8	35.2	35	34.9
1:44.0	1:32.8	1:26.0	1:20.5	1:15.3	1:12.2	1:09.8	1:08.2	1:07.4	100m Breast	1:44.3	1:33.3	1:25.9	1:21.3	1:18.1	1:15.8	1:15.1	1:14.8	1:14.0
3:35.4	3:18.1	3:04.7	2:53.6	2:43.2	2:36.1	2:31.5	2:28.7	2:26.3	200m Breast	3:37.5	3:18.3	3:04.4	2:54.3	2:47.5	2:43.7	2:42.1	2:41.4	2:40.6
39.7	36.4	34.1	32.3	30.5	29.2	28.1	27.6	27.1	50m Fly	40.2	36.3	34.5	32.7	31.7	31	30.4	30.3	30.3
1:36.6	1:22.6	1:15.4	1:10.4	1:06.2	1:03.2	1:00.9	1:00.0	58.9	100m Fly	1:37.6	1:22.5	1:15.7	1:11.0	1:08.8	1:07.0	1:06.4	1:06.0	1:05.4
3:30.1	3:00.8	2:44.7	2:35.1	2:26.3	2:19.9	2:13.8	2:12.1	2:09.1	200m Fly	3:33.1	3:03.1	2:46.5	2:35.8	2:30.2	2:26.4	2:23.9	2:23.1	2:21.9
40.6	37.4	35.5	33.6	31.6	30.5	29.4	28.5	28.4	50m Back	40.7	37.4	35.5	33.9	32.8	32.1	31.8	31.4	31.3
1:29.6	1:21.4	1:15.3	1:10.9	1:06.7	1:03.8	1:01.7	1:00.5	59.6	100m Back	1:31.1	1:21.4	1:15.4	1:11.2	1:08.8	1:07.6	1:06.4	1:06.1	1:05.9
3:06.5	2:50.8	2:40.1	2:31.2	2:22.9	2:16.9	2:12.8	2:10.4	2:09.3	200m Back	3:08.4	2:52.2	2:39.1	2:31.3	2:27.3	2:24.6	2:22.0	2:20.8	2:19.9
3:10.8	2:54.9	2:43.4	2:34.2	2:26.6	2:19.9	2:16.1	2:13.7	2:12.2	200m IM	3:12.5	2:54.8	2:43.2	2:34.7	2:30.7	2:27.7	2:25.8	2:24.9	2:24.1
6:52.6	6:16.4	5:46.6	5:25.2	5:09.6	4:56.4	4:47.5	4:42.8	4:39.7	400m IM	6:50.1	6:15.5	5:44.3	5:25.6	5:15.3	5:09.7	5:06.0	5:03.4	5:02.9
1:29.5	1:22.4	1:18.2	1:13.9	1:09.8	1:06.5	1:04.5	1:02.7	1:02.0	100m IM	1:30.7	1:20.8	1:18.0	1:14.3	1:11.7	1:10.8	1:09.8	1:08.9	1:08.8

GRADED TABLES - 2009

AA Grade Qualifying Times

Pool Length 50m

BOYS									Event	GIRLS								
9	10	11	12	13	14	15	16	17		9	10	11	12	13	14	15	16	17
39.5	35.8	33.9	32	30.4	29.1	27.9	27.1	26.9	50m Free	39.6	36.6	34.2	32.7	31.7	30.8	30.3	30.1	30.1
1:31.2	1:17.7	1:12.0	1:07.4	1:04.2	1:02.1	1:00.3	59	58.2	100m Free	1:31.3	1:19.1	1:12.7	1:09.3	1:07.5	1:06.0	1:05.3	1:04.8	1:04.3
3:07.8	2:47.8	2:36.1	2:26.9	2:20.2	2:15.0	2:11.6	2:08.2	2:06.3	200m Free	3:14.2	2:49.1	2:36.9	2:29.9	2:25.0	2:22.1	2:19.9	2:18.9	2:17.5
6:50.1	5:52.9	5:23.7	5:08.7	4:55.5	4:44.4	4:38.4	4:31.9	4:28.9	400m Free	6:48.9	5:55.5	5:26.1	5:12.2	5:02.7	4:56.9	4:53.4	4:50.9	4:48.8
14:17.5	12:30.0	11:37.3	10:45.4	10:17.9	9:55.2	9:41.4	9:28.9	9:22.6	800m Free	13:59.0	12:10.6	11:17.2	10:44.3	10:22.5	10:12.8	10:05.5	9:58.6	9:59.3
27:05.7	23:56.3	22:37.3	20:24.6	19:32.2	18:49.8	18:21.0	17:59.9	17:47.3	1500m Free	26:49.2	23:21.3	21:38.8	20:41.4	19:57.7	19:38.1	19:26.9	19:11.3	19:14.0
52.8	47.5	44.2	41	38.6	36.9	35.4	34.7	33.8	50m Breast	52.9	47.1	44	41.6	40.1	38.8	38.1	37.9	37.6
1:58.9	1:41.7	1:32.8	1:26.8	1:21.8	1:18.5	1:16.2	1:14.3	1:12.7	100m Breast	2:00.1	1:41.6	1:33.3	1:27.9	1:24.4	1:22.8	1:22.2	1:21.1	1:20.4
4:01.7	3:38.0	3:20.4	3:08.2	2:57.3	2:49.4	2:44.2	2:41.7	2:37.9	200m Breast	4:08.7	3:36.6	3:18.6	3:09.3	3:01.6	2:57.2	2:55.4	2:55.1	2:53.8
45.3	40	37.4	35.1	33.2	31.7	30.2	29.6	28.9	50m Fly	44.8	40.5	37.5	35.8	34.2	33.4	32.7	32.3	32.3
1:41.7	1:28.1	1:20.2	1:14.8	1:10.8	1:07.6	1:05.4	1:03.9	1:02.9	100m Fly	1:40.4	1:29.5	1:20.7	1:16.3	1:13.5	1:12.2	1:11.0	1:10.5	1:09.9
3:46.5	3:15.3	2:55.9	2:44.9	2:36.5	2:29.4	2:24.6	2:21.6	2:19.6	200m Fly	3:40.4	3:17.9	2:56.9	2:48.0	2:41.3	2:37.1	2:35.7	2:33.9	2:32.3
46.5	42.2	39.6	37.3	35.3	33.6	32.4	31.6	30.9	50m Back	46.6	42.3	39.6	37.8	36.7	35.6	34.8	34.5	34.3
1:42.0	1:28.9	1:22.0	1:17.1	1:13.0	1:09.5	1:07.6	1:06.2	1:05.5	100m Back	1:44.3	1:29.7	1:22.4	1:18.0	1:16.0	1:14.5	1:13.2	1:12.6	1:12.1
3:29.6	3:08.4	2:55.2	2:45.5	2:36.7	2:30.7	2:26.0	2:22.5	2:20.4	200m Back	3:36.0	3:09.4	2:55.2	2:46.7	2:41.8	2:38.7	2:35.8	2:34.4	2:33.7
3:34.8	3:12.0	2:57.3	2:47.3	2:38.9	2:32.8	2:28.4	2:24.9	2:22.8	200m IM	3:38.3	3:12.2	2:58.0	2:49.1	2:44.2	2:41.0	2:38.5	2:37.0	2:36.1
7:45.3	6:49.3	6:14.3	5:53.8	5:37.2	5:23.9	5:14.8	5:08.3	5:05.1	400m IM	7:48.6	6:50.3	6:13.1	5:54.9	5:44.1	5:38.4	5:33.6	5:30.2	5:29.1

GRADED TABLES - 2009

AA Grade Qualifying Times

Pool Length 25m

BOYS									Event	GIRLS								
9	10	11	12	13	14	15	16	17		9	10	11	12	13	14	15	16	17
37.3	34.7	33	31.1	29.6	28.3	27.3	26.7	26.3	50m Free	37.8	35.3	33.6	32	31	30.3	29.7	29.5	29.5
1:24.2	1:15.8	1:11.5	1:07.1	1:03.5	1:00.8	59	57.5	56.8	100m Free	1:25.5	1:17.5	1:12.2	1:08.3	1:06.3	1:04.7	1:03.9	1:03.0	1:02.9
2:59.5	2:43.8	2:34.7	2:25.8	2:18.1	2:12.2	2:08.3	2:05.2	2:03.7	200m Free	3:01.7	2:44.9	2:35.4	2:27.0	2:22.2	2:19.3	2:17.0	2:15.6	2:14.6
6:30.6	5:44.9	5:23.3	5:05.7	4:50.9	4:39.7	4:30.9	4:25.1	4:21.1	400m Free	6:37.6	5:49.8	5:23.1	5:06.0	4:56.6	4:50.9	4:46.0	4:44.3	4:42.2
13:39.2	12:16.7	11:26.0	10:41.6	10:08.4	9:45.1	9:28.0	9:15.3	9:07.6	800m Free	13:39.7	12:30.0	11:08.3	10:33.6	10:09.3	9:56.7	9:49.5	9:44.8	9:43.5
25:54.8	23:42.1	21:50.5	20:08.4	19:11.4	18:28.3	17:57.4	17:32.6	17:19.9	1500m Free	26:21.6	24:07.2	21:29.5	20:22.6	19:35.7	19:25.8	19:03.4	18:48.5	18:45.9
49.1	45.5	42.8	40.2	37.6	35.9	34.5	33.5	33.1	50m Breast	50	45.9	43	40.6	39.1	38.1	37.3	37	36.9
1:50.7	1:39.4	1:32.1	1:26.2	1:20.6	1:16.9	1:14.0	1:12.1	1:11.0	100m Breast	1:51.0	1:40.0	1:32.1	1:27.1	1:23.4	1:20.6	1:19.6	1:19.2	1:18.2
3:49.7	3:32.3	3:17.9	3:06.0	2:54.8	2:46.3	2:40.6	2:37.1	2:34.1	200m Breast	3:52.1	3:32.7	3:17.7	3:06.8	2:58.8	2:54.1	2:51.8	2:50.7	2:49.6
42.3	38.9	36.5	34.6	32.6	31.1	29.7	29.1	28.5	50m Fly	42.9	39	36.9	35	33.8	32.9	32.2	32	31.9
1:42.2	1:28.3	1:20.7	1:15.4	1:10.8	1:07.3	1:04.6	1:03.3	1:02.0	100m Fly	1:43.5	1:28.4	1:21.0	1:16.1	1:13.4	1:11.2	1:10.3	1:09.7	1:09.0
3:42.8	3:13.3	2:56.5	2:46.2	2:36.4	2:28.9	2:21.9	2:19.5	2:16.0	200m Fly	3:46.4	3:15.9	2:58.5	2:46.8	2:40.2	2:35.5	2:32.6	2:31.4	2:29.9
43.3	40.1	37.9	36	33.8	32.5	31.1	30.1	29.8	50m Back	43.6	40.2	38.1	36.2	35	34.1	33.7	33.3	33
1:35.4	1:27.0	1:20.6	1:15.9	1:11.4	1:07.9	1:05.4	1:03.9	1:02.7	100m Back	1:37.2	1:27.4	1:20.9	1:16.3	1:13.5	1:11.8	1:10.4	1:09.9	1:09.6
3:19.1	3:03.1	2:51.8	2:42.2	2:33.1	2:25.9	2:20.8	2:17.8	2:16.2	200m Back	3:21.6	3:05.0	2:51.0	2:42.4	2:37.2	2:33.7	2:30.6	2:29.0	2:27.8
3:23.9	3:07.8	2:55.4	2:45.6	2:37.1	2:29.2	2:24.3	2:21.3	2:19.3	200m IM	3:26.0	3:08.1	2:55.6	2:46.1	2:41.1	2:37.1	2:34.7	2:33.4	2:32.3
7:20.2	6:43.5	6:12.0	5:49.4	5:31.9	5:16.2	5:05.1	4:59.0	4:54.8	400m IM	7:18.2	6:43.6	6:10.1	5:49.6	5:37.2	5:29.7	5:24.7	5:21.4	5:20.1
1:35.6	1:28.3	1:23.8	1:19.1	1:14.5	1:10.7	1:08.3	1:06.2	1:05.2	100m IM	1:36.9	1:27.0	1:23.8	1:19.7	1:16.6	1:15.2	1:14.0	1:12.9	1:12.7

GRADED TABLES - 2009

A Grade Qualifying Times

Pool Length 50m

BOYS										GIRLS								
9	10	11	12	13	14	15	16	17	Event	9	10	11	12	13	14	15	16	17
42.6	39	37	34.9	33	31.3	29.7	28.7	28.4	50m Free	42.8	39.8	37.3	35.4	34	32.9	32.2	31.9	31.8
1:38.2	1:24.8	1:18.8	1:13.7	1:09.8	1:06.9	1:04.4	1:02.6	1:01.5	100m Free	1:38.3	1:26.2	1:19.3	1:15.2	1:12.7	1:10.7	1:09.6	1:08.8	1:08.1
3:23.4	3:03.6	2:51.3	2:40.8	2:32.6	2:25.6	2:20.7	2:16.3	2:13.7	200m Free	3:29.1	3:04.4	2:51.3	2:42.5	2:36.2	2:32.1	2:29.1	2:27.5	2:25.8
7:22.5	6:26.4	5:56.0	5:38.1	5:21.8	5:07.0	4:57.6	4:49.1	4:44.6	400m Free	7:20.7	6:27.4	5:56.4	5:38.8	5:26.3	5:18.0	5:12.8	5:09.2	5:06.3
15:25.3	13:39.3	12:44.6	11:47.1	11:12.8	10:42.5	10:21.8	10:05.0	9:55.5	800m Free	15:04.1	13:17.4	12:19.6	11:39.0	11:10.8	10:56.0	10:45.5	10:36.0	10:35.1
29:14.2	26:08.9	24:44.7	22:20.5	21:16.6	20:19.0	19:37.1	19:07.7	18:49.0	1500m Free	28:54.0	25:29.4	23:38.6	22:25.8	21:30.4	21:00.8	20:43.1	20:22.9	20:22.9
56.8	51.6	48.2	44.6	41.8	39.7	37.8	36.8	35.8	50m Breast	57	51.2	47.8	45	43.1	41.5	40.6	40.1	39.8
2:07.7	1:50.7	1:41.5	1:34.7	1:28.8	1:24.6	1:21.4	1:18.9	1:17.0	100m Breast	2:08.7	1:50.3	1:41.6	1:35.2	1:30.8	1:28.5	1:27.5	1:26.1	1:25.2
4:20.5	3:57.2	3:39.1	3:25.2	3:12.5	3:02.5	2:55.4	2:51.6	2:47.0	200m Breast	4:27.3	3:55.5	3:36.6	3:24.9	3:15.5	3:09.5	3:06.7	3:05.8	3:04.0
48.8	43.5	40.8	38.1	35.9	34	32.2	31.4	30.6	50m Fly	48.2	44	40.7	38.6	36.7	35.7	34.8	34.2	34.2
1:49.4	1:35.8	1:27.7	1:21.5	1:16.8	1:12.8	1:09.8	1:07.8	1:06.5	100m Fly	1:47.7	1:37.1	1:27.9	1:22.6	1:19.1	1:17.2	1:15.5	1:14.8	1:14.0
4:03.7	3:32.3	3:12.5	2:59.9	2:49.9	2:40.9	2:34.4	2:30.4	2:27.6	200m Fly	3:56.6	3:34.6	3:12.6	3:01.7	2:53.5	2:48.0	2:45.7	2:43.3	2:41.3
50.3	46	43.2	40.5	38.2	36.1	34.5	33.5	32.7	50m Back	50.2	46	43.1	40.9	39.4	38	37	36.6	36.3
1:49.8	1:36.9	1:29.8	1:24.1	1:19.2	1:15.0	1:12.2	1:10.3	1:09.3	100m Back	1:52.0	1:37.5	1:29.9	1:24.5	1:21.7	1:19.6	1:17.9	1:17.1	1:16.3
3:46.7	3:25.8	3:12.0	3:00.7	2:50.3	2:42.3	2:36.0	2:31.4	2:28.6	200m Back	3:52.7	3:26.3	3:11.0	3:00.6	2:54.3	2:49.8	2:45.8	2:43.9	2:42.8
3:52.0	3:29.6	3:14.3	3:02.8	2:52.7	2:44.8	2:38.4	2:33.9	2:31.0	200m IM	3:55.2	3:29.6	3:14.3	3:03.3	2:56.8	2:52.3	2:48.9	2:46.9	2:45.5
8:21.9	7:26.3	6:50.8	6:26.7	6:06.4	5:49.3	5:36.2	5:27.6	5:22.6	400m IM	8:24.4	7:26.2	6:47.3	6:24.9	6:10.6	6:02.0	5:55.2	5:50.8	5:48.7

GRADED TABLES - 2009

A Grade Qualifying Times

Pool Length 25m

BOYS									Event	GIRLS								
9	10	11	12	13	14	15	16	17		9	10	11	12	13	14	15	16	17
40.7	38	35.9	33.9	32.1	30.4	29.1	28.3	27.8	50m Free	41.1	38.5	36.5	34.7	33.3	32.4	31.7	31.3	31.3
1:31.5	1:22.9	1:17.8	1:13.2	1:08.9	1:05.4	1:03.1	1:01.2	1:00.1	100m Free	1:32.9	1:24.6	1:18.7	1:14.3	1:11.5	1:09.5	1:08.3	1:07.1	1:06.9
3:15.7	2:59.3	2:48.8	2:39.1	2:30.1	2:22.5	2:17.2	2:13.2	2:11.1	200m Free	3:17.6	3:00.4	2:49.6	2:39.9	2:33.6	2:29.6	2:26.6	2:24.6	2:23.2
7:05.0	6:18.0	5:53.3	5:34.0	5:16.4	5:01.5	4:50.1	4:42.1	4:36.7	400m Free	7:11.4	6:22.2	5:52.9	5:33.0	5:20.5	5:12.5	5:06.2	5:03.1	5:00.5
14:51.2	13:26.1	12:28.4	11:41.1	11:01.8	10:31.3	10:08.4	9:51.2	9:40.2	800m Free	14:48.2	13:36.7	12:09.5	11:29.3	10:58.3	10:40.8	10:30.7	10:23.5	10:20.7
28:11.5	25:54.8	23:50.5	22:01.7	20:52.8	19:55.5	19:13.8	18:40.6	18:21.9	1500m Free	28:33.8	26:15.9	23:27.7	22:10.0	21:10.1	20:51.7	20:22.6	20:03.0	19:57.7
53.2	49.6	46.5	43.7	40.7	38.6	36.8	35.6	35	50m Breast	54.2	50	46.7	44	42.1	40.8	39.8	39.4	39.1
1:59.7	1:48.1	1:40.1	1:33.8	1:27.4	1:22.7	1:19.1	1:16.6	1:15.1	100m Breast	2:00.2	1:48.8	1:40.2	1:34.4	1:29.8	1:26.5	1:25.1	1:24.3	1:23.1
4:09.2	3:51.2	3:35.1	3:22.5	3:09.5	2:58.9	2:51.5	2:47.0	2:43.0	200m Breast	4:11.7	3:51.5	3:34.9	3:22.4	3:12.8	3:06.7	3:03.5	3:01.6	3:00.2
45.9	42.4	39.6	37.5	35.3	33.4	31.7	30.9	30.1	50m Fly	46.5	42.4	40.1	37.9	36.4	35.2	34.4	34	33.9
1:50.1	1:35.9	1:27.6	1:22.0	1:16.7	1:12.3	1:09.0	1:07.3	1:05.6	100m Fly	1:51.4	1:36.0	1:28.0	1:22.4	1:19.0	1:16.3	1:15.1	1:14.1	1:13.3
4:00.0	3:30.4	3:11.7	3:00.8	2:49.5	2:40.1	2:31.8	2:28.3	2:23.9	200m Fly	4:03.6	3:32.8	3:13.9	3:00.7	2:52.6	2:46.7	2:43.0	2:41.2	2:39.3
46.9	43.6	41.2	39	36.5	34.8	33.1	31.9	31.5	50m Back	47.3	43.8	41.4	39.3	37.7	36.5	35.9	35.3	35.1
1:43.3	1:34.7	1:27.6	1:22.5	1:17.3	1:13.0	1:09.8	1:07.8	1:06.3	100m Back	1:45.2	1:35.2	1:28.1	1:22.7	1:19.2	1:17.0	1:15.3	1:14.4	1:14.0
3:36.7	3:19.7	3:06.9	2:56.5	2:45.9	2:37.0	2:30.4	2:26.5	2:24.0	200m Back	3:38.8	3:21.8	3:06.3	2:56.3	2:49.6	2:44.8	2:41.1	2:38.7	2:37.2
3:41.7	3:25.1	3:11.0	3:00.5	2:50.4	2:40.7	2:34.3	2:30.3	2:27.3	200m IM	3:44.0	3:25.6	3:11.4	3:00.6	2:53.8	2:48.7	2:45.5	2:43.4	2:42.0
7:58.6	7:20.2	6:45.5	6:20.9	6:00.4	5:40.6	5:26.4	5:18.1	5:12.2	400m IM	7:56.1	7:19.7	6:43.6	6:19.9	6:03.9	5:53.8	5:47.3	5:42.6	5:40.6
1:43.8	1:36.2	1:30.9	1:26.0	1:20.7	1:16.0	1:12.9	1:10.3	1:09.0	100m IM	1:45.3	1:35.1	1:31.3	1:26.4	1:22.6	1:20.6	1:19.1	1:17.6	1:17.2

GRADED TABLES - 2009

B Grade Qualifying Times

Pool Length 50m

BOYS										GIRLS								
9	10	11	12	13	14	15	16	17	Event	9	10	11	12	13	14	15	16	17
50.2	46.6	44	40.8	37.9	35.3	33	31.5	30.9	50m Free	49.3	46.6	43.4	40.5	38.3	36.6	35.5	34.9	34.7
1:54.6	1:41.3	1:34.3	1:26.9	1:20.7	1:15.8	1:11.6	1:08.8	1:07.1	100m Free	1:52.7	1:41.3	1:33.0	1:26.6	1:22.1	1:18.8	1:16.8	1:15.5	1:14.6
4:00.0	3:40.3	3:25.4	3:09.8	2:56.7	2:45.2	2:36.5	2:29.9	2:26.0	200m Free	4:00.2	3:37.1	3:20.8	3:07.0	2:56.6	2:49.8	2:44.8	2:42.0	2:39.7
8:40.5	7:44.6	7:08.5	6:39.9	6:13.1	5:48.6	5:31.1	5:17.8	5:10.6	400m Free	8:25.9	7:36.1	6:58.5	6:30.4	6:09.2	5:55.2	5:45.6	5:39.6	5:35.5
18:08.3	16:24.1	15:15.7	13:56.2	13:00.3	12:09.7	11:31.7	11:05.1	10:49.9	800m Free	17:18.0	15:37.5	14:26.7	13:24.4	12:38.9	12:11.9	11:52.5	11:38.4	11:35.2
34:23.2	31:15.8	29:33.3	26:25.3	24:39.2	23:03.3	21:50.1	21:01.8	20:32.1	1500m Free	33:10.9	29:58.1	27:42.4	25:49.7	24:19.8	23:27.4	22:52.1	22:22.7	22:17.5
1:06.4	1:01.3	57.1	52.2	48.2	44.8	41.9	40.4	39	50m Breast	1:05.2	59.8	55.6	51.5	48.5	46.1	44.7	44	43.5
2:28.7	2:11.6	2:00.8	1:51.2	1:42.6	1:35.7	1:30.3	1:26.6	1:23.9	100m Breast	2:26.5	2:09.2	1:58.5	1:49.2	1:42.5	1:38.7	1:36.4	1:34.4	1:33.2
5:06.1	4:42.6	4:21.1	4:00.8	3:42.3	3:26.6	3:14.7	3:08.3	3:02.1	200m Breast	5:05.8	4:35.8	4:12.9	3:55.2	3:40.8	3:31.5	3:26.1	3:23.7	3:21.3
57	51.7	48.4	44.6	41.3	38.4	35.8	34.4	33.3	50m Fly	55.2	51.3	47.4	44.1	41.3	39.6	38.3	37.5	37.3
2:07.4	1:53.8	1:44.2	1:35.8	1:28.6	1:22.3	1:17.5	1:14.4	1:12.5	100m Fly	2:03.3	1:53.2	1:42.4	1:34.7	1:29.2	1:25.9	1:23.3	1:21.9	1:20.9
4:43.8	4:11.9	3:49.5	3:31.6	3:16.1	3:02.2	2:51.4	2:45.1	2:40.9	200m Fly	4:30.7	4:10.2	3:44.6	3:28.3	3:15.7	3:07.1	3:02.6	2:59.2	2:56.5
59	54.7	51.4	47.4	44	40.7	38.3	36.8	35.6	50m Back	57.9	53.9	50.2	46.8	44.3	42.3	40.8	40.1	39.7
2:08.3	1:55.6	1:47.0	1:38.8	1:31.4	1:24.9	1:20.2	1:17.2	1:15.4	100m Back	2:07.9	1:54.3	1:44.9	1:37.1	1:32.2	1:28.6	1:25.9	1:24.5	1:23.5
4:26.3	4:06.3	3:49.6	3:32.7	3:16.9	3:03.9	2:53.4	2:46.3	2:42.0	200m Back	4:26.9	4:02.0	3:43.4	3:27.5	3:16.6	3:09.1	3:03.0	2:59.7	2:58.0
4:32.9	4:10.5	3:52.4	3:35.2	3:19.9	3:06.6	2:56.2	2:49.1	2:44.8	200m IM	4:30.5	4:06.4	3:47.4	3:30.8	3:19.8	3:12.2	3:06.4	3:03.1	3:01.1
9:49.9	8:54.1	8:12.3	7:36.1	7:04.1	6:35.5	6:14.0	5:59.9	5:51.8	400m IM	9:37.0	8:43.4	7:56.9	7:22.7	6:58.9	6:43.7	6:32.2	6:24.9	6:21.6

GRADED TABLES - 2009

B Grade Qualifying Times

Pool Length 25m

BOYS									Event	GIRLS								
9	10	11	12	13	14	15	16	17		9	10	11	12	13	14	15	16	17
48.5	45.3	42.3	39.7	37	34.4	32.4	31.2	30.3	50m Free	48.5	45.5	42.5	39.9	37.7	36.2	35.2	34.5	34.3
1:49.0	1:39.3	1:31.9	1:25.7	1:19.6	1:14.1	1:10.1	1:07.5	1:05.7	100m Free	1:49.1	1:40.1	1:31.8	1:25.7	1:21.1	1:17.8	1:15.9	1:14.2	1:13.6
3:54.0	3:35.4	3:19.9	3:06.9	2:53.9	2:41.6	2:33.0	2:27.1	2:23.4	200m Free	3:52.8	3:34.0	3:18.2	3:04.7	2:54.3	2:47.6	2:43.2	2:39.8	2:37.7
8:27.1	7:34.5	6:59.2	6:33.0	6:06.9	5:42.1	5:23.6	5:11.4	5:02.7	400m Free	8:25.6	7:33.2	6:52.9	6:25.1	6:04.3	5:50.4	5:40.9	5:35.1	5:31.0
17:43.5	16:05.6	14:47.7	13:45.5	12:47.4	11:56.6	11:18.0	10:52.5	10:34.7	800m Free	17:18.9	16:00.8	14:12.9	13:16.2	12:27.9	11:58.7	11:42.1	11:28.8	11:23.5
33:38.5	30:57.8	28:11.5	25:57.2	24:13.0	22:37.3	21:26.8	20:37.4	20:04.7	1500m Free	33:24.6	30:54.0	27:25.8	25:36.3	24:03.0	23:21.4	22:40.3	22:09.0	21:58.8
1:03.1	58.8	54.5	50.8	46.8	43.5	40.9	39.2	38.1	50m Breast	1:03.4	58.8	54.3	50.6	47.6	45.5	44.2	43.4	43
2:21.3	2:08.5	1:57.5	1:49.4	1:40.7	1:33.5	1:28.0	1:24.4	1:22.0	100m Breast	2:20.3	2:08.0	1:56.4	1:48.5	1:41.6	1:36.7	1:34.5	1:32.9	1:31.4
4:56.1	4:35.4	4:13.1	3:56.4	3:38.3	3:22.2	3:10.7	3:03.8	2:57.8	200m Breast	4:54.9	4:32.7	4:09.8	3:52.9	3:38.2	3:28.8	3:23.7	3:20.3	3:18.0
54.4	50.3	46.5	43.8	40.6	37.6	35.2	33.9	32.9	50m Fly	54.3	49.9	46.5	43.5	41	39.3	38.1	37.4	37.1
2:08.9	1:53.4	1:42.7	1:35.5	1:28.3	1:21.7	1:16.7	1:14.0	1:11.6	100m Fly	2:08.8	1:52.6	1:42.1	1:34.6	1:29.3	1:25.2	1:23.3	1:21.6	1:20.5
4:42.6	4:09.1	3:45.8	3:30.8	3:15.1	3:01.0	2:48.8	2:43.3	2:37.2	200m Fly	4:41.5	4:09.3	3:45.0	3:27.8	3:15.1	3:06.4	3:01.0	2:57.7	2:55.2
55.8	51.8	48.2	45.4	41.9	39.2	36.7	35.1	34.3	50m Back	55.5	51.7	48.1	45.1	42.6	40.8	39.8	38.9	38.5
2:02.2	1:52.5	1:42.8	1:36.2	1:28.9	1:22.4	1:17.6	1:14.6	1:12.3	100m Back	2:02.9	1:52.2	1:42.5	1:35.2	1:29.7	1:26.1	1:23.6	1:22.1	1:21.3
4:17.5	3:58.1	3:40.4	3:26.4	3:11.4	2:57.5	2:47.5	2:41.4	2:37.2	200m Back	4:16.6	3:58.3	3:37.2	3:23.0	3:12.2	3:04.5	2:58.9	2:55.1	2:52.9
4:24.0	4:04.7	3:45.8	3:31.4	3:16.8	3:02.0	2:51.9	2:45.6	2:40.9	200m IM	4:23.5	4:03.1	3:43.7	3:28.3	3:17.1	3:08.9	3:04.0	3:00.6	2:58.4
9:29.9	8:44.8	7:58.6	7:27.2	6:56.4	6:25.7	6:03.7	5:50.9	5:41.1	400m IM	9:18.4	8:38.7	7:50.7	7:18.2	6:52.9	6:36.5	6:26.1	6:18.4	6:14.9
2:03.1	1:54.6	1:46.8	1:40.1	1:32.7	1:25.8	1:20.9	1:17.3	1:15.2	100m IM	2:03.7	1:52.7	1:46.2	1:39.4	1:33.4	1:30.1	1:27.7	1:25.5	1:24.8