



RHONDDA CYNON TAF PERFORMANCE SWIM SQUAD Club Championships

Licence number 3WL221154
(Under FINA Technical Rules and Swim Wales Laws)

Sunday 25th September 2022

Closing date for entries 9.00pm Monday 12th September

[Age Groups Age at 31st December 2022](#)

Results will be announced and Medals & Trophies will be presented at the club presentation evening Sunday 2nd October 2022 at the Heritage Hotel Porth 4pm to 9pm

Contact rctgala@rctperformanceswimsquad.co.uk
(ALL SESSIONS TO BE CONFIRMED)

At

Rhondda Sports Centre, Ystrad
With Electronic Timing

MEET INFORMATION

AGE GROUPS Female - 7u 9u, 11u, 13u, 15u, Open
Male –7u 9u, 11u, 13u, 15u, Open

AGE At 31st December 2022

ALL EVENTS ARE HEAT DECLARED

EVENTS:

7u -25m Frontcrawl -25m Backstroke- 25m Breaststroke
9u - 50m Frontcrawl – Backstroke – Breaststroke & 50m Butterfly – 100 IM
11u – 100m Frontcrawl – Backstroke – Breaststroke & Butterfly – 200 IM
13u – 100m Frontcrawl – Backstroke – Breaststroke & Butterfly – 200 IM
15u & Open 100m Frontcrawl – Backstroke–Breaststroke – Butterfly –200 IM

AWARDS:

FOR ALL INDIVIDUAL EVENTS

- ◆ MEDALS FOR TOP 3
- ◆ TOP BOY & GIRL TROPHY (Each age group)
- ◆ Top Senior and Junior Boy & Girl trophy based on fina points

ENTRY FEE:

£5 per Event

OR

£20 age 8 and above (all 5 races)

£10 age 7 and under (all 3 races)

**Closing Date for entries is Monday 12th September 9.00pm
NO LATE ENTRIES WILL BE ACCEPTED AFTER THIS TIME**

Meet Conditions

General

1. The meet shall be swum under FINA Technical Rules and Swim Wales Laws and any additional conditions are set out in this document "Meet Information".
2. All decisions made by the Meet Director shall be final and binding

Events/Entries

- **£5 per event OR**
- For 8 and over age group the entry fee is **£20.00** up to five races
- For the 7 and under 7 age group the entry fee is **£10.00** up to 3 races
(There is a maximum of 3 events for this age category)

- All events are Heat declared winners.

- Closing Date for entries is Monday 12th September 9.00pm NO LATE ENTRIES WILL BE ACCEPTED AFTER THIS TIME

Heats

1. Each Heat is spearheaded, slowest to fastest.

Trophies and Medals

1. Medals shall be awarded to the top 3 Medallists in each age group.
2. Overall winners in each age group shall also receive a Trophy which will be presented at the RCT Performance Swim Squad Presentation Evening on Sunday 2nd October Heritage Hotel Porth

Withdrawals

1. All withdrawals must be notified BEFORE the start of all warm ups. Notification must be made to your Coach as soon as possible.

Pre-Meet Warm Up

1. Coaches should actively supervise the warm up to ensure that proper procedures are followed.

2. Swimmers must not climb out at the Deep end of the pool; they should swim to the side and climb out.
3. There will be no diving from the blocks. However, the Meet Organiser/Referee may allow diving off the blocks for the last few minutes of the warm up. An announcement stating this will be made at the relevant time.

Disqualifications

1. Upon disqualification, the reason for disqualification will be shown on the Results sheets, which will be available at Presentation Evening.
2. Reasons for disqualification can be obtained from the Referee by the coach only and not the swimmer or their parents.

Medical Conditions

1. It is the responsibility of the swimmer and / or parent to declare to the referee any disability or medical condition that could present a safety risk. If such a disability or medical condition exists swimmers must produce a medical note confirming that their participation presents no health or safety problems.

Poolside Management

1. Access to the poolside is restricted to competitors, officials and holders of coach's passes, Spectators will only have access to the designated Seating Area on the Balcony.
2. Please ensure that the minimum of bags are taken onto the poolside.
3. Please ensure that competitors have some form of footwear and clothing on poolside.
4. Please use the lockers in the changing area which are a (£1). Please do not leave bags in the changing cubicles.
5. Swimmers must not access the spectator areas nor go outside of the immediate pool area without wearing a top and shorts/tracksuit bottoms.
6. Swimmers are not allowed onto the Balcony.
7. **Marshalling Area**
 1. There is a marshalling area in operation; it is the responsibility of the Coaches/Team Manager to ensure the Swimmers are there in good time.

Safety

1. All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and / or the Normal Operating Procedures & Emergency Action Plan for the facility hired for the meet.

2. All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind.
3. Swimmers should have reached the standard of the ASA Competitive Start Award in order to start from the blocks; (this is the responsibility of the club coach).
4. Swimmers who have not attained the standard of the Competitive Start Award must lower themselves into over the side into the water, on the long whistle of the Referee before starting at an appropriate place.

Jewellery

1. For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups or competition. This includes watches, necklaces, chains, bangles, wrist bands, ear-rings (except studs), and rings (except wedding bands).
2. No Ankle bracelets are to be worn at any time, if found you will be asked to remove the bracelet to continue in the competition.

Unacceptable Behaviour

1. Behaviour becomes "unacceptable" when it is considered "Offensive" to others; this includes, but is not limited to, the following:
2. Theft, wilful damage to property and / or equipment, acts of vandalism, abuse of alcohol and / or drugs, bullying, offensive language, aggressive / violent acts, threatening behaviour, all breaches of safety practices, failure to comply with instructions / directions, actions that bring the sport of swimming into disrepute.

TV, Video, Photography

The use of all photographic equipment is controlled at this Meet and spectators / coaches and swimmers are reminded such equipment should not be used at any time; this is compliant to the Rhondda Cynon Taff Photographic Policy

Spectators

1. Entry to the spectator area will be **£3 per person, programmes will only be available electronically**
2. Spectators are not allowed in the locker/changing area whilst the Meet is in progress. There is ample parking for Spectators in the Leisure Centre Car Park and the overflow opposite the school.

For full promoters' conditions see end of meet pack



RCT PERFORMANCE SWIM SQUAD

CLUB CHAMPIONSHIPS 2022

ENTRY FORM

NAME:

SQUAD:

DATE OF BIRTH:

The ages are as at the 31st December 2022

EVENT	7 under	9 under	11 under	13 under	15 under	Open
FRONTCRAWL	25m	50m	100m	100m	100m	100m
BACKSTROKE	25m	50m	100m	100m	100m	100m
BREASTSTROKE	25m	50m	100m	100m	100m	100m
BUTTERFLY	n/a	50m	100m	100m	100m	100m
INDIVIDUAL MEDLEY	n/a	100m	200m	200m	200m	200m

Please place a tick in the boxes above.

Signed(parent or Guardian)

Promoters Conditions

1. The meet will be swum under the following rules and conditions: FINA Technical Rules and Swim Wales Laws with electronic timing.
2. All entrants must be members of an affiliated club, amateurs as defined by Swim Wales Laws and hold a valid Swim Wales/ASA membership number.
3. The promoters reserve the right to limit entry in the interests of safety and timely completion of the meet.
4. Over the top starts will, where necessary or appropriate, be used during this meet.
5. **All entries must also include a payment**
6. Age groups 7 and under 9/10/11/12/13/ 15 and open
7. Age is at 31st December of the year of the meet
8. No swimmer may enter events "Out of Age".
9. All withdrawals must be notified to the Meet Office no later than 5pm the day before the competition.
10. Marshalling will take place, and competitors must report promptly to this area
11. The safety rules of the pool must be adhered to at all times. Anyone not adhering to these rules (which will be read out at the start of each session) may be removed from the pool.
12. All valuables/clothing etc. left in the changing rooms will be entirely at the owner's risk.
13. Events will be swum in heats, slowest to fastest.
14. The use of all photographic equipment is controlled at this Meet and spectators / coaches and swimmers are reminded such equipment should not be used at any time; this is compliant to the Rhondda Cynon Taff Photographic Policy.
15. DATA PROTECTION ACT 1998 – RCT Performance Swim Squad uses a computer to record entries and results. By submitting entries and accepting entry to the meet, consent is thereby given (as required under the Data Protection Act 1998) to the holding of personal information in a computer/s. Personal data recorded, such as name, club, date of birth and times may be made public during or after the meet.
16. Warm up and start times will be confirmed when all entries have been received and processed.
17. The promoters reserve the right to remove anyone for misconduct.
18. The promoters reserve the right to remove or amend any of the above conditions as required.
19. In the event that the Meet becomes oversubscribed we will filter entries on a first come first served basis.
20. Late entries will not be accepted