

## RCT Performance Swim Squad Grand Prix - 12/11/2017 to 12/05/2018

## Results

## Event 1 Boys 8 Year Olds 25 SC Meter Freestyle

| Name              | Age Team  | Finals Time |
|-------------------|-----------|-------------|
| 1 Deacon, Cameron | 8 Rhondda | 27.10       |

## Event 1 Boys 9 Year Olds 25 SC Meter Freestyle

| Name               | Age Team           | Finals Time |
|--------------------|--------------------|-------------|
| 1 Thomas, Levi     | 9 Rhondda          | 17.33       |
| 2 Chambers, Carwyn | 9 Rhondda          | 20.20       |
| 3 Dossett, Samson  | 9 R.C.T.Swim Squad | 21.00       |
| 4 Fernon, Cai      | 9 R.C.T.Swim Squad | 22.19       |
| 5 White, Jac       | 9 R.C.T.Swim Squad | 32.63       |

## Event 2 Girls 8 Year Olds 25 SC Meter Freestyle

| Name             | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Thomas, Evie R | 8 Nexus  | 20.24       |

## Event 2 Girls 9 Year Olds 25 SC Meter Freestyle

| Name                 | Age Team           | Finals Time |
|----------------------|--------------------|-------------|
| 1 Owen, Kessie E     | 9 Nexus            | 18.66       |
| 2 Mulford, Ffion J   | 9 Ponty            | 18.84       |
| 3 Jones, Ellie       | 9 Rhondda          | 20.12       |
| 4 Jala, Eliana       | 9 Rhondda          | 20.25       |
| 5 Hughes, Erin       | 9 Rhondda          | 21.56       |
| 6 Smith, Summer      | 9 R.C.T.Swim Squad | 21.57       |
| 7 Abude, Zarah       | 9 Rhondda          | 22.49       |
| 8 Jala, Janelle      | 9 Rhondda          | 22.50       |
| 9 O'Connell, Cerys E | 9 Nexus            | 23.32       |
| 10 Hancock, Ruby C   | 9 Nexus            | 23.68       |
| 11 Williams, Seren   | 9 Rhondda          | 23.69       |
| 12 Jones, Crystal    | 9 Rhondda          | 24.25       |
| 13 Williams, Eva     | 9 Rhondda          | 25.06       |
| 14 Hartery, Eva      | 9 R.C.T.Swim Squad | 25.50       |
| 15 Moseley, Olivia G | 9 Nexus            | 28.02       |

## Event 3 Boys 10 Year Olds 50 SC Meter Freestyle

| Name                    | Age Team            | Finals Time |
|-------------------------|---------------------|-------------|
| 1 Evans, Aled           | 10 Ponty            | 38.44       |
| 2 Norton, Caleb         | 10 Rhondda          | 39.46       |
| 3 Lawry, Iestyn         | 10 Rhondda          | 42.09       |
| 4 Hoare, Joshua R       | 10 Nexus            | 45.53       |
| 5 Derrick Thomas, Nyall | 10 Rhondda          | 45.66       |
| 6 Isaacs, Harri         | 10 R.C.T.Swim Squad | 48.56       |
| 7 Drew, William         | 10 R.C.T.Swim Squad | 48.88       |
| 8 Williams, Ben J       | 10 R.C.T.Swim Squad | 51.28       |
| 9 Davies, Adam          | 10 Nexus            | 56.13       |
| 10 Mc Donagh, Ewan      | 10 R.C.T.Swim Squad | 56.81       |

## Event 3 Boys 11 Year Olds 50 SC Meter Freestyle

| Name            | Age Team            | Finals Time |
|-----------------|---------------------|-------------|
| 1 Lee, Ethan    | 11 Rhondda          | 34.50       |
| 2 John, Finlay  | 11 R.C.T.Swim Squad | 35.12       |
| 3 Lee, Tristan  | 11 Rhondda          | 35.98       |
| 4 Nash, Charlie | 11 Rhondda          | 36.60       |
| 5 Jones, Rhys M | 11 R.C.T.Swim Squad | 37.50       |
| 6 Price, Ellis  | 11 Ponty            | 38.56       |

## Event 3 Boys 12 Year Olds 50 SC Meter Freestyle

| Name                  | Age Team            | Finals Time |
|-----------------------|---------------------|-------------|
| 1 Fowler, Joseph      | 12 R.C.T.Swim Squad | 33.18       |
| 2 Jones, Tyler b      | 12 Rhondda          | 35.31       |
| 3 Isaacs, Tomos       | 12 R.C.T.Swim Squad | 35.99       |
| 4 Murphy-Kenny, Dylan | 12 Rhondda          | 36.51       |
| 5 White, Alex         | 12 Rhondda          | 36.77       |

|                              |                     |         |
|------------------------------|---------------------|---------|
| 6 Griffiths, Noa W           | 12 R.C.T.Swim Squad | 37.31   |
| 7 Williams, Evan             | 12 Rhondda          | 37.56   |
| 8 Chambers, Gethin           | 12 Rhondda          | 38.69   |
| 9 Tandy, Lloyd               | 12 R.C.T.Swim Squad | 39.25   |
| 10 Burke, William            | 12 R.C.T.Swim Squad | 39.47   |
| 11 Codd, Harry               | 12 R.C.T.Swim Squad | 40.66   |
| 12 Lloyd-Williams, Sebastian | 12 R.C.T.Swim Squad | 44.69   |
| 13 Edwards, Jack             | 12 Nexus            | 1:04.90 |

## Event 4 Girls 10 Year Olds 50 SC Meter Freestyle

| Name                         | Age Team            | Finals Time |
|------------------------------|---------------------|-------------|
| 1 Salmon, Gwen               | 10 R.C.T.Swim Squad | 35.00       |
| 2 Beach, Mia                 | 10 Rhondda          | 38.41       |
| 3 Davis, Freya               | 10 R.C.T.Swim Squad | 39.19       |
| 4 Evans, Mari                | 10 R.C.T.Swim Squad | 39.62       |
| 5 Carre, Jasmine M           | 10 R.C.T.Swim Squad | 43.94       |
| 6 Haddrell, Eva Lily         | 10 R.C.T.Swim Squad | 44.09       |
| 7 Owens, Annie R             | 10 Nexus            | 44.31       |
| 8 Kelly, Amelia              | 10 Ponty            | 44.69       |
| 9 Dutton, Lois               | 10 Rhondda          | 44.94       |
| 10 James, Jennifer           | 10 Ponty            | 45.44       |
| 11 Jacklin, Isabelle F       | 10 Nexus            | 46.03       |
| 12 Oaten, Erin               | 10 Rhondda          | 46.56       |
| 13 Reeves, Lacey             | 10 Rhondda          | 46.76       |
| 14 Pearce, Kyla              | 10 R.C.T.Swim Squad | 47.13       |
| 15 Hoare, Jasmine G          | 10 Nexus            | 47.14       |
| 16 Barrington-Williams, Ruby | 10 R.C.T.Swim Squad | 47.75       |
| 17 Rees, Kaitlin A           | 10 Ponty            | 48.50       |
| 18 Austin, Seren             | 10 R.C.T.Swim Squad | 48.87       |
| 19 Hall, Darcy               | 10 Ponty            | 49.19       |
| 20 Manning, Evie             | 10 Nexus            | 49.83       |
| 21 James, Lilia              | 10 Nexus            | 54.20       |
| 22 Usher, Lilly R            | 10 Ponty            | 55.69       |
| 23 Reilly, Manon             | 10 R.C.T.Swim Squad | 55.87       |
| 24 Moynan, Ella              | 10 R.C.T.Swim Squad | 57.50       |
| 25 Roberts, Ella             | 10 R.C.T.Swim Squad | 1:04.63     |

## Event 4 Girls 11 Year Olds 50 SC Meter Freestyle

| Name                  | Age Team            | Finals Time |
|-----------------------|---------------------|-------------|
| 1 Badman, Phoebe      | 11 R.C.T.Swim Squad | 34.82       |
| 2 Pengelly, Leia      | 11 R.C.T.Swim Squad | 36.34       |
| 3 Vincent, Caitlyn    | 11 Ponty            | 37.87       |
| 4 Williams, Ellise F  | 11 Rhondda          | 40.90       |
| 5 Mullford, Eleri S   | 11 Ponty            | 41.31       |
| 6 Wright, Pippa       | 11 R.C.T.Swim Squad | 42.56       |
| 7 Morgan, Alisha      | 11 R.C.T.Swim Squad | 44.31       |
| 8 Dubberley, Anwen    | 11 R.C.T.Swim Squad | 44.76       |
| 9 Simcock, Charlotte  | 11 R.C.T.Swim Squad | 45.31       |
| 10 Williams, Georgia  | 11 Nexus            | 45.78       |
| 11 Hill, Sienna       | 11 Rhondda          | 45.86       |
| 12 Woodward, Poppie L | 11 Rhondda          | 46.77       |
| 13 Edwards, Anna      | 11 Nexus            | 47.44       |
| 14 Devonish, Amy      | 11 R.C.T.Swim Squad | 47.69       |
| 15 Jenkins, Alicia    | 11 Rhondda          | 49.43       |

## Event 4 Girls 12 Year Olds 50 SC Meter Freestyle

| Name              | Age Team            | Finals Time |
|-------------------|---------------------|-------------|
| 1 Davies, Ffion   | 12 R.C.T.Swim Squad | 33.11       |
| 2 James, Ffion    | 12 R.C.T.Swim Squad | 34.06       |
| 3 Thomas, Tyra    | 12 Rhondda          | 34.12       |
| 4 Davies, Cerys   | 12 R.C.T.Swim Squad | 34.20       |
| 5 Anstee, Megan R | 12 R.C.T.Swim Squad | 35.31       |
| 6 Beach, Dion     | 12 Rhondda          | 36.24       |

## RCT Performance Swim Squad Grand Prix - 12/11/2017 to 12/05/2018

## Results

**(Event 4 Girls 12 Year Olds 50 SC Meter Freestyle)**

| Name                 | Age Team            | Finals Time |
|----------------------|---------------------|-------------|
| 7 Sturdy, Lauren     | 12 R.C.T.Swim Squad | 36.33       |
| 8 Anthony, Gabrielle | 12 R.C.T.Swim Squad | 36.36       |
| 9 Moodley, Bethan    | 12 R.C.T.Swim Squad | 36.62       |
| 10 Williams, Mali    | 12 R.C.T.Swim Squad | 36.67       |
| 11 Thompson, Ryleigh | 12 Rhondda          | 36.91       |
| 12 White, Seren      | 12 R.C.T.Swim Squad | 37.06       |
| 13 Coombes, Emmie    | 12 R.C.T.Swim Squad | 37.57       |
| 14 Rees, Megan K     | 12 Ponty            | 38.69       |
| 15 Jeremiah, Ruby    | 12 Rhondda          | 38.88       |
| 16 Peters, Layla     | 12 R.C.T.Swim Squad | 44.00       |
| 17 Pugh, Grace       | 12 Ponty            | 45.50       |
| 18 Evans, Millie     | 12 Rhondda          | 52.81       |

**Event 5 Boys 8 Year Olds 25 SC Meter Breaststroke**

| Name              | Age Team  | Finals Time |
|-------------------|-----------|-------------|
| 1 Deacon, Cameron | 8 Rhondda | 39.86       |

**Event 5 Boys 9 Year Olds 25 SC Meter Breaststroke**

| Name               | Age Team           | Finals Time |
|--------------------|--------------------|-------------|
| 1 Thomas, Levi     | 9 Rhondda          | 26.95       |
| 2 Chambers, Carwyn | 9 Rhondda          | 28.81       |
| 3 Dossett, Samson  | 9 R.C.T.Swim Squad | 33.04       |
| 4 White, Jac       | 9 R.C.T.Swim Squad | 34.74       |
| --- Fernon, Cai    | 9 R.C.T.Swim Squad | DQ          |

7.6 Head not breaking surface during the last complete or incomplete cycle p

**Event 6 Girls 8 Year Olds 25 SC Meter Breaststroke**

| Name               | Age Team | Finals Time |
|--------------------|----------|-------------|
| --- Thomas, Evie R | 8 Nexus  | DQ          |

7.5 Feet not turned out during the propulsive part of the kick

**Event 6 Girls 9 Year Olds 25 SC Meter Breaststroke**

| Name                  | Age Team           | Finals Time |
|-----------------------|--------------------|-------------|
| 1 Mulford, Ffion J    | 9 Ponty            | 27.37       |
| 2 Owen, Kessie E      | 9 Nexus            | 27.87       |
| 3 Hughes, Erin        | 9 Rhondda          | 28.19       |
| 4 Williams, Seren     | 9 Rhondda          | 28.58       |
| 5 Jones, Ellie        | 9 Rhondda          | 29.44       |
| 6 Jones, Crystal      | 9 Rhondda          | 30.02       |
| 7 Abude, Zarah        | 9 Rhondda          | 30.23       |
| 8 Hartery, Eva        | 9 R.C.T.Swim Squad | 30.36       |
| 9 Jala, Eliana        | 9 Rhondda          | 31.00       |
| 10 Jala, Janelle      | 9 Rhondda          | 31.76       |
| 11 Moseley, Olivia G  | 9 Nexus            | 35.32       |
| 12 Hancock, Ruby C    | 9 Nexus            | 35.45       |
| 13 O'Connell, Cerys E | 9 Nexus            | 38.31       |
| --- Smith, Summer     | 9 R.C.T.Swim Squad | DQ          |
| --- Williams, Eva     | 9 Rhondda          | DQ          |

7.6 Did not touch at turn or finish with both hands

**Event 7 Boys 10 Year Olds 50 SC Meter Breaststroke**

| Name                    | Age Team            | Finals Time |
|-------------------------|---------------------|-------------|
| 1 Evans, Aled           | 10 Ponty            | 51.31       |
| 2 Norton, Caleb         | 10 Rhondda          | 1:01.63     |
| 3 Lawry, Iestyn         | 10 Rhondda          | 1:01.92     |
| 4 Davies, Adam          | 10 Nexus            | 1:03.18     |
| 5 Hoare, Joshua R       | 10 Nexus            | 1:08.19     |
| 6 Drew, William         | 10 R.C.T.Swim Squad | 1:10.81     |
| 7 Derrick Thomas, Nyall | 10 Rhondda          | 1:12.28     |
| 8 Isaacs, Harri         | 10 R.C.T.Swim Squad | 1:14.53     |
| 9 Mc Donagh, Ewan       | 10 R.C.T.Swim Squad | 1:30.50     |

--- Williams, Ben J 10 R.C.T.Swim Squad DQ  
7.4 Leg movements not simultaneous (alternating leg movement)

**Event 7 Boys 11 Year Olds 50 SC Meter Breaststroke**

| Name            | Age Team            | Finals Time |
|-----------------|---------------------|-------------|
| 1 Lee, Tristan  | 11 Rhondda          | 42.06       |
| 2 Lee, Ethan    | 11 Rhondda          | 43.73       |
| 3 John, Finlay  | 11 R.C.T.Swim Squad | 50.47       |
| 4 Jones, Rhys M | 11 R.C.T.Swim Squad | 50.56       |
| 5 Nash, Charlie | 11 Rhondda          | 55.31       |
| 6 Price, Ellis  | 11 Ponty            | 55.69       |

**Event 7 Boys 12 Year Olds 50 SC Meter Breaststroke**

| Name                        | Age Team            | Finals Time |
|-----------------------------|---------------------|-------------|
| 1 Fowler, Joseph            | 12 R.C.T.Swim Squad | 43.75       |
| 2 Jones, Tyler b            | 12 Rhondda          | 49.25       |
| 3 Isaacs, Tomos             | 12 R.C.T.Swim Squad | 51.25       |
| 4 White, Alex               | 12 Rhondda          | 51.94       |
| 5 Chambers, Gethin          | 12 Rhondda          | 53.25       |
| 6 Lloyd-Williams, Sebastian | 12 R.C.T.Swim Squad | 53.45       |
| 7 Burke, William            | 12 R.C.T.Swim Squad | 53.75       |
| 8 Williams, Evan            | 12 Rhondda          | 53.97       |
| 9 Murphy-Kenny, Dylan       | 12 Rhondda          | 54.50       |
| 10 Codd, Harry              | 12 R.C.T.Swim Squad | 59.51       |
| 11 Griffiths, Noa W         | 12 R.C.T.Swim Squad | 1:00.58     |
| 12 Tandy, Lloyd             | 12 R.C.T.Swim Squad | 1:00.59     |
| 13 Edwards, Jack            | 12 Nexus            | 1:13.63     |

**Event 8 Girls 10 Year Olds 50 SC Meter Breaststroke**

| Name                         | Age Team            | Finals Time |
|------------------------------|---------------------|-------------|
| 1 Salmon, Gwen               | 10 R.C.T.Swim Squad | 47.94       |
| 2 Davis, Freya               | 10 R.C.T.Swim Squad | 48.79       |
| 3 Beach, Mia                 | 10 Rhondda          | 50.88       |
| 4 Reeves, Lacey              | 10 Rhondda          | 58.53       |
| 5 Hoare, Jasmine G           | 10 Nexus            | 59.37       |
| 6 Jacklin, Isabelle F        | 10 Nexus            | 59.57       |
| 7 Usher, Lilly R             | 10 Ponty            | 1:00.25     |
| 8 Haddrell, Eva Lily         | 10 R.C.T.Swim Squad | 1:00.63     |
| 9 Kelly, Amelia              | 10 Ponty            | 1:02.25     |
| 10 Rees, Kaitlin A           | 10 Ponty            | 1:03.34     |
| 11 Dutton, Lois              | 10 Rhondda          | 1:03.63     |
| 12 James, Jennifer           | 10 Ponty            | 1:03.76     |
| 13 Evans, Mari               | 10 R.C.T.Swim Squad | 1:04.75     |
| 14 Owens, Annie R            | 10 Nexus            | 1:05.62     |
| 15 Carre, Jasmine M          | 10 R.C.T.Swim Squad | 1:05.87     |
| 16 Austin, Seren             | 10 R.C.T.Swim Squad | 1:10.44     |
| 17 Manning, Evie             | 10 Nexus            | 1:10.54     |
| 18 Barrington-Williams, Ruby | 10 R.C.T.Swim Squad | 1:11.04     |
| 19 Pearce, Kyla              | 10 R.C.T.Swim Squad | 1:16.81     |
| 20 Hall, Darcy               | 10 Ponty            | 1:18.97     |
| 21 Reilly, Manon             | 10 R.C.T.Swim Squad | 1:25.81     |
| 22 James, Lilia              | 10 Nexus            | 1:30.00     |
| --- Roberts, Ella            | 10 R.C.T.Swim Squad | DQ          |

7.6 Touch not simultaneous and/or hands not separated

--- Oaten, Erin 10 Rhondda DQ  
7.6 Did not touch at turn or finish with both hands

--- Moynan, Ella 10 R.C.T.Swim Squad DQ  
7.2 Arm movements not simultaneous or not in the same horizontal plane

**Event 8 Girls 11 Year Olds 50 SC Meter Breaststroke**

| Name                 | Age Team            | Finals Time |
|----------------------|---------------------|-------------|
| 1 Vincent, Caitlyn   | 11 Ponty            | 52.66       |
| 2 Simcock, Charlotte | 11 R.C.T.Swim Squad | 54.00       |

## RCT Performance Swim Squad Grand Prix - 12/11/2017 to 12/05/2018

## Results

**(Event 8 Girls 11 Year Olds 50 SC Meter Breaststroke)**

| Name                 | Age Team            | Finals Time |
|----------------------|---------------------|-------------|
| 3 Mullford, Eleri S  | 11 Ponty            | 55.94       |
| 4 Pengelly, Leia     | 11 R.C.T.Swim Squad | 56.37       |
| 5 Williams, Ellise F | 11 Rhondda          | 57.37       |
| 6 Hill, Sienna       | 11 Rhondda          | 59.69       |
| 7 Woodward, Poppie L | 11 Rhondda          | 1:01.18     |
| 8 Wright, Pippa      | 11 R.C.T.Swim Squad | 1:01.92     |
| 9 Morgan, Alisha     | 11 R.C.T.Swim Squad | 1:04.06     |
| 10 Devonish, Amy     | 11 R.C.T.Swim Squad | 1:04.56     |
| 11 Edwards, Anna     | 11 Nexus            | 1:05.93     |
| 12 Williams, Georgia | 11 Nexus            | 1:06.69     |
| 13 Jenkins, Alicia   | 11 Rhondda          | 1:11.81     |
| 14 Dubberley, Anwen  | 11 R.C.T.Swim Squad | 1:14.32     |
| --- Badman, Phoebe   | 11 R.C.T.Swim Squad | DQ          |

7.4 Leg movements not simultaneous (alternating leg movement)

**Event 8 Girls 12 Year Olds 50 SC Meter Breaststroke**

| Name                  | Age Team            | Finals Time |
|-----------------------|---------------------|-------------|
| 1 Beach, Dion         | 12 Rhondda          | 45.87       |
| 2 Davies, Cerys       | 12 R.C.T.Swim Squad | 47.75       |
| 3 Thomas, Tyra        | 12 Rhondda          | 50.18       |
| 4 Jeremiah, Ruby      | 12 Rhondda          | 50.19       |
| 5 Rees, Megan K       | 12 Ponty            | 50.87       |
| 6 Moodley, Bethan     | 12 R.C.T.Swim Squad | 50.94       |
| 7 White, Seren        | 12 R.C.T.Swim Squad | 51.12       |
| 8 James, Ffion        | 12 R.C.T.Swim Squad | 51.44       |
| 9 Davies, Ffion       | 12 R.C.T.Swim Squad | 52.28       |
| 10 Coombes, Emmie     | 12 R.C.T.Swim Squad | 52.37       |
| 11 Williams, Mali     | 12 R.C.T.Swim Squad | 52.86       |
| 12 Sturdy, Lauren     | 12 R.C.T.Swim Squad | 52.87       |
| 13 Thompson, Ryleigh  | 12 Rhondda          | 53.38       |
| 14 Anstee, Megan R    | 12 R.C.T.Swim Squad | 53.88       |
| 15 Anthony, Gabrielle | 12 R.C.T.Swim Squad | 55.84       |
| 16 Pugh, Grace        | 12 Ponty            | 59.56       |
| 17 Evans, Millie      | 12 Rhondda          | 59.75       |
| 18 Peters, Layla      | 12 R.C.T.Swim Squad | 1:01.82     |

**Event 9 Boys 8 Year Olds 50 SC Meter Kick Race**

| Name              | Age Team  | Finals Time |
|-------------------|-----------|-------------|
| 1 Deacon, Cameron | 8 Rhondda | 1:19.69     |

**Event 9 Boys 9 Year Olds 50 SC Meter Kick Race**

| Name               | Age Team           | Finals Time |
|--------------------|--------------------|-------------|
| 1 Thomas, Levi     | 9 Rhondda          | 1:00.50     |
| 2 Chambers, Carwyn | 9 Rhondda          | 1:03.69     |
| 3 Dossett, Samson  | 9 R.C.T.Swim Squad | 1:05.25     |
| 4 Fernon, Cai      | 9 R.C.T.Swim Squad | 1:08.00     |
| 5 White, Jac       | 9 R.C.T.Swim Squad | 1:31.69     |

**Event 9 Boys 10 Year Olds 50 SC Meter Kick Race**

| Name                    | Age Team            | Finals Time |
|-------------------------|---------------------|-------------|
| 1 Lawry, Iestyn         | 10 Rhondda          | 1:03.56     |
| 2 Hoare, Joshua R       | 10 Nexus            | 1:04.63     |
| 3 Isaacs, Harri         | 10 R.C.T.Swim Squad | 1:06.18     |
| 4 Evans, Aled           | 10 Ponty            | 1:07.21     |
| 5 Derrick Thomas, Nyall | 10 Rhondda          | 1:09.81     |
| 6 Drew, William         | 10 R.C.T.Swim Squad | 1:11.77     |
| 7 Norton, Caleb         | 10 Rhondda          | 1:17.62     |
| 8 Mc Donagh, Ewan       | 10 R.C.T.Swim Squad | 1:19.32     |
| 9 Williams, Ben J       | 10 R.C.T.Swim Squad | 1:20.81     |
| 10 Davies, Adam         | 10 Nexus            | 1:42.97     |

**Event 9 Boys 11 Year Olds 50 SC Meter Kick Race**

| Name            | Age Team            | Finals Time |
|-----------------|---------------------|-------------|
| 1 Lee, Ethan    | 11 Rhondda          | 47.00       |
| 2 Lee, Tristan  | 11 Rhondda          | 48.25       |
| 3 John, Finlay  | 11 R.C.T.Swim Squad | 54.00       |
| 4 Jones, Rhys M | 11 R.C.T.Swim Squad | 57.37       |
| 5 Price, Ellis  | 11 Ponty            | 58.66       |
| 6 Nash, Charlie | 11 Rhondda          | 1:10.31     |

**Event 9 Boys 12 Year Olds 50 SC Meter Kick Race**

| Name                         | Age Team            | Finals Time |
|------------------------------|---------------------|-------------|
| 1 Fowler, Joseph             | 12 R.C.T.Swim Squad | 48.71       |
| 2 Isaacs, Tomos              | 12 R.C.T.Swim Squad | 50.75       |
| 3 Codd, Harry                | 12 R.C.T.Swim Squad | 53.31       |
| 4 Jones, Tyler b             | 12 Rhondda          | 54.13       |
| 5 Tandy, Lloyd               | 12 R.C.T.Swim Squad | 55.34       |
| 6 Griffiths, Noa W           | 12 R.C.T.Swim Squad | 57.88       |
| 7 Murphy-Kenny, Dylan        | 12 Rhondda          | 59.00       |
| 8 Williams, Evan             | 12 Rhondda          | 1:01.00     |
| 9 Burke, William             | 12 R.C.T.Swim Squad | 1:01.08     |
| 10 Chambers, Gethin          | 12 Rhondda          | 1:03.56     |
| 11 White, Alex               | 12 Rhondda          | 1:11.44     |
| 12 Lloyd-Williams, Sebastian | 12 R.C.T.Swim Squad | 1:13.56     |
| 13 Edwards, Jack             | 12 Nexus            | 1:19.93     |

**Event 10 Girls 8 Year Olds 50 SC Meter Kick Race**

| Name             | Age Team | Finals Time |
|------------------|----------|-------------|
| 1 Thomas, Evie R | 8 Nexus  | 1:24.51     |

**Event 10 Girls 9 Year Olds 50 SC Meter Kick Race**

| Name                  | Age Team           | Finals Time |
|-----------------------|--------------------|-------------|
| 1 Smith, Summer       | 9 R.C.T.Swim Squad | 1:03.07     |
| 2 Jones, Ellie        | 9 Rhondda          | 1:03.74     |
| 3 Mulford, Ffion J    | 9 Ponty            | 1:04.07     |
| 4 Hartery, Eva        | 9 R.C.T.Swim Squad | 1:08.28     |
| 5 Jala, Eliana        | 9 Rhondda          | 1:10.87     |
| 6 Hughes, Erin        | 9 Rhondda          | 1:12.81     |
| 7 Jala, Janelle       | 9 Rhondda          | 1:13.44     |
| 8 Hancock, Ruby C     | 9 Nexus            | 1:15.35     |
| 9 Williams, Eva       | 9 Rhondda          | 1:15.56     |
| 10 Abude, Zarah       | 9 Rhondda          | 1:16.56     |
| 11 O'Connell, Cerys E | 9 Nexus            | 1:16.69     |
| 12 Owen, Kessie E     | 9 Nexus            | 1:20.06     |
| 13 Moseley, Olivia G  | 9 Nexus            | 1:21.44     |
| 14 Williams, Seren    | 9 Rhondda          | 1:22.56     |
| 15 Jones, Crystal     | 9 Rhondda          | 1:28.23     |

**Event 10 Girls 10 Year Olds 50 SC Meter Kick Race**

| Name                        | Age Team            | Finals Time |
|-----------------------------|---------------------|-------------|
| 1 Salmon, Gwen              | 10 R.C.T.Swim Squad | 44.44       |
| 2 Haddrell, Eva Lily        | 10 R.C.T.Swim Squad | 54.75       |
| 3 Davis, Freya              | 10 R.C.T.Swim Squad | 56.66       |
| 4 Barrington-Williams, Ruby | 10 R.C.T.Swim Squad | 57.12       |
| 5 Pearce, Kyla              | 10 R.C.T.Swim Squad | 57.88       |
| 6 Evans, Mari               | 10 R.C.T.Swim Squad | 57.94       |
| 7 Beach, Mia                | 10 Rhondda          | 58.34       |
| 8 Oaten, Erin               | 10 Rhondda          | 59.31       |
| 9 Owens, Annie R            | 10 Nexus            | 1:01.93     |
| 10 Carre, Jasmine M         | 10 R.C.T.Swim Squad | 1:03.81     |
| 11 Dutton, Lois             | 10 Rhondda          | 1:04.15     |
| 12 Reeves, Lacey            | 10 Rhondda          | 1:04.44     |
| 13 Hall, Darcy              | 10 Ponty            | 1:05.54     |
| 14 Kelly, Amelia            | 10 Ponty            | 1:06.63     |

## RCT Performance Swim Squad Grand Prix - 12/11/2017 to 12/05/2018

## Results

**(Event 10 Girls 10 Year Olds 50 SC Meter Kick Race)**

| Name                   | Age Team            | Finals Time |
|------------------------|---------------------|-------------|
| 15 James, Lilia        | 10 Nexus            | 1:08.03     |
| 16 Reilly, Manon       | 10 R.C.T.Swim Squad | 1:09.34     |
| 17 Hoare, Jasmine G    | 10 Nexus            | 1:09.64     |
| 18 Austin, Seren       | 10 R.C.T.Swim Squad | 1:09.78     |
| 19 Manning, Evie       | 10 Nexus            | 1:10.31     |
| 20 Jacklin, Isabelle F | 10 Nexus            | 1:10.70     |
| 21 Rees, Kaitlin A     | 10 Ponty            | 1:12.44     |
| 22 Moynan, Ella        | 10 R.C.T.Swim Squad | 1:12.68     |
| 23 James, Jennifer     | 10 Ponty            | 1:18.27     |
| 24 Usher, Lilly R      | 10 Ponty            | 1:19.05     |
| 25 Roberts, Ella       | 10 R.C.T.Swim Squad | 1:33.94     |

**Event 10 Girls 11 Year Olds 50 SC Meter Kick Race**

| Name                  | Age Team            | Finals Time |
|-----------------------|---------------------|-------------|
| 1 Badman, Phoebe      | 11 R.C.T.Swim Squad | 49.30       |
| 2 Wright, Pippa       | 11 R.C.T.Swim Squad | 54.59       |
| 3 Vincent, Caitlyn    | 11 Ponty            | 57.25       |
| 4 Morgan, Alisha      | 11 R.C.T.Swim Squad | 58.06       |
| 5 Pengelly, Leia      | 11 R.C.T.Swim Squad | 58.56       |
| 6 Dubberley, Anwen    | 11 R.C.T.Swim Squad | 59.28       |
| 7 Simcock, Charlotte  | 11 R.C.T.Swim Squad | 59.38       |
| 8 Woodward, Poppie L  | 11 Rhondda          | 1:02.12     |
| 9 Mullford, Eleri S   | 11 Ponty            | 1:03.86     |
| 10 Williams, Ellise F | 11 Rhondda          | 1:04.82     |
| 11 Devonish, Amy      | 11 R.C.T.Swim Squad | 1:04.88     |
| 12 Edwards, Anna      | 11 Nexus            | 1:08.31     |
| 13 Jenkins, Alicia    | 11 Rhondda          | 1:09.75     |
| 14 Williams, Georgia  | 11 Nexus            | 1:11.00     |
| 15 Hill, Sienna       | 11 Rhondda          | 1:14.16     |

**Event 10 Girls 12 Year Olds 50 SC Meter Kick Race**

| Name                 | Age Team            | Finals Time |
|----------------------|---------------------|-------------|
| 1 James, Ffion       | 12 R.C.T.Swim Squad | 47.63       |
| 2 Davies, Ffion      | 12 R.C.T.Swim Squad | 48.43       |
| 3 Moodley, Bethan    | 12 R.C.T.Swim Squad | 49.85       |
| 4 Davies, Cerys      | 12 R.C.T.Swim Squad | 50.38       |
| 5 Thomas, Tyra       | 12 Rhondda          | 52.13       |
| 6 Anstee, Megan R    | 12 R.C.T.Swim Squad | 54.75       |
| 7 Beach, Dion        | 12 Rhondda          | 55.44       |
| 8 Sturdy, Lauren     | 12 R.C.T.Swim Squad | 55.62       |
| 9 Anthony, Gabrielle | 12 R.C.T.Swim Squad | 55.81       |
| 10 White, Seren      | 12 R.C.T.Swim Squad | 56.38       |
| 11 Thompson, Ryleigh | 12 Rhondda          | 56.69       |
| 12 Rees, Megan K     | 12 Ponty            | 58.56       |
| 13 Williams, Mali    | 12 R.C.T.Swim Squad | 58.62       |
| 14 Peters, Layla     | 12 R.C.T.Swim Squad | 1:01.31     |
| 15 Jeremiah, Ruby    | 12 Rhondda          | 1:03.94     |
| 16 Coombes, Emmie    | 12 R.C.T.Swim Squad | 1:04.79     |
| 17 Pugh, Grace       | 12 Ponty            | 1:07.06     |

**Event 11 Boys 8 Year Olds 100 SC Meter IM**

| Name   | Age Team  | Finals Time |
|--|-----------|-------------|
| --- Deacon, Cameron  | 8 Rhondda | DQ          |
| 9.3 Finish of each stroke not in accordance with rules for the particular stroke |           |             |

**Event 11 Boys 9 Year Olds 100 SC Meter IM**

| Name               | Age Team           | Finals Time |
|--------------------|--------------------|-------------|
| 1 Thomas, Levi     | 9 Rhondda          | 1:53.31     |
| 2 Chambers, Carwyn | 9 Rhondda          | 2:08.20     |
| 3 Dossett, Samson  | 9 R.C.T.Swim Squad | 2:14.50     |
| 4 Fernon, Cai      | 9 R.C.T.Swim Squad | 2:55.72     |

|  |                    |    |
|--|--------------------|----|
| --- White, Jac                                 | 9 R.C.T.Swim Squad | DQ |
| 8.3 Alternating movement of legs or feet - fly |                    |    |

**Event 12 Girls 8 Year Olds 100 SC Meter IM**

| Name   | Age Team | Finals Time |
|--|----------|-------------|
| --- Thomas, Evie R                             | 8 Nexus  | DQ          |
| 8.3 Alternating movement of legs or feet - fly |          |             |

**Event 12 Girls 9 Year Olds 100 SC Meter IM**

| Name   | Age Team           | Finals Time |
|--|--------------------|-------------|
| 1 Mulford, Ffion J   | 9 Ponty            | 1:58.18     |
| 2 Jones, Ellie   | 9 Rhondda          | 2:03.44     |
| 3 Smith, Summer  | 9 R.C.T.Swim Squad | 2:05.34     |
| 4 Jala, Eliana   | 9 Rhondda          | 2:08.32     |
| 5 Williams, Seren  | 9 Rhondda          | 2:12.55     |
| 6 Jones, Crystal   | 9 Rhondda          | 2:13.90     |
| 7 Hughes, Erin   | 9 Rhondda          | 2:14.38     |
| 8 O'Connell, Cerys E   | 9 Nexus            | 2:16.12     |
| 9 Hancock, Ruby C  | 9 Nexus            | 2:25.34     |
| 10 Hartery, Eva  | 9 R.C.T.Swim Squad | 2:26.75     |
| 11 Moseley, Olivia G   | 9 Nexus            | 2:30.81     |
| 12 Jala, Janelle   | 9 Rhondda          | 2:33.81     |
| 13 Williams, Eva   | 9 Rhondda          | 2:36.54     |
| --- Owen, Kessie E   | 9 Nexus            | DQ          |
| 8.4 Finished or touched with both hands not simultaneous and separated - fly     |                    |             |
| --- Abude, Zarah   | 9 Rhondda          | DQ          |
| 9.3 Finish of each stroke not in accordance with rules for the particular stroke |                    |             |

**Event 13 Boys 10 Year Olds 200 SC Meter IM**

| Name   | Age Team            | Finals Time |
|--|---------------------|-------------|
| 1 Evans, Aled  | 10 Ponty            | 3:36.56     |
| 2 Norton, Caleb  | 10 Rhondda          | 4:02.53     |
| 3 Hoare, Joshua R  | 10 Nexus            | 4:16.02     |
| 4 Lawry, Iestyn  | 10 Rhondda          | 4:26.75     |
| 5 Williams, Ben J  | 10 R.C.T.Swim Squad | 4:49.50     |
| 6 Derrick Thomas, Nyall  | 10 Rhondda          | 4:55.81     |
| 7 Drew, William  | 10 R.C.T.Swim Squad | 4:56.50     |
| --- Mc Donagh, Ewan  | 10 R.C.T.Swim Squad | DQ          |
| 9.3 Finish of each stroke not in accordance with rules for the particular stroke |                     |             |
| --- Isaacs, Harri  | 10 R.C.T.Swim Squad | DQ          |
| 7.5 Executed alternating or downward dolphin kicks (except after start or turn)  |                     |             |

**Event 13 Boys 11 Year Olds 200 SC Meter IM**

| Name            | Age Team            | Finals Time |
|-----------------|---------------------|-------------|
| 1 Lee, Tristan  | 11 Rhondda          | 2:59.03     |
| 2 Lee, Ethan    | 11 Rhondda          | 3:04.31     |
| 3 John, Finlay  | 11 R.C.T.Swim Squad | 3:14.25     |
| 4 Jones, Rhys M | 11 R.C.T.Swim Squad | 3:27.19     |
| 5 Nash, Charlie | 11 Rhondda          | 3:28.44     |

**Event 13 Boys 12 Year Olds 200 SC Meter IM**

| Name   | Age Team            | Finals Time |
|--|---------------------|-------------|
| 1 Fowler, Joseph   | 12 R.C.T.Swim Squad | 3:02.20     |
| 2 Isaacs, Tomos  | 12 R.C.T.Swim Squad | 3:13.56     |
| 3 Murphy-Kenny, Dylan  | 12 Rhondda          | 3:28.21     |
| 4 Griffiths, Noa W   | 12 R.C.T.Swim Squad | 3:34.94     |
| 5 White, Alex  | 12 Rhondda          | 3:39.07     |
| 6 Williams, Evan   | 12 Rhondda          | 3:43.00     |
| 7 Chambers, Gethin   | 12 Rhondda          | 3:57.72     |
| 8 Lloyd-Williams, Sebastian  | 12 R.C.T.Swim Squad | 4:15.10     |
| --- Tandy, Lloyd   | 12 R.C.T.Swim Squad | DQ          |
| 9.3 Finish of each stroke not in accordance with rules for the particular stroke |                     |             |
| --- Codd, Harry  | 12 R.C.T.Swim Squad | DQ          |
| 9.1 Incorrect individual stroke order (Fly, Back, Breast, Free) - IM             |                     |             |

## RCT Performance Swim Squad Grand Prix - 12/11/2017 to 12/05/2018

## Results

**(Event 13 Boys 12 Year Olds 200 SC Meter IM)**

| Name   | Age Team            | Finals Time |
|--|---------------------|-------------|
| --- Burke, William   | 12 R.C.T.Swim Squad | DQ          |
| 9.3 Finish of each stroke not in accordance with rules for the particular stroke |                     |             |
| --- Jones, Tyler b   | 12 Rhondda          | DQ          |
| 6.2 Left position on the back (other than to initiate a turn) - back             |                     |             |

**Event 14 Girls 10 Year Olds 200 SC Meter IM**

| Name   | Age Team            | Finals Time |
|--|---------------------|-------------|
| 1 Salmon, Gwen   | 10 R.C.T.Swim Squad | 3:15.07     |
| 2 Beach, Mia   | 10 Rhondda          | 3:28.71     |
| 3 Haddrell, Eva Lily   | 10 R.C.T.Swim Squad | 3:47.49     |
| 4 Evans, Mari  | 10 R.C.T.Swim Squad | 3:47.92     |
| 5 Carre, Jasmine M   | 10 R.C.T.Swim Squad | 4:05.13     |
| 6 Dutton, Lois   | 10 Rhondda          | 4:13.94     |
| 7 Reeves, Lacey  | 10 Rhondda          | 4:17.47     |
| 8 Hoare, Jasmine G   | 10 Nexus            | 4:18.77     |
| 9 Jacklin, Isabelle F  | 10 Nexus            | 4:23.31     |
| 10 Kelly, Amelia   | 10 Ponty            | 4:29.66     |
| 11 Barrington-Williams, Ruby   | 10 R.C.T.Swim Squad | 4:51.00     |
| 12 Reilly, Manon   | 10 R.C.T.Swim Squad | 4:53.50     |
| 13 Manning, Evie   | 10 Nexus            | 5:04.06     |
| 14 James, Lilia  | 10 Nexus            | 5:35.13     |
| 15 Rees, Kaitlin A   | 10 Ponty            | 5:35.38     |
| --- Oaten, Erin  | 10 Rhondda          | DQ          |
| 6.2 Left position on the back (other than to initiate a turn) - back             |                     |             |
| --- Austin, Seren  | 10 R.C.T.Swim Squad | DQ          |
| 8.4 Finished or touched with both hands not simultaneous and separated - fly     |                     |             |
| --- Owens, Annie R   | 10 Nexus            | DQ          |
| 8.2 Arms not brought forward over the water - fly                                |                     |             |
| --- Davis, Freya   | 10 R.C.T.Swim Squad | DQ          |
| 6.2 Left position on the back (other than to initiate a turn) - back             |                     |             |
| --- Pearce, Kyla   | 10 R.C.T.Swim Squad | DQ          |
| 7.2 Stroke cycle not one arm stroke to one leg kick excluding last single arm    |                     |             |
| --- Hall, Darcy  | 10 Ponty            | DQ          |
| 8.2 Arms not brought forward over the water - fly                                |                     |             |
| --- Usher, Lilly R   | 10 Ponty            | DQ          |
| 9.3 Finish of each stroke not in accordance with rules for the particular stroke |                     |             |
| --- Roberts, Ella  | 10 R.C.T.Swim Squad | DQ          |
| 8.4 Finished or touched with both hands not simultaneous and separated - fly     |                     |             |
| --- Moynan, Ella   | 10 R.C.T.Swim Squad | DQ          |
| 8.4 Finished or touched with both hands not simultaneous and separated - fly     |                     |             |
| --- James, Jennifer  | 10 Ponty            | DQ          |
| 9.3 Finish of each stroke not in accordance with rules for the particular stroke |                     |             |

**Event 14 Girls 11 Year Olds 200 SC Meter IM**

| Name   | Age Team            | Finals Time |
|--|---------------------|-------------|
| 1 Badman, Phoebe   | 11 R.C.T.Swim Squad | 3:19.83     |
| 2 Vincent, Caitlyn   | 11 Ponty            | 3:40.87     |
| 3 Pengelly, Leia   | 11 R.C.T.Swim Squad | 3:46.44     |
| 4 Mullford, Eleri S  | 11 Ponty            | 3:47.44     |
| 5 Simcock, Charlotte   | 11 R.C.T.Swim Squad | 3:55.55     |
| 6 Williams, Ellise F   | 11 Rhondda          | 4:05.31     |
| 7 Dubberley, Anwen   | 11 R.C.T.Swim Squad | 4:18.38     |
| 8 Williams, Georgia  | 11 Nexus            | 4:27.56     |
| 9 Woodward, Poppie L   | 11 Rhondda          | 4:29.06     |
| --- Hill, Sienna   | 11 Rhondda          | DQ          |
| 8.4 Finished or touched with both hands not simultaneous and separated - fly |                     |             |
| --- Jenkins, Alicia  | 11 Rhondda          | DQ          |
| 6.2 Left position on the back (other than to initiate a turn) - back         |                     |             |
| --- Devonish, Amy  | 11 R.C.T.Swim Squad | DQ          |
| 6.2 Left position on the back (other than to initiate a turn) - back         |                     |             |

|  |                     |    |
|--|---------------------|----|
| --- Wright, Pippa  | 11 R.C.T.Swim Squad | DQ |
| 7.6 Touch not simultaneous and/or hands not separated - breast                   |                     |    |
| --- Morgan, Alisha   | 11 R.C.T.Swim Squad | DQ |
| 9.3 Finish of each stroke not in accordance with rules for the particular stroke |                     |    |

**Event 14 Girls 12 Year Olds 200 SC Meter IM**

| Name  | Age Team            | Finals Time |
|---|---------------------|-------------|
| 1 Davies, Cerys                                   | 12 R.C.T.Swim Squad | 3:04.80     |
| 2 Davies, Ffion                                   | 12 R.C.T.Swim Squad | 3:16.65     |
| 3 Beach, Dion                                     | 12 Rhondda          | 3:21.50     |
| 4 James, Ffion                                    | 12 R.C.T.Swim Squad | 3:22.69     |
| 5 Coombes, Emmie                                  | 12 R.C.T.Swim Squad | 3:30.25     |
| 6 Thomas, Tyra                                    | 12 Rhondda          | 3:30.62     |
| 7 Williams, Mali                                  | 12 R.C.T.Swim Squad | 3:31.44     |
| 8 White, Seren                                    | 12 R.C.T.Swim Squad | 3:32.03     |
| 9 Anstee, Megan R                                 | 12 R.C.T.Swim Squad | 3:34.00     |
| 10 Rees, Megan K                                  | 12 Ponty            | 3:36.94     |
| 11 Sturdy, Lauren                                 | 12 R.C.T.Swim Squad | 3:37.49     |
| 12 Pugh, Grace                                    | 12 Ponty            | 3:37.50     |
| 13 Anthony, Gabrielle                             | 12 R.C.T.Swim Squad | 3:38.62     |
| 14 Jeremiah, Ruby                                 | 12 Rhondda          | 3:40.43     |
| 15 Peters, Layla                                  | 12 R.C.T.Swim Squad | 4:25.25     |
| --- Thompson, Ryleigh                             | 12 Rhondda          | DQ          |
| 8.2 Arms not brought forward over the water - fly |                     |             |
| --- Moodley, Bethan                               | 12 R.C.T.Swim Squad | DQ          |
| 6.5 Not on the back at finish - back              |                     |             |

**Event 15 Boys 8 Year Olds 200 SC Meter Freestyle**

| Name              | Age Team  | Finals Time |
|-------------------|-----------|-------------|
| 1 Deacon, Cameron | 8 Rhondda | 5:43.74     |

**Event 15 Boys 9 Year Olds 200 SC Meter Freestyle**

| Name               | Age Team           | Finals Time |
|--------------------|--------------------|-------------|
| 1 Thomas, Levi     | 9 Rhondda          | 3:25.75     |
| 2 Chambers, Carwyn | 9 Rhondda          | 3:50.25     |
| 3 Dossett, Samson  | 9 R.C.T.Swim Squad | 4:11.44     |
| 4 Fernon, Cai      | 9 R.C.T.Swim Squad | 4:16.87     |
| 5 White, Jac       | 9 R.C.T.Swim Squad | 4:39.89     |

**Event 15 Boys 10 Year Olds 200 SC Meter Freestyle**

| Name                    | Age Team            | Finals Time |
|-------------------------|---------------------|-------------|
| 1 Evans, Aled           | 10 Ponty            | 3:08.87     |
| 2 Norton, Caleb         | 10 Rhondda          | 3:24.43     |
| 3 Hoare, Joshua R       | 10 Nexus            | 3:35.30     |
| 4 Lawry, Iestyn         | 10 Rhondda          | 3:40.73     |
| 5 Derrick Thomas, Nyall | 10 Rhondda          | 4:05.56     |
| 6 Isaacs, Harri         | 10 R.C.T.Swim Squad | 4:10.31     |
| 7 Drew, William         | 10 R.C.T.Swim Squad | 4:12.38     |
| 8 Williams, Ben J       | 10 R.C.T.Swim Squad | 4:18.57     |
| 9 Davies, Adam          | 10 Nexus            | 4:55.37     |
| 10 Mc Donagh, Ewan      | 10 R.C.T.Swim Squad | 4:56.19     |

**Event 15 Boys 11 Year Olds 200 SC Meter Freestyle**

| Name            | Age Team            | Finals Time |
|-----------------|---------------------|-------------|
| 1 Lee, Ethan    | 11 Rhondda          | 2:37.25     |
| 2 John, Finlay  | 11 R.C.T.Swim Squad | 2:44.74     |
| 3 Lee, Tristan  | 11 Rhondda          | 2:46.41     |
| 4 Nash, Charlie | 11 Rhondda          | 3:00.82     |
| 5 Jones, Rhys M | 11 R.C.T.Swim Squad | 3:12.90     |
| 6 Price, Ellis  | 11 Ponty            | 3:19.34     |

**Event 15 Boys 12 Year Olds 200 SC Meter Freestyle**

| Name             | Age Team            | Finals Time |
|------------------|---------------------|-------------|
| 1 Fowler, Joseph | 12 R.C.T.Swim Squad | 2:40.15     |

**RCT Performance Swim Squad Grand Prix - 12/11/2017 to 12/05/2018****Results****(Event 15 Boys 12 Year Olds 200 SC Meter Freestyle)**

| <b>Name</b>                  | <b>Age</b> | <b>Team</b>      | <b>Finals Time</b> |
|------------------------------|------------|------------------|--------------------|
| 2 Isaacs, Tomos              | 12         | R.C.T.Swim Squad | 2:47.75            |
| 3 Jones, Tyler b             | 12         | Rhondda          | 2:51.69            |
| 4 White, Alex                | 12         | Rhondda          | 3:12.91            |
| 5 Murphy-Kenny, Dylan        | 12         | Rhondda          | 3:14.09            |
| 6 Griffiths, Noa W           | 12         | R.C.T.Swim Squad | 3:17.44            |
| 7 Chambers, Gethin           | 12         | Rhondda          | 3:29.94            |
| 8 Williams, Evan             | 12         | Rhondda          | 3:30.00            |
| 9 Tandy, Lloyd               | 12         | R.C.T.Swim Squad | 3:30.20            |
| 10 Codd, Harry               | 12         | R.C.T.Swim Squad | 3:38.75            |
| 11 Burke, William            | 12         | R.C.T.Swim Squad | 3:39.94            |
| 12 Lloyd-Williams, Sebastian | 12         | R.C.T.Swim Squad | 3:50.09            |