

South East Wales Regional Championships 2015 - 31/01/2015 to 08/02/2015

Results

Event 35 Girls 10 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Stephens, Arwen	10 City of Cardiff	42.51
2 Stride, Tamzin	10 Cwmbran	47.65
3 Hallett, Jo	10 Chepstow	50.38
4 Walker, Eleanor	10 Chepstow	52.30
5 Jones, Emilia	10 Bridgend	54.40
6 Faulkner, Marie	10 Caerphilly	57.43
--- Overton, Caitlin	10 Abertillery	DQ

Event 35 Girls 10 Year Olds 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Stephens, Arwen	10 City of Cardiff	43.50
2 Stride, Tamzin	10 Cwmbran	47.23
3 Hallett, Jo	10 Chepstow	50.70
4 Walker, Eleanor	10 Chepstow	52.17
5 Overton, Caitlin	10 Abertillery	54.31
6 Jones, Emilia	10 Bridgend	55.41
7 Faulkner, Marie	10 Caerphilly	56.53

Event 35 Girls 11-12 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Harry, Darcey	12 City of Cardiff	38.62
2 Major, Scarlet	12 City of Newport	39.08
3 Miles, Grace	12 Chepstow	39.88
4 Moretti, Morgana	12 City of Cardiff	40.25
5 Phillips, Ella	12 City of Cardiff	41.80
6 Evans, Penny	12 Llantrisant	42.45
7 Clode, Amelie	12 Bridgend	43.33
8 Boswall, Saffron	11 City of Cardiff	43.75

Event 35 Girls 11-12 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Major, Scarlet	12 City of Newport	39.07
2 Harry, Darcey	12 City of Cardiff	39.98
3 Miles, Grace	12 Chepstow	40.05
4 Moretti, Morgana	12 City of Cardiff	40.25
5 Evans, Penny	12 Llantrisant	41.51
6 Phillips, Ella	12 City of Cardiff	41.95
7 Clode, Amelie	12 Bridgend	43.01
8 Boswall, Saffron	11 City of Cardiff	43.48
9 Vaisey, Cerys	12 Abertillery	43.89
10 O'Callaghan, Jennifer	11 City of Cardiff	43.99
11 Warrender, Niamh	11 Torfaen Dolphins	44.72
12 Goddard, Mia	12 City of Cardiff	45.11
13 Palin, Maisy	11 Heads of Valley	45.24
14 Morgans, Caitlin	12 Caerphilly	45.43
15 Domican, Rosie	11 City of Cardiff	45.54
16 Cottrell, Emma	12 City of Cardiff	45.60
17 De Torres, Becci	11 City of Cardiff	45.73
18 Jones, Angharad	12 Bridgend	46.16
19 Wyatt, Chloe	12 Bridgend	46.31
20 Dallyn, Isobel	11 Chepstow	46.35
21 Ward, Ellie	11 City of Newport	46.44
22 Teagle, Eilir	11 Merthyr Tydfil	47.13
23 Norris, Alyssa	12 Caerphilly	47.53
24 Colley, Lauren	11 Bridgend	48.03

25 Hallett, Isabel	12 Chepstow	48.41
*26 Morgan, Isabel	11 City of Cardiff	48.66
*26 Willis, Laura	12 Monnow	48.66
28 Murray, Erin	12 Llantrisant	48.77
29 Rowe, Rhiannon	11 Heads of Valley	48.84
30 Date, Alana	11 City of Cardiff	48.86
31 Loughlin, Bella	12 Chepstow	49.27
32 Kehl, Harriet	12 Llantrisant	49.44
33 Llewellyn, Eleanor	12 City of Cardiff	50.34
34 Davidson, Hannah	12 Bridgend	50.53
35 Thorne, Immie	12 Chepstow	50.68
36 Moger, Natalie	12 Llantrisant	51.11
37 Piotrowska, Martyna	11 Cwmbran	51.68
38 Piotrowska, Kaja	11 Cwmbran	53.42
--- Marsh, Sophie	12 Merthyr Tydfil	DQ

Event 36 Girls 13-14 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Sutton, Rebecca	14 Bridgend	1:04.94
2 Blake, Sophie	14 Torfaen Dolphins	1:11.13
3 Horton, Ellie	13 City of Newport	1:12.03
4 Evans, Holly	13 Bridgend	1:12.45
*5 Morris, Elen	13 City of Cardiff	1:13.62
*5 McAllister-Sutton, Lily	13 City of Cardiff	1:13.62
7 Morris, Niamh	14 City of Cardiff	1:13.96
8 Frizelle, Kiara	14 City of Cardiff	1:14.95

Event 36 Girls 13-14 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Sutton, Rebecca	14 Bridgend	1:06.20
2 Blake, Sophie	14 Torfaen Dolphins	1:11.83
3 Morris, Niamh	14 City of Cardiff	1:12.72
4 Horton, Ellie	13 City of Newport	1:12.78
5 McAllister-Sutton, Lily	13 City of Cardiff	1:12.91
6 Evans, Holly	13 Bridgend	1:13.55
7 Frizelle, Kiara	14 City of Cardiff	1:13.79
8 Morris, Elen	13 City of Cardiff	1:14.88
9 English, Katie	14 City of Newport	1:14.90
10 Richards, Brooke	13 Llantrisant	1:14.95
11 Ezard, Emily	13 Bridgend	1:15.01
12 Randell, Niamh	14 Llantrisant	1:15.94
13 Watson, Freya	14 Heads of Valley	1:16.51
14 Lawlor, Ciara	13 City of Newport	1:16.86
15 Morgan, Sophie	13 Llantrisant	1:17.85
16 Rutter, Jessica	13 City of Cardiff	1:17.86
17 Maiden, Mya	14 Merthyr Tydfil	1:18.34
18 Board, Mia	13 City of Newport	1:18.39
19 Jenkins, Kate	13 Heads of Valley	1:18.66
20 Childs, Laura	13 City of Cardiff	1:18.74
21 Bryce, Millie	13 Bridgend	1:18.79
22 Clode, Meriel	14 Bridgend	1:19.04
23 Hollings, Georgia	14 Abertillery	1:19.12
24 Davies, Katie	14 Merthyr Tydfil	1:19.62
25 Hutchinson, Lili-May	13 City of Cardiff	1:19.68
26 Nash, Angharad	14 Torfaen Dolphins	1:20.48
27 Thomas, Amy	13 Bridgend	1:21.00
28 Powell, Lowri	14 Torfaen Dolphins	1:21.21
29 Brunnock, Abigail	14 City of Newport	1:21.37
30 Harris, Ellise	13 Torfaen Dolphins	1:21.54

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Preliminaries ... (Event 36 Girls 13-14 100 SC Meter Backstroke)

Name	Age Team	Prelim Time
31 Mason, Teoni	13 Blaenafon B	1:21.66
32 Russell, Seren	13 City of Cardiff	1:21.79
33 Edwards, Alys	13 Llantrisant	1:21.81
34 Higgins, Catrina	13 Heads of Valley	1:22.16
35 Harry, Lauren	13 Bridgend	1:22.40
36 Harries, Megan	14 Merthyr Tydfil	1:22.52
37 Freegard, Aimee	13 Pontypridd	1:22.59
38 Withey, Georgia	14 Abertillery	1:22.95
39 Goodfellow, Roz	14 Chepstow	1:23.09
40 Thomas, Anya	13 City of Newport	1:23.40
41 Street, Lucy	13 Llantrisant	1:23.69
42 Rowles, Freya	14 Blaenafon B	1:23.87
43 Thomas, Ellie	14 Blaenafon B	1:24.27
44 Harper, Fizz	14 Chepstow	1:24.33
45 Davies, Megan	13 Bridgend	1:24.74
46 James, Lucy	13 Torfaen Dolphins	1:24.97
47 Randall, Sophie	14 Chepstow	1:25.03
48 Geen, Alicia	13 Cwmbran	1:25.24
49 Goold, Jessica	13 Heads of Valley	1:26.12
50 Lewis, Jessica	14 Llantrisant	1:26.43
51 Brace, Mair	13 City of Cardiff	1:27.12
52 Teagle, Arwen	14 Merthyr Tydfil	1:27.37
53 Durban, Freya	13 Abertillery	1:27.59
54 Addecott, Ffion	13 Llantrisant	1:27.60
55 Smith, Heather	13 Heads of Valley	1:28.84
56 Horscroft-Preest, Lowri	13 Llantrisant	1:31.19
57 Underwood, Rebecca	13 Cwmbran	1:33.25

Event 36 Girls 15-16 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Bryce, Erin	16 City of Newport	1:05.40
2 Sutton, Emma	16 Llantrisant	1:06.40
3 Beynon, Annaliese	15 City of Cardiff	1:07.29
4 Sloan, Hannah	15 Bridgend	1:07.58
5 Compton, Olivia	15 Bridgend	1:08.01
6 Haines, Rhiannon	15 Bridgend	1:09.60
7 Richards, Amy	16 Heads of Valley	1:09.64
8 Gibbs, Livvy	15 Bridgend	1:10.65

Event 36 Girls 15-16 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Bryce, Erin	16 City of Newport	1:05.34
2 Sloan, Hannah	15 Bridgend	1:08.09
3 Beynon, Annaliese	15 City of Cardiff	1:08.19
4 Sutton, Emma	16 Llantrisant	1:08.78
5 Compton, Olivia	15 Bridgend	1:08.80
6 Haines, Rhiannon	15 Bridgend	1:09.10
7 Gibbs, Livvy	15 Bridgend	1:09.52
8 Richards, Amy	16 Heads of Valley	1:10.27
9 Jones, Caitlin	15 City of Cardiff	1:10.33
10 Harvey, Morgan	15 City of Cardiff	1:10.50
11 Jones, Georgia	15 Chepstow	1:11.33
12 Morgan, Grace	15 Bridgend	1:11.36
13 Thomas, Emme	15 City of Newport	1:11.56
14 Meese, Anna	15 City of Newport	1:11.77
15 Strinati, Sophia	16 City of Cardiff	1:11.79
16 Gilson, Robyn	15 Abertillery	1:14.23

17 Nicholas, Megan	15 Bridgend	1:14.41
18 Andrews, Ffion	15 City of Cardiff	1:15.14
19 Eckley, Megan	15 City of Cardiff	1:15.58
20 Jenkins, Hannah	15 Bridgend	1:15.63
21 Murray, Olivia	16 City of Cardiff	1:16.16
22 Causon, Hannah	15 Merthyr Tydfil	1:16.91
23 Freeman, Rebecca	16 Torfaen Dolphins	1:17.48
24 Prothero, Hannah	15 Torfaen Dolphins	1:19.12
25 Waite, Ffion	16 City of Newport	1:19.90
26 Jones, Molly	16 Llantrisant	1:20.69
27 Murray, Claudia	15 City of Cardiff	1:20.95
28 Edmonds, Amelia	16 Llantrisant	1:21.18
29 Clark, Georgia-Mai	15 Torfaen Dolphins	1:23.13
30 Howell, Mali	15 Bridgend	1:23.47
31 Winter, Taylor	15 City of Newport	1:23.83
32 Davies, Lauren	16 Llantrisant	1:27.27
33 Johnson, Joanna	15 Chepstow	1:29.63
34 Horscroft-Preest, Bethan	15 Llantrisant	1:31.72

Event 36 Girls 17 & Over 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Ashton, Laura	18 Bridgend	1:05.19
2 Beetham, Hannah	17 City of Newport	1:05.41
3 Stevenson, Emilia	17 Bridgend	1:05.54
4 Jones, Harriet	18 City of Cardiff	1:06.51
5 Hunt, Imogen	17 Bridgend	1:07.45
6 Connolly, Bethan	17 City of Cardiff	1:07.52
7 Williams, Lauren	18 Torfaen Dolphins	1:08.52
8 Al Kelaby, Zena	17 City of Cardiff	1:10.02

Event 36 Girls 17 & Over 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Stevenson, Emilia	17 Bridgend	1:05.48
2 Ashton, Laura	18 Bridgend	1:05.73
3 Beetham, Hannah	17 City of Newport	1:06.12
4 Hunt, Imogen	17 Bridgend	1:06.39
5 Connolly, Bethan	17 City of Cardiff	1:06.45
6 Jones, Harriet	18 City of Cardiff	1:06.94
7 Al Kelaby, Zena	17 City of Cardiff	1:09.14
8 Williams, Lauren	18 Torfaen Dolphins	1:09.37
9 Plumley, Ellie	18 Torfaen Dolphins	1:11.20
10 Flynn, Lauren	17 Merthyr Tydfil	1:13.42
11 Oliver, Carys	17 Llantrisant	1:15.72
12 Jones, Megan	17 Torfaen Dolphins	1:15.77
13 Boyles, Hedd-Wyn	17 Caerphilly	1:16.28
14 Mogg, Isobel	17 Heads of Valley	1:17.93

Event 37 Boys 13-14 100 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Richards, Owen	14 Torfaen Dolphins	1:04.28
2 Davies, Ioan	14 City of Cardiff	1:06.43
3 Evans, Ioan	13 Bridgend	1:06.79
4 Chim, Danny	14 Bridgend	1:09.44
5 Savva, Theo	13 City of Cardiff	1:10.09
6 Parfitt, Shaye	14 Heads of Valley	1:10.39
7 Booth, Kyle	14 City of Cardiff	1:11.31
8 Clarke, Kameron	13 Cwmbran	1:14.05

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Event 37 Boys 13-14 100 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Richards, Owen	14 Torfaen Dolphins	1:04.50
2 Evans, Ioan	13 Bridgend	1:06.80
3 Davies, Ioan	14 City of Cardiff	1:06.87
4 Chim, Danny	14 Bridgend	1:08.81
5 Parfitt, Shaye	14 Heads of Valley	1:09.36
6 Savva, Theo	13 City of Cardiff	1:10.29
7 Booth, Kyle	14 City of Cardiff	1:11.77
8 Clarke, Kameron	13 Cwmbran	1:13.04
9 Harris, Max	13 City of Newport	1:16.86
10 Cousins, Jacob	13 Llantrisant	1:21.99

Event 37 Boys 15-16 100 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Rickard-Frost, Rhys	16 City of Cardiff	1:01.16
2 Davies, Logan	15 Torfaen Dolphins	1:01.86
3 Fairless, Jon	16 Torfaen Dolphins	1:03.44
4 Sherman, Ben	15 Torfaen Dolphins	1:03.57
5 Minett, Lewis	15 City of Cardiff	1:04.60
6 Hodgson, Ben	16 Bridgend	1:04.76
7 Saunders, Liam	16 Heads of Valley	1:07.12
8 Taylor, Joshua	16 Caerphilly	1:10.19

Event 37 Boys 15-16 100 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Rickard-Frost, Rhys	16 City of Cardiff	1:01.78
2 Davies, Logan	15 Torfaen Dolphins	1:04.05
3 Hodgson, Ben	16 Bridgend	1:04.67
4 Fairless, Jon	16 Torfaen Dolphins	1:04.80
5 Sherman, Ben	15 Torfaen Dolphins	1:04.81
6 Minett, Lewis	15 City of Cardiff	1:06.43
7 Saunders, Liam	16 Heads of Valley	1:07.43
8 Taylor, Joshua	16 Caerphilly	1:08.70
9 Hunt-cosh, James	16 Heads of Valley	1:09.81
10 Rayner, Evan	16 Llantrisant	1:10.38
11 Napper, Keenan	16 Rhondda	1:10.39
12 Jenkins, Cameron	16 Llantrisant	1:10.42
13 Holloway, Ben	15 City of Newport	1:10.93
14 Hollings, Bradley	16 Abertillery	1:11.36
15 Price, Dafydd	15 Torfaen Dolphins	1:13.59
16 Townsend, Harry	15 Torfaen Dolphins	1:13.88
17 Hathaway, Jack	15 City of Cardiff	1:16.82
18 Knupp, Kabir	15 City of Cardiff	1:17.48
19 Jenkins, Thomas	15 Chepstow	1:20.31

Event 37 Boys 17 & Over 100 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Barron, Thomas	21 Torfaen Dolphins	58.11
2 Heatley, Regan	18 City of Cardiff	58.43
3 Acland, Connor	19 City of Newport	1:00.16
4 Abdulmajed, Zayd	17 Bridgend	1:00.91
5 Townsend, Oliver	18 Torfaen Dolphins	1:01.11
6 Davies, Grant	19 Llantrisant	1:01.22
7 Wooller, Jack	18 City of Cardiff	1:02.18
8 Dibben, Gethin	19 Bridgend	1:03.60

Event 37 Boys 17 & Over 100 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Heatley, Regan	18 City of Cardiff	59.62
2 Acland, Connor	19 City of Newport	59.84
3 Townsend, Oliver	18 Torfaen Dolphins	1:01.36
4 Barron, Thomas	21 Torfaen Dolphins	1:01.37
5 Davies, Grant	19 Llantrisant	1:01.66
6 Abdulmajed, Zayd	17 Bridgend	1:02.22
7 Wooller, Jack	18 City of Cardiff	1:02.60
8 Dibben, Gethin	19 Bridgend	1:02.87
9 Mullins, Jordon	20 Merthyr Tydfil	1:03.62
10 Couzens, Robert	17 City of Cardiff	1:04.17
11 Price, Matthew	19 Torfaen Dolphins	1:04.57
12 Matthews, Dewi	18 Rhondda	1:05.01
13 Durrant, William	17 Bridgend	1:06.37
14 Cottrell, Richard	17 City of Cardiff	1:06.67
15 Jones, Rhys	18 Llantrisant	1:07.05
16 Sutton, Morgan	17 Bridgend	1:07.68
17 Brown, Ethan	17 Llantrisant	1:08.41
18 Clare, Lewis	18 Llantrisant	1:10.85
19 Bailey, James	17 City of Cardiff	1:13.26
20 Bridges, Dylan	18 Llantrisant	1:16.95

Event 38 Girls 10 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Withers-Boalch, Isobel	10 City of Cardiff	3:36.37
2 Faulkner, Marie	10 Caerphilly	3:55.24
--- Hallett, Jo	10 Chepstow	DQ
--- Mulligan, Millie	10 City of Newport	DQ

Event 39 Girls 11-12 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Major, Scarlet	12 City of Newport	4:51.40
2 Morris, Emily	12 Bridgend	4:52.46
3 Harry, Darcey	12 City of Cardiff	4:59.96
4 Withers-Boalch, Georgina	12 City of Cardiff	5:04.12
5 Moretti, Morgana	12 City of Cardiff	5:09.34
6 Witchell, Bethan	12 City of Cardiff	5:22.20
7 Cowley, Jessica	12 Torfaen Dolphins	5:22.31
8 De Torres, Becci	11 City of Cardiff	5:23.53
9 Protheroe, Chloe	12 Bridgend	5:32.74
10 Colley, Lauren	11 Bridgend	5:40.64
11 Davidson, Hannah	12 Bridgend	5:45.72
12 Teagle, Eilir	11 Merthyr Tydfil	5:46.33
13 Tarpey, Aoife	11 Bridgend	5:50.67
14 Baker, Alyssa	11 Torfaen Dolphins	5:52.49
15 Rowe, Rhiannon	11 Heads of Valley	5:55.74
16 Kehl, Harriet	12 Llantrisant	6:02.06
17 Porter, Emma	12 Torfaen Dolphins	6:12.06

Event 40 Boys 10 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Coppen, Harrison	10 Chepstow	3:40.14

Event 40 Boys 11-12 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Szentpeteri, Mark	11 City of Cardiff	3:08.06
2 Murray, Adam	12 City of Cardiff	3:10.84
3 Coppen, Jensen	12 Chepstow	3:15.25
4 Salmon, Carwyn	12 Llantrisant	3:17.68
5 Young, Ellis	12 City of Cardiff	3:35.62

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(Event 40 Boys 11-12 200 SC Meter Breaststroke)

Name	Age Team	Finals Time
6 Davies, Gruff	11 Torfaen Dolphins	3:36.45
7 Clement, Logan	11 Llantrisant	3:39.65
--- Williams, Thomas	12 Rhondda	DQ

Event 41 Girls 13-14 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Sutton, Rebecca	14 Bridgend	26.97
2 McAllister-Sutton, Lily	13 City of Cardiff	28.92
3 English, Katie	14 City of Newport	28.98
4 Allison, Megan	13 City of Newport	29.17
5 Manship, Alice	14 City of Newport	29.39
6 Morris, Ciara	13 City of Cardiff	29.64
7 Watson, Freya	14 Heads of Valley	29.70
8 Blake, Sophie	14 Torfaen Dolphins	29.97

Event 41 Girls 13-14 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Sutton, Rebecca	14 Bridgend	27.58
2 English, Katie	14 City of Newport	29.18
3 McAllister-Sutton, Lily	13 City of Cardiff	29.54
4 Manship, Alice	14 City of Newport	29.69
5 Blake, Sophie	14 Torfaen Dolphins	29.73
6 Allison, Megan	13 City of Newport	29.77
7 Watson, Freya	14 Heads of Valley	30.01
8 Morris, Ciara	13 City of Cardiff	30.08
9 Haeffner, Evie	14 Chepstow	30.29
10 Randell, Niamh	14 Llantrisant	30.43
11 Withey, Georgia	14 Abertillery	30.71
12 Jones, Alicia	13 Merthyr Tydfil	30.73
13 Hollings, Georgia	14 Abertillery	30.76
14 Ezard, Emily	13 Bridgend	30.87
15 Clode, Meriel	14 Bridgend	31.02
16 Evans, Holly	13 Bridgend	31.10
17 Morris, Elen	13 City of Cardiff	31.21
18 James, Lucy	13 Torfaen Dolphins	31.25
19 Richards, Brooke	13 Llantrisant	31.31
20 Lawlor, Ciara	13 City of Newport	31.46
21 Hutchinson, Lili-May	13 City of Cardiff	31.52
22 Maiden, Mya	14 Merthyr Tydfil	31.58
*23 Jenkins, Emily	14 Bridgend	31.79
*23 McCloy, Ellie	14 Bridgend	31.79
25 Bryce, Millie	13 Bridgend	31.81
*26 Jenkins, Kate	13 Heads of Valley	31.82
*26 Higgins, Catrina	13 Heads of Valley	31.82
28 Morgan, Grace	13 City of Cardiff	31.88
29 Childs, Darcie	14 City of Newport	31.92
30 Harries, Megan	14 Merthyr Tydfil	31.94
31 Childs, Laura	13 City of Cardiff	31.99
32 Goodfellow, Roz	14 Chepstow	32.07
33 Thomas, Ellie	14 Blaenafon B	32.11
34 Rutter, Jessica	13 City of Cardiff	32.34
35 Creasey, Lucy	13 City of Newport	32.57
36 John, Catrin	14 City of Cardiff	32.61
37 Harris, Shannon	14 Cwmbran	32.83
38 Morgan, Sophie	13 Llantrisant	32.85
39 Board, Mia	13 City of Newport	33.21
40 Noyes, Jordan	14 Cwmbran	33.22

41 Wilkins, Evie	14 Heads of Valley	33.42
42 Othen, Lara	13 Torfaen Dolphins	33.50
43 Palin, Molly	14 Heads of Valley	33.51
44 Rowles, Freya	14 Blaenafon B	33.65
*45 Flack, Eleanor	14 Chepstow	33.68
*45 Geen, Alicia	13 Cwmbran	33.68
47 Snow, Sophie	13 City of Cardiff	33.69
48 Legg, Abbie	13 Caerphilly	33.83
49 Baker, Seren	13 City of Cardiff	33.87
50 Davidson, Sarah	14 Bridgend	33.88
51 Harper, Fizz	14 Chepstow	34.02
52 McCulloch, Ffion	13 City of Cardiff	34.03
53 Freegard, Aimee	13 Pontypridd	34.21
54 Durban, Freya	13 Abertillery	34.24
55 Street, Lucy	13 Llantrisant	34.27
56 Harry, Lauren	13 Bridgend	34.49
57 Edwards, Alys	13 Llantrisant	34.66
58 Walker, Caitlin	13 City of Cardiff	34.67
59 Teagle, Arwen	14 Merthyr Tydfil	34.96
60 Goold, Jessica	13 Heads of Valley	35.04
61 Dewar, Megan	13 Cwmbran	35.12
62 Horscroft-Prest, Lowri	13 Llantrisant	35.24
63 Lewis, Jessica	14 Llantrisant	35.45
64 Griffiths, Lowri	13 Llantrisant	35.66
65 Lenthall, Hannah	13 Chepstow	35.91
66 Heward, Demi	14 Blaenafon B	35.99
67 Jones, Seren	13 City of Newport	36.08
68 Watkins, Rhiannon	14 Blaenafon B	36.47
69 Smith, Heather	13 Heads of Valley	37.29
70 Selway, Mackenzie	13 City of Newport	37.50
71 McRae, Mair	13 Blaenafon B	37.83
72 Johnson, Charlie-Ann	13 City of Newport	37.85
--- Harris-Thomas, Elle	13 Chepstow	DQ

Event 41 Girls 15-16 50 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Beynon, Annaliese	15 City of Cardiff	27.10
2 Sutton, Emma	16 Llantrisant	27.96
3 Walters, Jessie	16 Llantrisant	28.03
4 Stockley, Lauren	16 Torfaen Dolphins	28.17
5 McCormack, Ciara	16 City of Cardiff	28.53
6 Sloan, Hannah	15 Bridgend	28.55
7 Compton, Olivia	15 Bridgend	28.72
8 Squire, Megan	16 City of Cardiff	28.82

Event 41 Girls 15-16 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Beynon, Annaliese	15 City of Cardiff	27.08
2 Walters, Jessie	16 Llantrisant	28.15
3 Sutton, Emma	16 Llantrisant	28.37
4 Stockley, Lauren	16 Torfaen Dolphins	28.40
5 Sloan, Hannah	15 Bridgend	28.71
6 McCormack, Ciara	16 City of Cardiff	28.75
7 Compton, Olivia	15 Bridgend	28.85
8 Squire, Megan	16 City of Cardiff	28.86
9 Burch, India	15 City of Cardiff	28.97
10 Murray, Claudia	15 City of Cardiff	29.15
11 Harvey, Morgan	15 City of Cardiff	29.25
12 Bond, Amy	16 City of Cardiff	29.32

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Preliminaries ... (Event 41 Girls 15-16 50 SC Meter Freestyle)

Name	Age Team	Prelim Time
13 McCulloch, Elizabeth	16 City of Cardiff	29.39
14 Jerrett, Bethan	15 City of Cardiff	29.62
15 Andrews, Rebecca	15 City of Cardiff	29.70
16 Groves, Chloe	16 Blaenafon B	29.77
17 Thomas, Emme	15 City of Newport	29.98
18 Nicholas, Megan	15 Bridgend	30.03
19 Jones, Hannah	15 City of Newport	30.05
20 Andrews, Ffion	15 City of Cardiff	30.11
21 Meese, Anna	15 City of Newport	30.19
22 Gilson, Robyn	15 Abertillery	30.21
23 Murray, Olivia	16 City of Cardiff	30.28
24 Strinati, Sophia	16 City of Cardiff	30.43
25 Eckley, Megan	15 City of Cardiff	30.51
26 Freeman, Rebecca	16 Torfaen Dolphins	30.56
27 King, Lauren	15 City of Newport	30.67
28 Causon, Hannah	15 Merthyr Tydfil	30.81
29 Jenkins, Hannah	15 Bridgend	30.84
30 Huntley, Amy	15 City of Cardiff	31.13
31 Horscroft-Prest, Bethan	15 Llantrisant	31.65
32 Groves, Alicia	15 Cwmbran	32.01
33 Partridge, Morgan	15 Abertillery	32.35
34 Howell, Mali	15 Bridgend	32.60
35 Jones, Molly	16 Llantrisant	33.00
36 Jenkins, Bethan	15 Bridgend	33.05
37 Eckley, Bethan	15 City of Cardiff	33.16
38 Jones, Ceri	15 City of Newport	33.38
39 Terrell, Lauren	15 Chepstow	34.11
40 Davies, Lauren	16 Llantrisant	35.39
41 Millard, Harriet	16 Rhondda	35.47
42 Draper, Branwen	16 Rhondda	36.22
43 Johnson, Joanna	15 Chepstow	37.23

Event 41 Girls 17 & Over 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Williams, Lauren	18 Torfaen Dolphins	27.38
2 Jones, Harriet	18 City of Cardiff	27.42
3 Rees, Katie	17 Bridgend	27.80
4 Stevenson, Emilia	17 Bridgend	27.90
5 Harris, Seren	17 City of Cardiff	28.05
6 Al Kelaby, Zena	17 City of Cardiff	28.29
7 Beetham, Hannah	17 City of Newport	28.40
8 Vaisey, Rhiannon	17 Abertillery	28.89

Event 41 Girls 17 & Over 50 SC Meter Freestyle

Name	Age Team	Prelim Time
1 Williams, Lauren	18 Torfaen Dolphins	27.65
2 Jones, Harriet	18 City of Cardiff	27.80
3 Rees, Katie	17 Bridgend	27.93
4 Stevenson, Emilia	17 Bridgend	28.16
5 Harris, Seren	17 City of Cardiff	28.24
6 Al Kelaby, Zena	17 City of Cardiff	28.30
7 Beetham, Hannah	17 City of Newport	28.59
8 Vaisey, Rhiannon	17 Abertillery	28.89
9 Connolly, Bethan	17 City of Cardiff	29.20
10 Oliver, Carys	17 Llantrisant	29.21
11 Lock, Catherine	18 City of Cardiff	29.34
12 Jenkins, Poppy	18 City of Cardiff	29.40

13 Ashton, Laura	18 Bridgend	29.59
14 Matthews, Brody	17 Abertillery	29.68
15 O'Brien, Megan	18 City of Cardiff	29.73
16 Mogg, Isobel	17 Heads of Valley	29.95
17 Flynn, Lauren	17 Merthyr Tydfil	30.11
18 Boyles, Hedd-Wyn	17 Caerphilly	30.41
19 Lewis, Emily	17 Torfaen Dolphins	30.91
20 Jones, Megan	17 Torfaen Dolphins	31.32
21 Thomas, Chloe	17 Bridgend	34.27
22 Smith, Emily	17 Caerphilly	35.94

Event 42 Boys 13-14 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Booth, Kyle	14 City of Cardiff	34.85
2 Newman, Bradley	14 City of Cardiff	35.83
3 Savva, Theo	13 City of Cardiff	36.96
4 Thompson, Morgan	13 City of Cardiff	39.38
5 Harris, Max	13 City of Newport	40.55
6 Jenkins, Dafydd	13 Bridgend	40.62
7 Rickard-Frost, Celyn	13 City of Cardiff	42.02
8 Couston, Will	13 City of Cardiff	42.53

Event 42 Boys 13-14 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
1 Booth, Kyle	14 City of Cardiff	34.86
2 Newman, Bradley	14 City of Cardiff	36.18
3 Savva, Theo	13 City of Cardiff	37.16
4 Harris, Max	13 City of Newport	39.36
5 Thompson, Morgan	13 City of Cardiff	40.59
6 Rickard-Frost, Celyn	13 City of Cardiff	40.79
7 Jenkins, Dafydd	13 Bridgend	40.93
8 Couston, Will	13 City of Cardiff	42.44
9 Bradbury, Kai	14 Cwmbran	42.56
10 O'Hanlon, Michael	13 City of Cardiff	43.07
11 Thomas, Joshua	14 Merthyr Tydfil	43.63
12 Jones, Luc	13 Torfaen Dolphins	45.37

Event 42 Boys 15-16 50 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Williams, Matthew	16 Torfaen Dolphins	31.00
2 Waters, Lewis	16 City of Newport	32.23
3 Rickard-Frost, Rhys	16 City of Cardiff	32.64
4 Flanigan, Andrew	15 City of Cardiff	32.98
5 Sansom, Brython	16 City of Newport	33.33
6 Cook, Jacob	15 City of Cardiff	34.67
7 John, Lewys	15 City of Cardiff	34.70
8 Hunt-cosh, James	16 Heads of Valley	34.81

Event 42 Boys 15-16 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
1 Williams, Matthew	16 Torfaen Dolphins	30.83
2 Waters, Lewis	16 City of Newport	32.13
3 Rickard-Frost, Rhys	16 City of Cardiff	33.02
4 Flanigan, Andrew	15 City of Cardiff	33.49
5 Sansom, Brython	16 City of Newport	33.76
6 John, Lewys	15 City of Cardiff	34.36
7 Cook, Jacob	15 City of Cardiff	34.75
8 Hunt-cosh, James	16 Heads of Valley	35.28

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Preliminaries ... (Event 42 Boys 15-16 50 SC Meter Breaststroke)

Name	Age	Team	Time
9 Jones, Luke	16	Rhondda	35.60
10 Hanson, Lloyd	16	City of Cardiff	36.31
*11 Taylor, Joshua	16	Caerphilly	37.03
*11 Herbert, Tomos	15	City of Cardiff	37.03
13 Baulch, Owain	15	City of Newport	37.77
14 Knupp, Kabir	15	City of Cardiff	37.98
15 Mullins, Joshua	15	Merthyr Tydfil	38.07
16 Miles, Will	15	Chepstow	38.39
17 Jenkins, Thomas	15	Chepstow	40.79
--- Coombes, Jay	15	Llantrisant	DQ

Event 42 Boys 17 & Over 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Lewis, James	17	City of Cardiff	30.40
2 Abdulmajed, Matham	21	Bridgend	31.40
3 Cuer, Tristian	18	City of Newport	32.51
4 Davies, Grant	19	Llantrisant	32.89
5 Skuse, Jac	17	City of Cardiff	32.99
6 Brown, Huw	17	City of Cardiff	33.09
7 Matthews, Dewi	18	Rhondda	33.10
8 Wilcox, Sam	17	City of Cardiff	33.45

Event 42 Boys 17 & Over 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Lewis, James	17	City of Cardiff	30.87
2 Abdulmajed, Matham	21	Bridgend	31.54
3 Cuer, Tristian	18	City of Newport	32.44
4 Brown, Huw	17	City of Cardiff	32.63
5 Skuse, Jac	17	City of Cardiff	32.84
6 Matthews, Dewi	18	Rhondda	33.20
7 Abdulmajed, Zayd	17	Bridgend	33.93
8 Wilcox, Sam	17	City of Cardiff	33.96
*9 Davies, Grant	19	Llantrisant	34.14
*9 Brown, Ethan	17	Llantrisant	34.14

Swim-Off Required

11 Mullins, Jordon	20	Merthyr Tydfil	34.49
12 Williams, Thomas	18	City of Cardiff	34.50
13 Jones, Daniel	17	City of Cardiff	35.12
14 Davies, Owain	17	Heads of Valley	36.85
15 Sutton, Morgan	17	Bridgend	36.91
16 Eddy, William	17	City of Cardiff	37.12
17 Bailey, James	17	City of Cardiff	37.37
18 Jones, Rhys	18	Llantrisant	39.49

Event 43 Boys 10 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Geysen-Holley, Max	10	Bridgend	1:39.25
--- Coppen, Harrison	10	Chepstow	DQ

Event 43 Boys 10 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Geysen-Holley, Max	10	Bridgend	1:41.03
2 Coppen, Harrison	10	Chepstow	1:43.31

Event 43 Boys 11-12 100 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Murray, Adam	12	City of Cardiff	1:11.89
2 Leach, Owen	12	Bridgend	1:15.85
3 Ernest, Noah	12	City of Cardiff	1:17.01
4 Salmon, Carwyn	12	Llantrisant	1:18.62
5 Baos, Morgan	12	City of Cardiff	1:18.82
6 Knight, Jack	12	City of Newport	1:18.92
7 Wardhaugh, Cai	11	City of Cardiff	1:23.01
8 Edwards, Kaden	11	City of Cardiff	1:23.79

Event 43 Boys 11-12 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Murray, Adam	12	City of Cardiff	1:11.75
2 Leach, Owen	12	Bridgend	1:17.73
3 Ernest, Noah	12	City of Cardiff	1:18.15
4 Baos, Morgan	12	City of Cardiff	1:19.78
5 Knight, Jack	12	City of Newport	1:20.28
6 Salmon, Carwyn	12	Llantrisant	1:20.38
7 Wardhaugh, Cai	11	City of Cardiff	1:21.09
8 Edwards, Kaden	11	City of Cardiff	1:22.63
9 Parfitt, Mason	12	Heads of Valley	1:22.85
10 Wisden, Dylan	11	Bridgend	1:24.16
11 Arnold, Jack	12	Abertillery	1:24.25
12 Coppen, Jensen	12	Chepstow	1:26.52
13 Harris, Tyler	12	Torfaen Dolphins	1:29.40
14 Salehi-Reyhani, Afshin	11	Cwmbran	1:31.79
15 Chadwick, Isaac	12	Llantrisant	1:32.93
16 Allen-Ridge, Kasey	11	Abertillery	1:33.14
17 Tucker, Callum	12	Chepstow	1:34.08
18 Selby, Morgan	12	Llantrisant	1:34.47
19 Layzell, Alexander	12	Merthyr Tydfil	1:35.54
20 Williams, Thomas	12	Rhondda	1:35.89
21 Collins, Tyler	12	Llantrisant	1:43.25

Event 44 Girls 13-14 200 SC Meter IM

Name	Age	Team	Finals Time
1 Sutton, Rebecca	14	Bridgend	2:19.73
2 English, Katie	14	City of Newport	2:36.95
3 Warrender, Meg	14	Torfaen Dolphins	2:37.52
4 McAllister-Sutton, Lily	13	City of Cardiff	2:39.20
5 Horton, Ellie	13	City of Newport	2:40.46
6 Morris, Elen	13	City of Cardiff	2:41.60
7 Watson, Freya	14	Heads of Valley	2:41.87
8 Thomas, Niamh	14	City of Newport	2:41.88
9 Frizelle, Kiara	14	City of Cardiff	2:42.13
10 Blake, Sophie	14	Torfaen Dolphins	2:42.25
11 Holmes, Eleri	13	City of Cardiff	2:43.19
12 Morgan, Mackenzie	13	Torfaen Dolphins	2:43.53
13 Bryce, Millie	13	Bridgend	2:44.87
14 Evans, Holly	13	Bridgend	2:45.82
15 Jenkins, Emily	14	Bridgend	2:47.39
16 Childs, Laura	13	City of Cardiff	2:47.68
17 Hollings, Georgia	14	Abertillery	2:48.36
18 Harris, Ellise	13	Torfaen Dolphins	2:48.48
19 Richards, Brooke	13	Llantrisant	2:48.94
20 Thomas, Amy	13	Bridgend	2:49.22
21 Randell, Niamh	14	Llantrisant	2:49.93
22 Clode, Meriel	14	Bridgend	2:50.33

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(Event 44 Girls 13-14 200 SC Meter IM)

Name	Age Team	Finals Time
23 Higgins, Catrina	13 Heads of Valley	2:50.65
24 Davies, Katie	14 Merthyr Tydfil	2:50.96
25 McCloy, Ellie	14 Bridgend	2:51.27
26 Rutter, Jessica	13 City of Cardiff	2:51.84
27 Jenkins, Kate	13 Heads of Valley	2:52.35
28 Arch, Mared	13 City of Cardiff	2:52.49
29 Board, Mia	13 City of Newport	2:52.51
*30 Barry, Eva	13 City of Newport	2:52.61
*30 Lewis, Helen	13 Merthyr Tydfil	2:52.61
32 Maiden, Mya	14 Merthyr Tydfil	2:53.40
33 Jones, Alicia	13 Merthyr Tydfil	2:53.83
34 Harry, Lauren	13 Bridgend	2:55.95
35 Palin, Molly	14 Heads of Valley	2:57.68
36 Morgan, Sophie	13 Llantrisant	2:59.72
37 Creasey, Lucy	13 City of Newport	2:59.92
38 Snow, Sophie	13 City of Cardiff	2:59.97
39 McCulloch, Ffion	13 City of Cardiff	3:00.83
40 Davies, Megan	13 Bridgend	3:00.89
41 Mason, Teoni	13 Blaenafon B	3:00.95
42 Goodfellow, Roz	14 Chepstow	3:02.35
43 Edwards, Alys	13 Llantrisant	3:03.20
44 Legg, Abbie	13 Caerphilly	3:03.24
45 Klappholz, Rebecca	14 Heads of Valley	3:03.88
46 Wilkins, Evie	14 Heads of Valley	3:04.20
47 Baker, Seren	13 City of Cardiff	3:04.75
48 Street, Lucy	13 Llantrisant	3:05.91
49 James, Lucy	13 Torfaen Dolphins	3:06.24
50 Harper, Fizz	14 Chepstow	3:07.10
51 Morgan, Grace	13 City of Cardiff	3:07.75
52 Noyes, Jordan	14 Cwmbran	3:08.63
53 Robotham, Lara	13 Bridgend	3:09.63
54 Davidson, Sarah	14 Bridgend	3:09.67
55 Walker, Caitlin	13 City of Cardiff	3:10.48
56 Pike, Awel	13 Pontypridd	3:12.66
57 Teagle, Arwen	14 Merthyr Tydfil	3:13.52
58 Goold, Jessica	13 Heads of Valley	3:13.72
59 Harris-Thomas, Elle	13 Chepstow	3:15.93
60 Jones, Seren	13 City of Newport	3:19.54
61 Underwood, Rebecca	13 Cwmbran	3:19.75
--- Rowles, Freya	14 Blaenafon B	DQ
--- Harris, Shannon	14 Cwmbran	DQ

Event 44 Girls 15-16 200 SC Meter IM

Name	Age Team	Finals Time
1 Richards, Amy	16 Heads of Valley	2:27.78
2 Beynon, Annaliese	15 City of Cardiff	2:28.19
3 Squire, Megan	16 City of Cardiff	2:28.30
4 Harvey, Morgan	15 City of Cardiff	2:28.78
5 Sutton, Emma	16 Llantrisant	2:29.23
6 Compton, Olivia	15 Bridgend	2:30.03
7 Morgan, Grace	15 Bridgend	2:30.58
8 Burch, India	15 City of Cardiff	2:32.21
9 Jones, Caitlin	15 City of Cardiff	2:33.14
10 Haines, Rhiannon	15 Bridgend	2:33.69
11 Walters, Jessie	16 Llantrisant	2:34.45
12 Collingbourne, Sioned	15 City of Newport	2:34.90
13 Evans, Nia	15 City of Cardiff	2:35.13
14 Nicholas, Megan	15 Bridgend	2:35.58
15 Meese, Anna	15 City of Newport	2:37.77
16 Gibbs, Livvy	15 Bridgend	2:37.78

17 Murray, Olivia	16 City of Cardiff	2:38.07
18 Gilson, Robyn	15 Abertillery	2:38.78
19 Andrews, Ffion	15 City of Cardiff	2:40.81
20 Andrews, Rebecca	15 City of Cardiff	2:40.99
21 Jenkins, Hannah	15 Bridgend	2:44.55
22 Huntley, Amy	15 City of Cardiff	2:46.18
23 Meredith, Rebecca	15 Llantrisant	2:46.89
24 Murray, Claudia	15 City of Cardiff	2:47.47
25 Groves, Chloe	16 Blaenafon B	2:48.60
26 Edmonds, Amelia	16 Llantrisant	2:49.03
27 Partridge, Morgan	15 Abertillery	2:55.56
28 Causon, Hannah	15 Merthyr Tydfil	2:56.99
29 Jones, Molly	16 Llantrisant	2:57.79
30 Jones, Ceri	15 City of Newport	3:00.65
31 Hughes, Amy	15 City of Newport	3:09.41
32 Terrell, Lauren	15 Chepstow	3:10.69

Event 44 Girls 17 & Over 200 SC Meter IM

Name	Age Team	Finals Time
1 Rees, Katie	17 Bridgend	2:20.93
2 Al Kelaby, Zena	17 City of Cardiff	2:24.67
3 Jones, Harriet	18 City of Cardiff	2:25.45
4 Hoyle, Katie	17 Torfaen Dolphins	2:26.88
5 Ashton, Laura	18 Bridgend	2:28.02
6 Lock, Catherine	18 City of Cardiff	2:32.23
7 Hunt, Imogen	17 Bridgend	2:33.40
8 Matthews, Brody	17 Abertillery	2:35.96
9 O'Brien, Megan	18 City of Cardiff	2:38.29
10 Oliver, Carys	17 Llantrisant	2:43.22
11 Mogg, Isobel	17 Heads of Valley	2:43.45
12 Vaisey, Rhiannon	17 Abertillery	2:44.77
13 Lewis, Emily	17 Torfaen Dolphins	2:46.86
14 Thomas, Louisa	17 Bridgend	2:48.39
15 Thomas, Chloe	17 Bridgend	3:10.69
--- Smith, Emily	17 Caerphilly	DQ

Event 45 Boys 13-14 200 SC Meter IM

Name	Age Team	Finals Time
1 Evans, Ioan	13 Bridgend	2:22.51
2 Davies, Ioan	14 City of Cardiff	2:26.48
3 Richards, Owen	14 Torfaen Dolphins	2:28.42
*4 Baker, Luke	14 Torfaen Dolphins	2:28.83
*4 Parfitt, Shaye	14 Heads of Valley	2:28.83
6 Booth, Kyle	14 City of Cardiff	2:33.20
7 Clarke, Kameron	13 Cwmbran	2:35.09
8 Harris, Max	13 City of Newport	2:36.68
9 Wardhaugh, Rhys	13 City of Cardiff	2:38.79
10 Chooyin, Benjamin	13 City of Cardiff	2:41.57
11 Thompson, Morgan	13 City of Cardiff	2:43.93
12 Rickard-Frost, Celyn	13 City of Cardiff	2:45.11
13 Rees, Brandon	14 Rhondda	2:47.00
14 Jenkins, Dafydd	13 Bridgend	2:50.90
15 Cooper, Elliot	14 City of Cardiff	2:54.07
*16 Savage- Taylor, Tomos	13 Heads of Valley	2:54.98
*16 Couston, Will	13 City of Cardiff	2:54.98
18 O'Hanlon, Michael	13 City of Cardiff	2:57.20
19 Hall, Daniel	13 Chepstow	2:57.86
20 O Connell, Kian	13 Heads of Valley	2:58.65
21 Cousins, Jacob	13 Llantrisant	2:59.97
22 Hunt, Tobias	14 Bridgend	3:00.51
23 Bradbury, Kai	14 Cwmbran	3:04.34
24 Watkins, Lloyd	14 Cwmbran	3:07.85

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Results

(Event 45 Boys 13-14 200 SC Meter IM)

Name	Age Team	Finals Time
25 Williams, Elliot	14 Pontypridd	3:08.11
--- Taylor, Samuel	14 Caerphilly	DQ
--- Savva, Theo	13 City of Cardiff	DQ
--- Newman, Bradley	14 City of Cardiff	DQ
--- Bennett, Jack	13 Torfaen Dolphins	DQ

Event 45 Boys 15-16 200 SC Meter IM

Name	Age Team	Finals Time
1 Rickard-Frost, Rhys	16 City of Cardiff	2:15.37
2 Williams, Matthew	16 Torfaen Dolphins	2:15.88
3 Waters, Lewis	16 City of Newport	2:16.69
4 Hodgson, Ben	16 Bridgend	2:18.87
5 James, Rhys	15 City of Cardiff	2:19.67
6 Fairless, Jon	16 Torfaen Dolphins	2:23.87
7 Sherman, Ben	15 Torfaen Dolphins	2:23.90
8 Cook, Jacob	15 City of Cardiff	2:24.11
9 Flanigan, Andrew	15 City of Cardiff	2:24.78
10 Hunt-cosh, James	16 Heads of Valley	2:27.28
11 John, Lewys	15 City of Cardiff	2:30.04
12 Hanson, Lloyd	16 City of Cardiff	2:33.26
13 Russell, Kory	15 City of Cardiff	2:33.35
14 Saunders, Liam	16 Heads of Valley	2:35.12
15 Herbert, Tomos	15 City of Cardiff	2:35.57
16 Baugh, Jordan	15 Abertillery	2:36.89
17 Othen, Ross	16 Torfaen Dolphins	2:37.55
18 Rayner, Evan	16 Llantrisant	2:38.71
19 Taylor, Joshua	16 Caerphilly	2:40.71
20 Pryse, Elis	15 Llantrisant	2:40.75
21 Hollings, Bradley	16 Abertillery	2:40.92
22 Jenkins, Cameron	16 Llantrisant	2:41.17
23 Cleverly, Joseph	15 City of Cardiff	2:42.20
24 Miles, Will	15 Chepstow	2:44.14
25 Francis, Iestyn	16 Llantrisant	2:47.95
26 Cook, Owain	15 Bridgend	2:48.73
27 Baulch, Owain	15 City of Newport	2:51.13
--- Coombes, Jay	15 Llantrisant	DQ

Event 45 Boys 17 & Over 200 SC Meter IM

Name	Age Team	Finals Time
1 Brown, Cameron	19 City of Newport	2:06.49
2 Barron, Thomas	21 Torfaen Dolphins	2:14.14
3 Lewis, James	17 City of Cardiff	2:14.30
4 Abdulmajed, Zayd	17 Bridgend	2:15.76
5 Davies, Grant	19 Llantrisant	2:19.19
6 Davies, James	17 City of Cardiff	2:19.24
7 Brown, Huw	17 City of Cardiff	2:20.04
8 Williams, Thomas	18 City of Cardiff	2:21.42
9 Skuse, Jac	17 City of Cardiff	2:21.59
10 Jones, Daniel	17 City of Cardiff	2:24.36
11 Durrant, William	17 Bridgend	2:24.83
12 Jones, Rhys	18 Llantrisant	2:25.28
13 Dibben, Gethin	19 Bridgend	2:25.44
14 Wilcox, Sam	17 City of Cardiff	2:26.07
15 Sutton, Morgan	17 Bridgend	2:26.92
16 Brown, Ethan	17 Llantrisant	2:28.61
17 Davies, Owain	17 Heads of Valley	2:32.10
18 Bailey, James	17 City of Cardiff	2:33.71
19 Clare, Lewis	18 Llantrisant	2:35.03
20 Thomas, Daniel	18 Cwmbran	2:37.71
21 Elliott, Alex	17 Torfaen Dolphins	2:38.26

Event 46 Girls 10 Year Olds 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Hallett, Jo	10 Chepstow	3:58.67
2 Walker, Eleanor	10 Chepstow	4:01.97
3 Faulkner, Marie	10 Caerphilly	4:15.74
--- Stephens, Arwen	10 City of Cardiff	DQ

Event 46 Girls 11-12 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Major, Scarlet	12 City of Newport	2:55.58
2 Moretti, Morgana	12 City of Cardiff	3:04.07
3 Morris, Emily	12 Bridgend	3:06.78
4 Phillips, Ella	12 City of Cardiff	3:09.20
5 Boswall, Saffron	11 City of Cardiff	3:17.54
6 Miles, Grace	12 Chepstow	3:19.70
7 Evans, Penny	12 Llantrisant	3:23.18
8 Cowley, Jessica	12 Torfaen Dolphins	3:23.19
9 Marsh, Sophie	12 Merthyr Tydfil	3:23.27
10 Clode, Amelie	12 Bridgend	3:23.75
11 Wyatt, Chloe	12 Bridgend	3:24.08
12 Goddard, Mia	12 City of Cardiff	3:24.89
13 Jones, Angharad	12 Bridgend	3:25.42
14 Palin, Maisy	11 Heads of Valley	3:28.72
15 O'Callaghan, Jennifer	11 City of Cardiff	3:31.11
16 Ward, Ellie	11 City of Newport	3:31.14
17 Davidson, Hannah	12 Bridgend	3:32.65
18 Teagle, Eilir	11 Merthyr Tydfil	3:33.38
19 Warrender, Niamh	11 Torfaen Dolphins	3:34.87
20 Colley, Lauren	11 Bridgend	3:36.88
21 Morgans, Caitlin	12 Caerphilly	3:36.91
22 Dallyn, Isobel	11 Chepstow	3:41.00
23 Porter, Emma	12 Torfaen Dolphins	3:43.78
24 Hallett, Isabel	12 Chepstow	3:44.55
25 Kehl, Harriet	12 Llantrisant	3:44.83
26 Nicholas, Catrin	12 Bridgend	3:47.26
27 Thorne, Immie	12 Chepstow	3:48.86
--- McCloy, Meg	12 Bridgend	DQ
--- Loughlin, Bella	12 Chepstow	DQ
--- Llewellyn, Eleanor	12 City of Cardiff	DQ

Event 47 Boys 10 Year Olds 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Merriman, Ben	10 Heads of Valley	36.63
2 Coppen, Harrison	10 Chepstow	38.54
3 Rees, Garyn	10 Rhondda	39.12
4 Sellick, Evan	10 Cwmbran	40.95
5 Geysen-Holley, Max	10 Bridgend	41.39

Event 47 Boys 10 Year Olds 50 SC Meter Freestyle

Name	Age Team	Prelim Time
1 Merriman, Ben	10 Heads of Valley	36.68
2 Sellick, Evan	10 Cwmbran	39.29
3 Rees, Garyn	10 Rhondda	39.48
4 Coppen, Harrison	10 Chepstow	41.72
5 Geysen-Holley, Max	10 Bridgend	41.85

Event 47 Boys 11-12 50 SC Meter Freestyle

Name	Age Team	Finals Time
1 Murray, Adam	12 City of Cardiff	29.90

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Finals ... (Event 47 Boys 11-12 50 SC Meter Freestyle)

Name	Age Team	Finals Time
2 Leach, Owen	12 Bridgend	31.02
3 Griffiths, Alex	12 Blaenafon B	31.04
4 Ernest, Noah	12 City of Cardiff	31.20
5 Wardhaugh, Cai	11 City of Cardiff	32.13
6 Knight, Jack	12 City of Newport	33.11
7 Baos, Morgan	12 City of Cardiff	33.31
8 Parfitt, Mason	12 Heads of Valley	33.63

Event 47 Boys 11-12 50 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Murray, Adam	12 City of Cardiff	29.91
2 Griffiths, Alex	12 Blaenafon B	30.74
3 Ernest, Noah	12 City of Cardiff	30.81
4 Leach, Owen	12 Bridgend	30.98
5 Knight, Jack	12 City of Newport	32.53
6 Wardhaugh, Cai	11 City of Cardiff	32.99
7 Baos, Morgan	12 City of Cardiff	33.06
8 Parfitt, Mason	12 Heads of Valley	34.24
9 Williams, Thomas	12 Rhondda	34.34
10 Wisden, Dylan	11 Bridgend	34.36
11 Arnold, Jack	12 Abertillery	34.60
12 Copen, Jensen	12 Chepstow	34.85
13 Edwards, Kaden	11 City of Cardiff	35.25
14 Young, Ellis	12 City of Cardiff	35.74
15 Selby, Morgan	12 Llantrisant	36.18
16 Johnson, Finnley	12 City of Newport	36.70
17 Salehi-Reyhani, Afshin	11 Cwmbran	37.45
18 Allen-Ridge, Kasey	11 Abertillery	37.88
19 Roberts, Ben	12 Caerphilly	37.89
20 Clement, Logan	11 Llantrisant	37.96
21 Chadwick, Isaac	12 Llantrisant	38.21
22 Hollings, Riley	11 Abertillery	38.76
23 Tan, Nicholas	11 Pontypridd	39.76
24 Layzell, Alexander	12 Merthyr Tydfil	39.87
--- Tucker, Callum	12 Chepstow	DQ

Event 48 Girls 10 Year Olds 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Rosser, Cerys	10 Torfaen Dolphins	1:26.77
2 Stride, Tamzin	10 Cwmbran	1:31.41
3 Overton, Caitlin	10 Abertillery	1:39.20
4 Mulligan, Millie	10 City of Newport	1:39.50
--- Hallett, Jo	10 Chepstow	x1:54.59

Event 48 Girls 10 Year Olds 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Rosser, Cerys	10 Torfaen Dolphins	1:28.55
2 Stride, Tamzin	10 Cwmbran	1:30.81
3 Mulligan, Millie	10 City of Newport	1:36.75
4 Overton, Caitlin	10 Abertillery	1:39.66
5 Hallett, Jo	10 Chepstow	1:52.01
--- Walker, Eleanor	10 Chepstow	DQ

Event 48 Girls 11-12 100 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Hoare, Emily	12 Bridgend	1:11.13

2 Withers-Boalch, Georgina	12 City of Cardiff	1:12.21
3 Harry, Darcey	12 City of Cardiff	1:12.68
4 Morris, Emily	12 Bridgend	1:16.63
5 De Torres, Becci	11 City of Cardiff	1:21.02
6 Witchell, Bethan	12 City of Cardiff	1:21.50
7 Shelton, Amy	11 City of Cardiff	1:21.69
8 Beynon, Bethan	12 City of Cardiff	1:24.36

Event 48 Girls 11-12 100 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Hoare, Emily	12 Bridgend	1:11.01
2 Withers-Boalch, Georgina	12 City of Cardiff	1:12.40
3 Harry, Darcey	12 City of Cardiff	1:13.08
4 Morris, Emily	12 Bridgend	1:16.60
5 Witchell, Bethan	12 City of Cardiff	1:20.74
6 Shelton, Amy	11 City of Cardiff	1:21.42
7 De Torres, Becci	11 City of Cardiff	1:21.59
8 Beynon, Bethan	12 City of Cardiff	1:22.85
9 Carr, Georgia	12 City of Cardiff	1:23.56
10 Davidson, Hannah	12 Bridgend	1:24.09
11 Porter, Emma	12 Torfaen Dolphins	1:24.19
12 Colley, Lauren	11 Bridgend	1:24.21
13 Phillips, Ella	12 City of Cardiff	1:24.42
14 Domican, Rosie	11 City of Cardiff	1:25.16
15 Marsh, Sophie	12 Merthyr Tydfil	1:25.72
16 Brunnock, Emily	12 City of Newport	1:26.50
17 Rowe, Rhiannon	11 Heads of Valley	1:26.88
18 Teagle, Eilir	11 Merthyr Tydfil	1:27.25
19 Protheroe, Chloe	12 Bridgend	1:27.59
20 Evans, Penny	12 Llantrisant	1:28.65
21 Warrender, Niamh	11 Torfaen Dolphins	1:29.01
22 Kehl, Harriet	12 Llantrisant	1:29.05
23 Goddard, Mia	12 City of Cardiff	1:29.27
24 Tarpey, Aoife	11 Bridgend	1:29.39
25 O'Callaghan, Jennifer	11 City of Cardiff	1:31.36
26 Nicholas, Catrin	12 Bridgend	1:31.90
27 Ellis, Jasmine	11 Cwmbran	1:33.94
28 Griffith, Lili	12 Llantrisant	1:35.05
29 Palin, Maisy	11 Heads of Valley	1:36.12
30 Brasington, Isabel	11 Heads of Valley	1:36.41
31 Beynon, Lucy	12 Chepstow	1:38.63
32 Groves, Ella-Mai	12 Blaenafon B	1:42.05
--- Morgans, Caitlin	12 Caerphilly	DQ

Event 49 Boys 13-14 200 SC Meter Freestyle

Name	Age Team	Finals Time
1 Evans, Ioan	13 Bridgend	2:06.06
2 Parfitt, Shaye	14 Heads of Valley	2:10.11
3 Baker, Luke	14 Torfaen Dolphins	2:10.42
4 Beetham, Jacob	14 City of Newport	2:13.31
5 Clarke, Kameron	13 Cwmbran	2:13.35
6 Newman, Bradley	14 City of Cardiff	2:14.95
7 Savva, Theo	13 City of Cardiff	2:16.35
8 Wardhaugh, Rhys	13 City of Cardiff	2:20.02
9 Harris, Max	13 City of Newport	2:20.69
10 Davies, Joe	13 Torfaen Dolphins	2:28.48
11 Steven, Ryan	13 City of Newport	2:28.84
12 Rickard-Frost, Celyn	13 City of Cardiff	2:29.17
13 Greenslade, Josh	14 Torfaen Dolphins	2:29.29
14 Cousins, Jacob	13 Llantrisant	2:30.09

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(Event 49 Boys 13-14 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
15 Thompson, Morgan	13	City of Cardiff	2:30.22
16 Cooper, Elliot	14	City of Cardiff	2:31.68
17 Thomas, Joshua	14	Merthyr Tydfil	2:32.04
18 Gibbs, Morgan	13	Bridgend	2:33.28
19 Couston, Will	13	City of Cardiff	2:36.54
20 Colmsee, William	13	City of Cardiff	2:36.81
21 Taylor, Samuel	14	Caerphilly	2:37.25
22 Hancock, Ethan	14	Merthyr Tydfil	2:37.44
23 Bradbury, Kai	14	Cwmbran	2:48.62
24 Watkins, Lloyd	14	Cwmbran	2:49.93
--- Fernandez-John, Jac	13	Caerphilly	x2:52.36

Event 49 Boys 15-16 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Rickard-Frost, Rhys	16	City of Cardiff	1:59.82
2 Hodgson, Ben	16	Bridgend	1:59.88
3 Davies, Logan	15	Torfaen Dolphins	2:00.74
4 James, Rhys	15	City of Cardiff	2:03.16
5 Fairless, Jon	16	Torfaen Dolphins	2:05.62
6 Coombes, Jay	15	Llantrisant	2:06.29
7 Jones, Daniel	16	Torfaen Dolphins	2:06.58
8 Sherman, Ben	15	Torfaen Dolphins	2:08.73
9 Flanigan, Andrew	15	City of Cardiff	2:09.22
10 Cook, Jacob	15	City of Cardiff	2:10.61
11 John, Lewys	15	City of Cardiff	2:10.87
12 Boladz, Tomas	16	Torfaen Dolphins	2:11.44
13 Herbert, Tomos	15	City of Cardiff	2:14.34
14 Wakefield, Joshua	15	Abertillery	2:14.38
15 Hunt-cosh, James	16	Heads of Valley	2:14.40
16 Jones, Luke	16	Rhondda	2:14.64
17 Napper, Keenan	16	Rhondda	2:15.83
18 Sherlock, Evan	16	City of Newport	2:16.05
19 Taylor, Joshua	16	Caerphilly	2:16.28
20 Pryse, Elis	15	Llantrisant	2:16.38
21 Russell, Kory	15	City of Cardiff	2:18.15
22 James, Morgan	16	Llantrisant	2:19.47
23 Parkinson, Jamie	15	Torfaen Dolphins	2:20.74
24 Cleverly, Joseph	15	City of Cardiff	2:21.03
25 Hollings, Bradley	16	Abertillery	2:21.64
26 Hathaway, Jack	15	City of Cardiff	2:21.73
27 Crispie, Conor	15	City of Cardiff	2:22.17
28 Mullins, Joshua	15	Merthyr Tydfil	2:23.98
29 Jenkins, Cameron	16	Llantrisant	2:24.85
30 Francis, Iestyn	16	Llantrisant	2:26.59
31 Roberts, Daniel	15	Caerphilly	2:27.51
32 Cook, Owain	15	Bridgend	2:31.35
33 Andrews, Lewis	15	Cwmbran	2:32.05
34 Morgans, Rhys	15	Caerphilly	2:35.92

Event 49 Boys 17 & Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Brown, Cameron	19	City of Newport	1:53.15
2 Acland, Connor	19	City of Newport	1:56.81
3 Ryley, William	17	City of Newport	1:57.48
4 Pardoe, Callum	19	Torfaen Dolphins	1:57.71
5 Rosser, Alex	19	Torfaen Dolphins	1:59.14
6 Lewis, Ashley	21	Bridgend	2:00.40
7 Abdulmajed, Zayd	17	Bridgend	2:00.50
8 Davies, James	17	City of Cardiff	2:02.58
9 Durrant, William	17	Bridgend	2:03.41

10 Townsend, Oliver	18	Torfaen Dolphins	2:05.05
11 Price, Matthew	19	Torfaen Dolphins	2:05.88
12 Davies, Grant	19	Llantrisant	2:06.05
13 Dibben, Gethin	19	Bridgend	2:06.06
14 Mason, Peter	17	City of Cardiff	2:07.27
15 Davies, Matthew	19	Heads of Valley	2:07.38
16 Jones, Rhys	18	Llantrisant	2:09.17
17 Wilcox, Sam	17	City of Cardiff	2:09.83
18 Sutton, Morgan	17	Bridgend	2:10.77
19 Matthews, Dewi	18	Rhondda	2:11.76
20 Thomas, Daniel	18	Cwmbran	2:12.47
21 Elliott, Alex	17	Torfaen Dolphins	2:14.41
22 Brown, Ethan	17	Llantrisant	2:15.84
23 Davies, Owain	17	Heads of Valley	2:16.93

Event 50 Boys 11-12 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Szentpeteri, Mark	11	City of Cardiff	2:56.24
2 Leach, Owen	12	Bridgend	2:56.28

Event 51 Girls 13-14 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Sutton, Rebecca	14	Bridgend	2:42.41
2 Boswall, Marnie	14	City of Cardiff	2:47.94
3 Powell, Lowri	14	Torfaen Dolphins	2:50.62
4 Bryce, Millie	13	Bridgend	2:52.86
5 Horton, Ellie	13	City of Newport	2:53.94
6 John, Catrin	14	City of Cardiff	2:53.98
7 McCloy, Ellie	14	Bridgend	2:56.77
8 Thomas, Niamh	14	City of Newport	2:59.62
9 Board, Mia	13	City of Newport	3:00.23
10 Warrender, Meg	14	Torfaen Dolphins	3:01.00
11 Holmes, Eleri	13	City of Cardiff	3:02.30
12 McAllister-Sutton, Lily	13	City of Cardiff	3:03.72
13 Hutchinson, Lili-May	13	City of Cardiff	3:03.97
14 Morris, Niamh	14	City of Cardiff	3:07.46
15 Barry, Eva	13	City of Newport	3:07.57
16 Rutter, Jessica	13	City of Cardiff	3:09.01
17 Higgins, Catrina	13	Heads of Valley	3:13.46
18 Palin, Molly	14	Heads of Valley	3:14.68
19 McRae, Mair	13	Blaenafon B	3:17.24
*20 Childs, Laura	13	City of Cardiff	3:17.82
*20 Hollings, Georgia	14	Abertillery	3:17.82
22 Davidson, Sarah	14	Bridgend	3:18.36
23 Maiden, Mya	14	Merthyr Tydfil	3:19.14
24 Davies, Katie	14	Merthyr Tydfil	3:19.45
25 Randall, Sophie	14	Chepstow	3:19.60
26 Pike, Awel	13	Pontypridd	3:23.87
27 Harris, Shannon	14	Cwmbran	3:24.81
28 Morgan, Grace	13	City of Cardiff	3:26.56
29 Klappholz, Rebecca	14	Heads of Valley	3:29.06
30 Teagle, Arwen	14	Merthyr Tydfil	3:31.08
31 Morgan, Sophie	13	Llantrisant	3:31.27
32 Walker, Caitlin	13	City of Cardiff	3:31.42
33 Davies, Megan	13	Bridgend	3:31.64
34 Underwood, Rebecca	13	Cwmbran	3:39.98

Event 51 Girls 15-16 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Coley, Cerys	16	City of Newport	2:33.18
2 Beynon, Annaliese	15	City of Cardiff	2:50.09
3 Meese, Anna	15	City of Newport	2:52.72
4 Watts, Morgan	15	City of Cardiff	2:53.59

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(Event 51 Girls 15-16 200 SC Meter Breaststroke)

Name	Age Team	Finals Time
5 Nicholas, Megan	15 Bridgend	2:53.65
6 Xerri, Caitlin	16 City of Cardiff	2:56.92
7 Murray, Olivia	16 City of Cardiff	2:58.43
8 Andrews, Rebecca	15 City of Cardiff	2:59.29
9 Groves, Alicia	15 Cwmbran	2:59.48
10 Beard, Celyn	15 Torfaen Dolphins	3:03.36
11 Gilson, Robyn	15 Abertillery	3:05.44
12 Haines, Rhiannon	15 Bridgend	3:06.31
13 Meredith, Rebecca	15 Llantrisant	3:07.57
14 Eckley, Megan	15 City of Cardiff	3:08.81
15 Huntley, Amy	15 City of Cardiff	3:10.21
16 Groves, Chloe	16 Blaenafon B	3:12.29
17 Winter, Taylor	15 City of Newport	3:18.47
18 Partridge, Morgan	15 Abertillery	3:20.80
19 Johnson, Joanna	15 Chepstow	3:35.14
20 Hughes, Amy	15 City of Newport	3:35.42
21 Millard, Harriet	16 Rhondda	3:37.00

Event 51 Girls 17 & Over 200 SC Meter Breaststroke

Name	Age Team	Finals Time
1 Sloan, Bethan	19 Bridgend	2:32.10
2 Rees, Katie	17 Bridgend	2:38.25
3 Hoyle, Katie	17 Torfaen Dolphins	2:46.24
4 Harris, Seren	17 City of Cardiff	2:49.96
5 Thomas, Hannah	17 Merthyr Tydfil	3:07.09
6 Lewis, Emily	17 Torfaen Dolphins	3:07.51

Event 52 Boys 13-14 50 SC Meter Backstroke

Name	Age Team	Finals Time
1 Parfitt, Shaye	14 Heads of Valley	30.52
2 Evans, Ioan	13 Bridgend	30.88
3 Beetham, Jacob	14 City of Newport	30.92
4 Wardhaugh, Rhys	13 City of Cardiff	33.47
5 Gibbs, Morgan	13 Bridgend	34.34
6 Taylor, Samuel	14 Caerphilly	34.79
7 Savage- Taylor, Tomos	13 Heads of Valley	35.82
8 Hunt, Tobias	14 Bridgend	37.03

Event 52 Boys 13-14 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Evans, Ioan	13 Bridgend	30.66
2 Parfitt, Shaye	14 Heads of Valley	30.71
3 Beetham, Jacob	14 City of Newport	31.18
4 Taylor, Samuel	14 Caerphilly	35.05
5 Wardhaugh, Rhys	13 City of Cardiff	35.10
6 Savage- Taylor, Tomos	13 Heads of Valley	36.30
7 Gibbs, Morgan	13 Bridgend	37.16
8 Hunt, Tobias	14 Bridgend	37.70
9 Watkins, Lloyd	14 Cwmbran	37.70
10 Hall, Daniel	13 Chepstow	37.89
11 Colmsee, William	13 City of Cardiff	38.30
12 O Connell, Kian	13 Heads of Valley	38.80
13 Cooper, Elliot	14 City of Cardiff	39.08
14 Cousins, Jacob	13 Llantrisant	40.10
15 Hayes, Harrison	13 City of Newport	40.22
16 Lloyd, Rhys	13 Llantrisant	40.57
--- Newman, Bradley	14 City of Cardiff	DQ

Event 52 Boys 15-16 50 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 James, Rhys	15 City of Cardiff	29.23
2 Coombes, Jay	15 Llantrisant	29.87
3 Baugh, Jordan	15 Abertillery	30.83
4 Boladz, Tomas	16 Torfaen Dolphins	31.06
5 Bryce, Aidan	15 City of Newport	31.65
6 Jones, Luke	16 Rhondda	32.32
7 Russell, Kory	15 City of Cardiff	32.97
8 Parkinson, Jamie	15 Torfaen Dolphins	33.36

Event 52 Boys 15-16 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 James, Rhys	15 City of Cardiff	29.41
2 Coombes, Jay	15 Llantrisant	30.56
3 Baugh, Jordan	15 Abertillery	31.46
4 Boladz, Tomas	16 Torfaen Dolphins	31.70
5 Bryce, Aidan	15 City of Newport	32.06
6 Jones, Luke	16 Rhondda	32.45
7 Parkinson, Jamie	15 Torfaen Dolphins	32.91
8 Russell, Kory	15 City of Cardiff	33.28
9 Sherlock, Evan	16 City of Newport	33.35
10 Taylor, Joshua	16 Caerphilly	33.77
11 Knupp, Kabir	15 City of Cardiff	34.06
12 Crispie, Conor	15 City of Cardiff	34.44
13 Thomas, Lewis	15 Llantrisant	34.59
14 Jenkins, Cameron	16 Llantrisant	34.71
15 Pryse, Elis	15 Llantrisant	34.72
16 Price, Dafydd	15 Torfaen Dolphins	35.20
17 Cleverly, Joseph	15 City of Cardiff	35.27
18 Francis, Iestyn	16 Llantrisant	35.74

Event 52 Boys 17 & Over 50 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Jones, Dylan	19 Torfaen Dolphins	27.30
2 Abdulmajed, Zayd	17 Bridgend	28.26
3 Durrant, William	17 Bridgend	28.86
4 Ryley, William	17 City of Newport	29.10
5 Davies, Matthew	19 Heads of Valley	29.85
6 Skuse, Jac	17 City of Cardiff	30.65
7 Jones, Rhys	18 Llantrisant	30.82
8 Bridges, Dylan	18 Llantrisant	31.03

Event 52 Boys 17 & Over 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Jones, Dylan	19 Torfaen Dolphins	27.83
2 Abdulmajed, Zayd	17 Bridgend	28.38
3 Durrant, William	17 Bridgend	28.90
4 Ryley, William	17 City of Newport	29.54
5 Davies, Matthew	19 Heads of Valley	30.11
6 Jones, Rhys	18 Llantrisant	30.54
7 Skuse, Jac	17 City of Cardiff	31.11
8 Bridges, Dylan	18 Llantrisant	31.29
9 Davies, Grant	19 Llantrisant	31.38
10 Eddy, William	17 City of Cardiff	31.89
11 Cottrell, Richard	17 City of Cardiff	31.92

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Preliminaries ... (Event 52 Boys 17 & Over 50 SC Meter Backstroke)

Name	Age Team	Prelim Time
12 Goggin-Jones, Evan	17 Merthyr Tydfil	32.42
13 Brown, Ethan	17 Llantrisant	33.06
14 Elliott, Alex	17 Torfaen Dolphins	33.91

Event 53 Girls 13-14 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Sutton, Rebecca	14 Bridgend	29.69
2 Allison, Megan	13 City of Newport	31.73
3 Watson, Freya	14 Heads of Valley	32.09
4 McAllister-Sutton, Lily	13 City of Cardiff	32.29
5 Richards, Brooke	13 Llantrisant	32.93
6 Childs, Laura	13 City of Cardiff	32.98
7 Lewis, Helen	13 Merthyr Tydfil	33.25
8 Morris, Ciara	13 City of Cardiff	33.31

Event 53 Girls 13-14 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Sutton, Rebecca	14 Bridgend	30.15
2 Allison, Megan	13 City of Newport	32.10
3 Watson, Freya	14 Heads of Valley	32.12
4 McAllister-Sutton, Lily	13 City of Cardiff	32.44
5 Childs, Laura	13 City of Cardiff	33.35
6 Lewis, Helen	13 Merthyr Tydfil	33.51
*7 Morris, Ciara	13 City of Cardiff	33.59
*7 Richards, Brooke	13 Llantrisant	33.59
9 Morgan, Mackenzie	13 Torfaen Dolphins	33.64
10 Harries, Megan	14 Merthyr Tydfil	33.67
11 Randell, Niamh	14 Llantrisant	33.81
12 Warrender, Meg	14 Torfaen Dolphins	34.17
13 Morris, Niamh	14 City of Cardiff	34.58
14 Bryce, Millie	13 Bridgend	35.40
15 Childs, Darcie	14 City of Newport	35.49
16 Hollings, Georgia	14 Abertillery	35.66
17 Barry, Eva	13 City of Newport	35.77
18 Arch, Mared	13 City of Cardiff	35.78
19 Goodfellow, Roz	14 Chepstow	36.57
20 Wilkins, Evie	14 Heads of Valley	36.99
21 Morgan, Grace	13 City of Cardiff	37.35
22 Maiden, Mya	14 Merthyr Tydfil	38.65
23 Harper, Fizz	14 Chepstow	38.83
*24 Watkins, Rhiannon	14 Blaenafon B	38.89
*24 Palin, Molly	14 Heads of Valley	38.89
26 McCulloch, Ffion	13 City of Cardiff	39.06
27 Davies, Eve	14 Bridgend	39.81
28 Thomas, Ellie	14 Blaenafon B	40.08
29 Dewar, Megan	13 Cwmbran	40.43
*30 Rowles, Freya	14 Blaenafon B	40.65
*30 Heward, Demi	14 Blaenafon B	40.65
32 Geen, Alicia	13 Cwmbran	40.67
33 Noyes, Jordan	14 Cwmbran	41.38
34 Harris-Thomas, Elle	13 Chepstow	41.97
35 Johnson, Charlie-Ann	13 City of Newport	42.38
36 Davies, Cerys	13 Cwmbran	43.78

Event 53 Girls 15-16 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Compton, Olivia	15 Bridgend	29.92
2 Burch, India	15 City of Cardiff	30.35
3 Stockley, Lauren	16 Torfaen Dolphins	30.39
4 Sutton, Emma	16 Llantrisant	30.51
5 Walters, Jessie	16 Llantrisant	30.92
6 Squire, Megan	16 City of Cardiff	31.07
7 Beynon, Annaliese	15 City of Cardiff	31.08
8 Collingbourne, Sioned	15 City of Newport	31.66

Event 53 Girls 15-16 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Compton, Olivia	15 Bridgend	30.16
2 Stockley, Lauren	16 Torfaen Dolphins	30.48
3 Burch, India	15 City of Cardiff	30.53
4 Sutton, Emma	16 Llantrisant	30.93
5 Walters, Jessie	16 Llantrisant	31.04
6 Squire, Megan	16 City of Cardiff	31.15
7 Beynon, Annaliese	15 City of Cardiff	31.20
8 Collingbourne, Sioned	15 City of Newport	31.65
9 Mountjoy, Zoe	16 Bridgend	31.72
10 Harvey, Morgan	15 City of Cardiff	31.73
11 Jerrett, Bethan	15 City of Cardiff	31.74
12 McCormack, Ciara	16 City of Cardiff	32.06
13 McCulloch, Elizabeth	16 City of Cardiff	32.10
14 Sloan, Hannah	15 Bridgend	32.30
15 Murray, Claudia	15 City of Cardiff	32.87
*16 Nicholas, Megan	15 Bridgend	33.35
*16 Thomas, Megan	16 City of Cardiff	33.35
18 Eckley, Megan	15 City of Cardiff	33.66
19 Andrews, Ffion	15 City of Cardiff	33.78
20 Gilson, Robyn	15 Abertillery	34.04
21 Groves, Alicia	15 Cwmbran	34.23
22 Murray, Olivia	16 City of Cardiff	34.39
23 Horscroft-Preest, Bethan	15 Llantrisant	35.68
24 Huntley, Amy	15 City of Cardiff	35.74
25 Partridge, Morgan	15 Abertillery	37.10
26 Jones, Molly	16 Llantrisant	39.14

Event 53 Girls 17 & Over 50 SC Meter Butterfly

Name	Age Team	Finals Time
Finals		
1 Jones, Harriet	18 City of Cardiff	28.23
2 Al Kelaby, Zena	17 City of Cardiff	29.50
3 Connolly, Bethan	17 City of Cardiff	29.78
4 Oliver, Carys	17 Llantrisant	30.61
5 Stevenson, Emilia	17 Bridgend	30.64
6 Ashton, Laura	18 Bridgend	31.01
7 Jenkins, Poppy	18 City of Cardiff	31.46
8 Flynn, Lauren	17 Merthyr Tydfil	32.76

Event 53 Girls 17 & Over 50 SC Meter Butterfly

Name	Age Team	Prelim Time
Preliminaries		
1 Jones, Harriet	18 City of Cardiff	28.52
2 Al Kelaby, Zena	17 City of Cardiff	29.56
3 Connolly, Bethan	17 City of Cardiff	29.88
4 Stevenson, Emilia	17 Bridgend	31.01

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Preliminaries ... (Event 53 Girls 17 & Over 50 SC Meter Butterfly)

Name	Age Team	Prelim Time
5 Ashton, Laura	18 Bridgend	31.10
6 Oliver, Carys	17 Llantrisant	31.21
7 Jenkins, Poppy	18 City of Cardiff	32.48
8 Flynn, Lauren	17 Merthyr Tydfil	32.59
9 Hunt, Imogen	17 Bridgend	32.82
10 Boyles, Hedd-Wyn	17 Caerphilly	34.07
11 Dewar, Cerys	17 Cwmbran	34.12
12 Thomas, Chloe	17 Bridgend	36.85

Event 54 Boys 11-12 100 SC Meter Butterfly

Name	Age Team	Finals Time
1 Leach, Owen	12 Bridgend	1:15.23
2 Knight, Jack	12 City of Newport	1:16.17
3 Murray, Adam	12 City of Cardiff	1:16.38
4 Szentpeteri, Mark	11 City of Cardiff	1:21.95

Event 54 Boys 11-12 100 SC Meter Butterfly

Name	Age Team	Prelim Time
1 Leach, Owen	12 Bridgend	1:15.76
2 Murray, Adam	12 City of Cardiff	1:17.26
3 Knight, Jack	12 City of Newport	1:18.72
4 Szentpeteri, Mark	11 City of Cardiff	1:24.78
5 Parfitt, Mason	12 Heads of Valley	1:31.81

Event 55 Boys 13-14 400 SC Meter IM

Name	Age Team	Finals Time
1 Evans, Ioan	13 Bridgend	4:59.75
2 Davies, Ioan	14 City of Cardiff	5:04.72
3 Richards, Owen	14 Torfaen Dolphins	5:13.24
4 Savva, Theo	13 City of Cardiff	5:15.80
5 Parfitt, Shaye	14 Heads of Valley	5:17.19
6 Baker, Luke	14 Torfaen Dolphins	5:17.29
7 Chim, Danny	14 Bridgend	5:31.79
8 Wardhaugh, Rhys	13 City of Cardiff	5:39.34
9 Rickard-Frost, Celyn	13 City of Cardiff	5:47.32
10 O Connell, Kian	13 Heads of Valley	6:11.44
11 Cooper, Elliot	14 City of Cardiff	6:11.56
12 Cousins, Jacob	13 Llantrisant	6:16.73

Event 55 Boys 15-16 400 SC Meter IM

Name	Age Team	Finals Time
1 Rickard-Frost, Rhys	16 City of Cardiff	4:49.25
2 Waters, Lewis	16 City of Newport	4:52.83
3 Flanigan, Andrew	15 City of Cardiff	4:55.63
4 Hodgson, Ben	16 Bridgend	4:56.51
5 Cook, Jacob	15 City of Cardiff	5:08.75
6 Hunt-cosh, James	16 Heads of Valley	5:12.32
7 Jenkins, Cameron	16 Llantrisant	5:37.56
8 Mullins, Joshua	15 Merthyr Tydfil	5:45.86
9 Cleverly, Joseph	15 City of Cardiff	5:49.21
10 Thomas, Lewis	15 Llantrisant	5:53.42

Event 55 Boys 17 & Over 400 SC Meter IM

Name	Age Team	Finals Time
1 Davies, Brandon	19 Torfaen Dolphins	4:53.95
2 Davies, Grant	19 Llantrisant	4:53.96
3 Jones, Daniel	17 City of Cardiff	5:01.47
4 Sutton, Morgan	17 Bridgend	5:05.89

5 Bailey, James	17 City of Cardiff	5:23.89
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Event 56 Girls 13-14 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Sutton, Rebecca	14 Bridgend	4:21.18
2 Blake, Sophie	14 Torfaen Dolphins	4:50.61
3 McAllister-Sutton, Lily	13 City of Cardiff	4:50.88
4 Davies, Cati	14 Bridgend	4:50.91
5 Thomas, Niamh	14 City of Newport	4:52.68
6 Ezard, Emily	13 Bridgend	4:54.52
7 Watson, Freya	14 Heads of Valley	4:59.88
8 Bryce, Millie	13 Bridgend	5:02.24
9 Kelly, Ruby	13 City of Newport	5:03.52
10 Hollings, Georgia	14 Abertillery	5:06.13
11 Lawlor, Ciara	13 City of Newport	5:08.29
12 Thomas, Amy	13 Bridgend	5:09.63
13 Hutchinson, Lili-May	13 City of Cardiff	5:11.65
14 Richards, Brooke	13 Llantrisant	5:12.20
15 Morris, Ciara	13 City of Cardiff	5:13.01
16 Randell, Niamh	14 Llantrisant	5:13.02
17 Davies, Katie	14 Merthyr Tydfil	5:13.13
18 Higgins, Catrina	13 Heads of Valley	5:13.56
19 Maiden, Mya	14 Merthyr Tydfil	5:14.11
20 Childs, Darcie	14 City of Newport	5:15.07
21 McCulloch, Ffion	13 City of Cardiff	5:25.51
22 Snow, Sophie	13 City of Cardiff	5:26.03
23 Cope, Megan	13 Merthyr Tydfil	5:27.26
24 Foley, Caitlin	14 Merthyr Tydfil	5:28.51
25 Mason, Teoni	13 Blaenafon B	5:32.23
26 Walker, Caitlin	13 City of Cardiff	5:34.22
27 Lewis, Helen	13 Merthyr Tydfil	5:34.69
28 Wilkins, Evie	14 Heads of Valley	5:38.11
29 Palin, Molly	14 Heads of Valley	5:40.81
30 Morgan, Sophie	13 Llantrisant	5:45.80
31 Teagle, Arwen	14 Merthyr Tydfil	5:48.15
32 Harris, Shannon	14 Cwmbran	5:49.89
33 Goold, Jessica	13 Heads of Valley	5:56.16
34 Flack, Eleanor	14 Chepstow	6:10.48

Event 56 Girls 15-16 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Morgan, Grace	15 Bridgend	4:26.39
2 Sloan, Hannah	15 Bridgend	4:27.02
3 Harvey, Morgan	15 City of Cardiff	4:30.23
4 Richards, Amy	16 Heads of Valley	4:32.20
5 Squire, Megan	16 City of Cardiff	4:34.70
6 Compton, Olivia	15 Bridgend	4:34.75
7 Jerrett, Bethan	15 City of Cardiff	4:39.29
8 Davies, Eleri	15 Bridgend	4:40.87
9 McCulloch, Elizabeth	16 City of Cardiff	4:41.71
10 Murray, Claudia	15 City of Cardiff	4:41.76
11 Thomas, Emme	15 City of Newport	4:41.77
12 Evans, Nia	15 City of Cardiff	4:42.36
13 Haines, Rhiannon	15 Bridgend	4:43.88
14 Sutton, Emma	16 Llantrisant	4:44.01
15 Gibbs, Livvy	15 Bridgend	4:44.72
16 Collingbourne, Sioned	15 City of Newport	4:46.23
17 Murray, Olivia	16 City of Cardiff	4:46.93
18 Jones, Hannah	15 City of Newport	4:47.41
19 Andrews, Ffion	15 City of Cardiff	4:56.90
20 Edmonds, Amelia	16 Llantrisant	5:01.32
21 Beard, Celyn	15 Torfaen Dolphins	5:03.36

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(Event 56 Girls 15-16 400 SC Meter Freestyle)

Name	Age	Team	Finals Time
22 Waite, Ffion	16	City of Newport	5:07.53
23 Eckley, Megan	15	City of Cardiff	5:08.78
24 Huntley, Amy	15	City of Cardiff	5:11.82
25 Causon, Hannah	15	Merthyr Tydfil	5:16.22
26 Evans, Seren	15	City of Cardiff	5:21.69
27 Davies, Lauren	16	Llantrisant	5:41.28
28 Millard, Harriet	16	Rhondda	6:02.39

Event 56 Girls 17 & Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Stevenson, Emilia	17	Bridgend	4:18.97
2 Rees, Katie	17	Bridgend	4:26.08
3 Harris, Seren	17	City of Cardiff	4:26.52
4 Al Kelaby, Zena	17	City of Cardiff	4:26.86
5 Hoyle, Katie	17	Torfaen Dolphins	4:28.19
6 Ashton, Laura	18	Bridgend	4:30.12
7 Matthews, Brody	17	Abertillery	4:39.63
8 Thomas, Louisa	17	Bridgend	4:57.28
9 Flynn, Lauren	17	Merthyr Tydfil	5:14.39

Event 57 Girls 10 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Stephens, Arwen	10	City of Cardiff	1:11.62
2 Rosser, Cerys	10	Torfaen Dolphins	1:14.69
3 Stride, Tamzin	10	Cwmbran	1:20.55
4 Faulkner, Marie	10	Caerphilly	1:27.32
5 Withers-Boalch, Isobel	10	City of Cardiff	1:27.65
6 Overton, Caitlin	10	Abertillery	1:28.78
7 Legg, Caitlin	10	Caerphilly	1:28.91
8 Mulligan, Millie	10	City of Newport	1:29.49

Event 57 Girls 10 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
1 Stephens, Arwen	10	City of Cardiff	1:12.95
2 Rosser, Cerys	10	Torfaen Dolphins	1:16.37
3 Stride, Tamzin	10	Cwmbran	1:18.73
4 Overton, Caitlin	10	Abertillery	1:26.84
5 Faulkner, Marie	10	Caerphilly	1:27.22
6 Legg, Caitlin	10	Caerphilly	1:28.69
7 Mulligan, Millie	10	City of Newport	1:29.11
8 Withers-Boalch, Isobel	10	City of Cardiff	1:30.05
9 Hallett, Jo	10	Chepstow	1:36.81

Event 57 Girls 11-12 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Major, Scarlet	12	City of Newport	1:03.66
2 Harry, Darcey	12	City of Cardiff	1:04.15
3 Morris, Emily	12	Bridgend	1:05.24
4 Withers-Boalch, Georgina	12	City of Cardiff	1:06.00
5 Moretti, Morgana	12	City of Cardiff	1:06.92
6 Hoare, Emily	12	Bridgend	1:07.24
7 De Torres, Becci	11	City of Cardiff	1:08.10
8 Carr, Georgia	12	City of Cardiff	1:09.04

Event 57 Girls 11-12 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Major, Scarlet	12	City of Newport	1:04.10
2 Harry, Darcey	12	City of Cardiff	1:04.57
3 Morris, Emily	12	Bridgend	1:04.89
4 Withers-Boalch, Georgina	12	City of Cardiff	1:06.61
5 Moretti, Morgana	12	City of Cardiff	1:07.47
6 Hoare, Emily	12	Bridgend	1:07.80
7 Carr, Georgia	12	City of Cardiff	1:08.76
8 De Torres, Becci	11	City of Cardiff	1:09.06
9 Cowley, Jessica	12	Torfaen Dolphins	1:10.64
10 Witchell, Bethan	12	City of Cardiff	1:11.59
11 Shelton, Amy	11	City of Cardiff	1:12.16
12 Marsh, Sophie	12	Merthyr Tydfil	1:12.99
13 Beynon, Bethan	12	City of Cardiff	1:13.34
14 Phillips, Ella	12	City of Cardiff	1:13.85
15 Boswall, Saffron	11	City of Cardiff	1:14.51
16 Protheroe, Chloe	12	Bridgend	1:14.82
17 Baker, Alyssa	11	Torfaen Dolphins	1:15.22
18 Skyrme, Lowri	12	City of Cardiff	1:15.59
19 Colley, Lauren	11	Bridgend	1:15.85
20 Vaisey, Cerys	12	Abertillery	1:15.87
21 Domican, Rosie	11	City of Cardiff	1:16.17
22 Teagle, Eilir	11	Merthyr Tydfil	1:16.27
23 Cottrell, Emma	12	City of Cardiff	1:16.77
24 Date, Alana	11	City of Cardiff	1:17.47
25 Nicholas, Catrin	12	Bridgend	1:18.87
26 Rowe, Rhiannon	11	Heads of Valley	1:18.91
27 Porter, Emma	12	Torfaen Dolphins	1:19.15
28 Williams, Mia	12	Llantrisant	1:20.13
29 Tarpey, Aoife	11	Bridgend	1:20.18
30 O'Callaghan, Jennifer	11	City of Cardiff	1:21.12
31 Palin, Maisy	11	Heads of Valley	1:21.40
32 Leaf, Hattie	12	Chepstow	1:23.53
33 Morgan, Isabel	11	City of Cardiff	1:23.60
34 Hallett, Isabel	12	Chepstow	1:23.92
35 Thorne, Immie	12	Chepstow	1:23.97
36 Fernandez-John, Sofia	11	Caerphilly	1:24.21
*37 Lovell, Madison	11	Heads of Valley	1:26.71
*37 Davies, Ruby	12	Bridgend	1:26.71
39 Dark, Amelia	12	Chepstow	1:28.52
40 Foley, Joanna	12	Merthyr Tydfil	1:29.26
41 Thomas, Zoe	11	Bridgend	1:30.01

Event 58 Boys 10 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Coppen, Harrison	10	Chepstow	49.64
2 Merriman, Ben	10	Heads of Valley	52.51

Event 58 Boys 10 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Coppen, Harrison	10	Chepstow	50.83
2 Merriman, Ben	10	Heads of Valley	52.56
--- Geysen-Holley, Max	10	Bridgend	DQ

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Event 58 Boys 11-12 50 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Ernest, Noah	12 City of Cardiff	41.23
2 Salmon, Carwyn	12 Llantrisant	42.24
3 Murray, Adam	12 City of Cardiff	43.35
4 Davies, Gruff	11 Torfaen Dolphins	43.65
5 Young, Ellis	12 City of Cardiff	46.53
6 Clement, Logan	11 Llantrisant	47.19
7 Salehi-Reyhani, Afshin	11 Cwmbran	47.66
8 Hobbs, Dewi	11 Llantrisant	50.29

Event 58 Boys 11-12 50 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Ernest, Noah	12 City of Cardiff	41.00
2 Salmon, Carwyn	12 Llantrisant	42.23
3 Murray, Adam	12 City of Cardiff	43.43
4 Davies, Gruff	11 Torfaen Dolphins	43.71
5 Young, Ellis	12 City of Cardiff	46.69
6 Clement, Logan	11 Llantrisant	46.94
7 Salehi-Reyhani, Afshin	11 Cwmbran	46.97
8 Hobbs, Dewi	11 Llantrisant	48.18
--- Coppen, Jensen	12 Chepstow	DQ
--- Arnold, Jack	12 Abertillery	DQ
--- Griffiths, Alex	12 Blaenafon B	DQ

Event 59 Girls 10 Year Olds 50 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Stephens, Arwen	10 City of Cardiff	37.93
2 Rosser, Cerys	10 Torfaen Dolphins	39.07
3 Stride, Tamzin	10 Cwmbran	42.99
4 Walker, Eleanor	10 Chepstow	46.32
5 Faulkner, Marie	10 Caerphilly	46.63
6 Overton, Caitlin	10 Abertillery	47.39

Event 59 Girls 10 Year Olds 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Stephens, Arwen	10 City of Cardiff	39.36
2 Rosser, Cerys	10 Torfaen Dolphins	40.16
3 Stride, Tamzin	10 Cwmbran	43.69
4 Walker, Eleanor	10 Chepstow	45.87
5 Faulkner, Marie	10 Caerphilly	45.91
6 Overton, Caitlin	10 Abertillery	47.19
7 Hallett, Jo	10 Chepstow	50.03
8 Keigwin, Daisy	10 Caerphilly	55.01
--- Legg, Caitlin	10 Caerphilly	DQ

Event 59 Girls 11-12 50 SC Meter Backstroke

Name	Age Team	Finals Time
Finals		
1 Harry, Darcey	12 City of Cardiff	34.07
2 Withers-Boalch, Georgina	12 City of Cardiff	34.17
3 Hoare, Emily	12 Bridgend	34.28
4 De Torres, Becci	11 City of Cardiff	35.91
5 Colley, Lauren	11 Bridgend	37.11
6 Carr, Georgia	12 City of Cardiff	37.68
7 Domican, Rosie	11 City of Cardiff	38.66
8 Porter, Emma	12 Torfaen Dolphins	39.20

Event 59 Girls 11-12 50 SC Meter Backstroke

Name	Age Team	Prelim Time
Preliminaries		
1 Harry, Darcey	12 City of Cardiff	34.07
2 Hoare, Emily	12 Bridgend	34.21
3 Withers-Boalch, Georgina	12 City of Cardiff	34.59
4 De Torres, Becci	11 City of Cardiff	36.78
5 Colley, Lauren	11 Bridgend	37.54
6 Shelton, Amy	11 City of Cardiff	37.70
7 Domican, Rosie	11 City of Cardiff	38.07
8 Carr, Georgia	12 City of Cardiff	38.46
9 Porter, Emma	12 Torfaen Dolphins	39.22
10 Cottrell, Emma	12 City of Cardiff	39.28
11 Beynon, Bethan	12 City of Cardiff	39.29
12 Baker, Alyssa	11 Torfaen Dolphins	39.97
13 Phillips, Ella	12 City of Cardiff	40.21
14 Marsh, Sophie	12 Merthyr Tydfil	40.68
15 Rowe, Rhiannon	11 Heads of Valley	41.20
16 Teagle, Eilir	11 Merthyr Tydfil	41.38
17 Morgan, Isabel	11 City of Cardiff	41.63
18 Ward, Ellie	11 City of Newport	41.89
19 O'Callaghan, Jennifer	11 City of Cardiff	42.12
20 Nicholas, Catrin	12 Bridgend	42.37
21 Foley, Joanna	12 Merthyr Tydfil	42.45
22 Leaf, Hattie	12 Chepstow	42.78
23 Griffith, Lili	12 Llantrisant	43.47
24 Beynon, Lucy	12 Chepstow	43.90
25 Hallett, Isabel	12 Chepstow	43.97
26 Date, Alana	11 City of Cardiff	44.08
27 Thorne, Immie	12 Chepstow	44.22
28 Groves, Ella-Mai	12 Blaenafon B	44.45
*29 Palin, Maisy	11 Heads of Valley	44.55
*29 Dallyn, Isobel	11 Chepstow	44.55
31 Thomas, Ashley	11 Llantrisant	45.43
32 Smith, Mia	11 Blaenafon B	46.31
33 Fernandez-John, Sofia	11 Caerphilly	47.08
34 Dark, Amelia	12 Chepstow	47.59
--- Davies, Ruby	12 Bridgend	DQ

Event 60 Boys 13-14 100 SC Meter Freestyle

Name	Age Team	Finals Time
Finals		
1 Davies, Ioan	14 City of Cardiff	58.33
2 Parfitt, Shaye	14 Heads of Valley	59.38
3 Clarke, Kameron	13 Cwmbran	59.57
4 Evans, Ioan	13 Bridgend	59.65
5 Richards, Owen	14 Torfaen Dolphins	59.95
6 Beetham, Jacob	14 City of Newport	1:00.74
7 Baker, Luke	14 Torfaen Dolphins	1:00.98
8 Newman, Bradley	14 City of Cardiff	1:01.39

Event 60 Boys 13-14 100 SC Meter Freestyle

Name	Age Team	Prelim Time
Preliminaries		
1 Parfitt, Shaye	14 Heads of Valley	59.57
2 Clarke, Kameron	13 Cwmbran	59.64
3 Evans, Ioan	13 Bridgend	59.72
4 Davies, Ioan	14 City of Cardiff	59.80
5 Baker, Luke	14 Torfaen Dolphins	1:00.32
6 Richards, Owen	14 Torfaen Dolphins	1:00.95

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Preliminaries ... (Event 60 Boys 13-14 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
7 Beetham, Jacob	14	City of Newport	1:00.96
8 Newman, Bradley	14	City of Cardiff	1:01.31
9 Savva, Theo	13	City of Cardiff	1:01.80
10 Booth, Kyle	14	City of Cardiff	1:03.12
11 Wardhaugh, Rhys	13	City of Cardiff	1:03.22
12 Rees, Brandon	14	Rhondda	1:05.05
13 Harris, Max	13	City of Newport	1:05.48
14 Hobbs, James	14	Llantrisant	1:05.67
15 Chim, Danny	14	Bridgend	1:06.31
16 Steven, Ryan	13	City of Newport	1:08.95
17 Rickard-Frost, Celyn	13	City of Cardiff	1:09.35
18 Colmsee, William	13	City of Cardiff	1:09.38
19 Savage- Taylor, Tomos	13	Heads of Valley	1:09.48
20 Williams, Elliot	14	Pontypridd	1:09.66
21 Greenslade, Josh	14	Torfaen Dolphins	1:10.10
22 Gibbs, Morgan	13	Bridgend	1:10.88
23 Thomas, Joshua	14	Merthyr Tydfil	1:11.00
24 Taylor, Samuel	14	Caerphilly	1:11.34
25 Cousins, Jacob	13	Llantrisant	1:12.32
26 Cooper, Elliot	14	City of Cardiff	1:12.35
27 O Connell, Kian	13	Heads of Valley	1:12.44
28 Jones, Kyran	13	Caerphilly	1:13.38
29 Hall, Daniel	13	Chepstow	1:14.04
30 Jones, Luc	13	Torfaen Dolphins	1:15.51
31 Watkins, Lloyd	14	Cwmbran	1:15.99

Event 60 Boys 15-16 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Williams, Matthew	16	Torfaen Dolphins	54.47
2 Sherman, Ben	15	Torfaen Dolphins	55.54
3 Rickard-Frost, Rhys	16	City of Cardiff	55.68
4 James, Rhys	15	City of Cardiff	55.94
5 Hodgson, Ben	16	Bridgend	56.35
6 Coombes, Jay	15	Llantrisant	57.20
7 Othen, Ross	16	Torfaen Dolphins	59.05
8 Minett, Lewis	15	City of Cardiff	59.95

Event 60 Boys 15-16 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Williams, Matthew	16	Torfaen Dolphins	54.91
2 Rickard-Frost, Rhys	16	City of Cardiff	55.45
*3 Sherman, Ben	15	Torfaen Dolphins	56.32
*3 James, Rhys	15	City of Cardiff	56.32
5 Hodgson, Ben	16	Bridgend	56.99
6 Coombes, Jay	15	Llantrisant	57.69
7 Minett, Lewis	15	City of Cardiff	58.05
8 Othen, Ross	16	Torfaen Dolphins	59.13
9 Davies, Logan	15	Torfaen Dolphins	59.35
10 Jones, Luke	16	Rhondda	59.78
11 John, Lewys	15	City of Cardiff	59.81
12 Boladz, Tomas	16	Torfaen Dolphins	59.89
13 Taylor, Joshua	16	Caerphilly	1:00.11
14 Baugh, Jordan	15	Abertillery	1:00.50
15 Cook, Jacob	15	City of Cardiff	1:00.72
16 Hunt-cosh, James	16	Heads of Valley	1:01.43
17 Francis, Iestyn	16	Llantrisant	1:01.52
18 Sherlock, Evan	16	City of Newport	1:01.79

19 Napper, Keenan	16	Rhondda	1:01.83
20 Pryse, Elis	15	Llantrisant	1:01.96
21 Hollings, Bradley	16	Abertillery	1:01.98
22 Bryce, Aidan	15	City of Newport	1:03.10
23 Crispie, Conor	15	City of Cardiff	1:03.18
24 Herbert, Tomos	15	City of Cardiff	1:03.28
25 Thomas, Lewis	15	Llantrisant	1:03.33
*26 Wakefield, Joshua	15	Abertillery	1:03.60
*26 Parkinson, Jamie	15	Torfaen Dolphins	1:03.60
28 Mullins, Joshua	15	Merthyr Tydfil	1:03.77
29 Russell, Kory	15	City of Cardiff	1:04.11
30 James, Morgan	16	Llantrisant	1:04.42
*31 Edwards, Iwan	15	City of Newport	1:04.97
*31 Miles, Will	15	Chepstow	1:04.97
33 Cleverly, Joseph	15	City of Cardiff	1:05.75
34 Jenkins, Cameron	16	Llantrisant	1:06.29
35 Gwillim, Ieuan	16	Heads of Valley	1:06.88
36 Andrews, Lewis	15	Cwmbran	1:07.42
37 Roberts, Daniel	15	Caerphilly	1:07.43
38 Greenslade, Jamie	16	Torfaen Dolphins	1:08.75
39 Baulch, Owain	15	City of Newport	1:08.84
40 Price, Dafydd	15	Torfaen Dolphins	1:09.69
41 Cook, Owain	15	Bridgend	1:10.12

Event 60 Boys 17 & Over 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Brown, Cameron	19	City of Newport	50.90
2 Acland, Connor	19	City of Newport	53.43
3 Jones, Dylan	19	Torfaen Dolphins	53.66
*4 Davies, Grant	19	Llantrisant	54.10
*4 Lewis, James	17	City of Cardiff	54.10
6 Pardoe, Callum	19	Torfaen Dolphins	54.67
7 Heatley, Regan	18	City of Cardiff	54.69
8 Ryley, William	17	City of Newport	54.82

Event 60 Boys 17 & Over 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Brown, Cameron	19	City of Newport	53.35
2 Acland, Connor	19	City of Newport	53.58
3 Jones, Dylan	19	Torfaen Dolphins	53.84
4 Davies, Grant	19	Llantrisant	53.99
5 Ryley, William	17	City of Newport	54.68
6 Lewis, James	17	City of Cardiff	54.70
7 Pardoe, Callum	19	Torfaen Dolphins	54.94
8 Heatley, Regan	18	City of Cardiff	55.01
9 Abdulmajed, Zayd	17	Bridgend	55.46
10 Rosser, Alex	19	Torfaen Dolphins	55.94
11 Abdulmajed, Matham	21	Bridgend	56.00
12 Lewis, Ashley	21	Bridgend	56.14
13 Durrant, William	17	Bridgend	57.20
14 Davies, James	17	City of Cardiff	57.24
15 Eke, Johnathan	19	City of Newport	57.50
16 Brown, Huw	17	City of Cardiff	57.61
17 Dibben, Gethin	19	Bridgend	57.67
18 Davies, Matthew	19	Heads of Valley	57.73
19 Mullins, Jordon	20	Merthyr Tydfil	58.05
20 Elliott, Alex	17	Torfaen Dolphins	58.21
21 Couzens, Robert	17	City of Cardiff	58.22
22 James, Kane	19	Torfaen Dolphins	58.89

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Preliminaries ... (Event 60 Boys 17 & Over 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
23 Cottrell, Richard	17	City of Cardiff	58.94
24 Mason, Peter	17	City of Cardiff	59.18
25 Jones, Rhys	18	Llantrisant	59.19
26 Britton-Yemm, Tomos	17	Abertillery	59.54
27 Robins, Luke	17	Llantrisant	59.86
28 Goggin-Jones, Evan	17	Merthyr Tydfil	59.90
29 Sutton, Morgan	17	Bridgend	1:00.80
30 Eddy, William	17	City of Cardiff	1:01.11
31 Bailey, James	17	City of Cardiff	1:01.15
32 Davies, Owain	17	Heads of Valley	1:01.99
33 Clare, Lewis	18	Llantrisant	1:02.33

Event 61 Girls 13-14 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Sutton, Rebecca	14	Bridgend	1:15.32
2 Manship, Alice	14	City of Newport	1:18.69
3 John, Catrin	14	City of Cardiff	1:19.42
4 Bryce, Millie	13	Bridgend	1:20.35
5 Powell, Lowri	14	Torfaen Dolphins	1:22.73
6 Board, Mia	13	City of Newport	1:23.75
7 Thomas, Niamh	14	City of Newport	1:23.78
8 Horton, Ellie	13	City of Newport	1:24.09

Event 61 Girls 13-14 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Sutton, Rebecca	14	Bridgend	1:16.45
2 Manship, Alice	14	City of Newport	1:17.26
3 John, Catrin	14	City of Cardiff	1:18.64
4 Bryce, Millie	13	Bridgend	1:20.21
5 Powell, Lowri	14	Torfaen Dolphins	1:22.05
6 Board, Mia	13	City of Newport	1:23.47
7 Horton, Ellie	13	City of Newport	1:23.82
8 Thomas, Niamh	14	City of Newport	1:24.11
9 McAllister-Sutton, Lily	13	City of Cardiff	1:25.29
10 Warrender, Meg	14	Torfaen Dolphins	1:25.66
11 Harris, Ellise	13	Torfaen Dolphins	1:26.30
12 Barry, Eva	13	City of Newport	1:27.43
13 Holmes, Eleri	13	City of Cardiff	1:28.01
14 Haeffner, Evie	14	Chepstow	1:28.78
15 Jenkins, Kate	13	Heads of Valley	1:30.01
16 Rutter, Jessica	13	City of Cardiff	1:30.47
17 Hollings, Georgia	14	Abertillery	1:31.30
18 Todd, Amber	14	City of Cardiff	1:31.48
19 Higgins, Catrina	13	Heads of Valley	1:31.62
20 Kenrick, Lauren	14	City of Cardiff	1:31.96
21 Randall, Sophie	14	Chepstow	1:32.02
22 McRae, Mair	13	Blaenafon B	1:32.30
23 Stallard, Martha	13	City of Cardiff	1:32.42
24 Maiden, Mya	14	Merthyr Tydfil	1:32.55
25 Palin, Molly	14	Heads of Valley	1:32.64
26 Childs, Laura	13	City of Cardiff	1:33.13
27 Jones, Alicia	13	Merthyr Tydfil	1:33.58
28 Morgan, Grace	13	City of Cardiff	1:33.80
29 Harries, Megan	14	Merthyr Tydfil	1:34.01
30 Thomas, Amy	13	Bridgend	1:34.79
31 Davies, Katie	14	Merthyr Tydfil	1:34.81
32 Baker, Seren	13	City of Cardiff	1:35.32

33 Harris, Shannon	14	Cwmbran	1:35.60
34 Klappholz, Rebecca	14	Heads of Valley	1:36.36
35 Teagle, Arwen	14	Merthyr Tydfil	1:36.85
36 Richards, Brooke	13	Llantrisant	1:37.00
37 Harper, Fizz	14	Chepstow	1:37.10
38 Randell, Niamh	14	Llantrisant	1:38.12
39 Rowles, Freya	14	Blaenafon B	1:38.53
40 Goodfellow, Roz	14	Chepstow	1:39.69
41 Davies, Cerys	13	Cwmbran	1:40.05
42 Walker, Caitlin	13	City of Cardiff	1:40.60
43 Morgan, Sophie	13	Llantrisant	1:42.13
--- Boswall, Marnie	14	City of Cardiff	DQ
--- Hutchinson, Lili-May	13	City of Cardiff	DQ

Event 61 Girls 15-16 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Coley, Cerys	16	City of Newport	1:13.61
2 Stockley, Lauren	16	Torfaen Dolphins	1:18.89
3 Mountjoy, Zoe	16	Bridgend	1:19.62
4 Beynon, Annaliese	15	City of Cardiff	1:19.77
5 Burch, India	15	City of Cardiff	1:20.34
6 Meese, Anna	15	City of Newport	1:21.06
7 Watts, Morgan	15	City of Cardiff	1:21.66
8 Nicholas, Megan	15	Bridgend	1:21.73

Event 61 Girls 15-16 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Coley, Cerys	16	City of Newport	1:13.64
2 Stockley, Lauren	16	Torfaen Dolphins	1:18.49
3 Beynon, Annaliese	15	City of Cardiff	1:19.31
4 Mountjoy, Zoe	16	Bridgend	1:19.48
5 Meese, Anna	15	City of Newport	1:20.22
6 Nicholas, Megan	15	Bridgend	1:20.60
7 Watts, Morgan	15	City of Cardiff	1:20.62
8 Burch, India	15	City of Cardiff	1:20.79
9 Morgan, Grace	15	Bridgend	1:20.81
10 Andrews, Rebecca	15	City of Cardiff	1:22.07
11 Groves, Alicia	15	Cwmbran	1:23.38
12 Murray, Olivia	16	City of Cardiff	1:23.59
13 Jones, Georgia	15	Chepstow	1:24.83
14 Walters, Jessie	16	Llantrisant	1:25.38
15 Compton, Olivia	15	Bridgend	1:25.74
16 Beard, Celyn	15	Torfaen Dolphins	1:26.18
17 Meredith, Rebecca	15	Llantrisant	1:26.94
18 Gilson, Robyn	15	Abertillery	1:27.42
19 Partridge, Morgan	15	Abertillery	1:31.59
20 Winter, Taylor	15	City of Newport	1:33.89
21 Jones, Hannah	15	City of Newport	1:34.05
22 Jones, Ceri	15	City of Newport	1:34.49
23 Jenkins, Bethan	15	Bridgend	1:35.33
24 Edmonds, Amelia	16	Llantrisant	1:36.06
25 Murray, Claudia	15	City of Cardiff	1:36.36
26 Millard, Harriet	16	Rhondda	1:38.77
27 Johnson, Joanna	15	Chepstow	1:42.10
--- Harris, Elinor	15	Cwmbran	DQ

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Event 61 Girls 17 & Over 100 SC Meter Breaststroke

Name	Age Team	Finals Time
Finals		
1 Sloan, Bethan	19 Bridgend	1:10.73
2 Rees, Katie	17 Bridgend	1:15.65
3 Al Kelaby, Zena	17 City of Cardiff	1:18.21
4 Boyles, Hedd-Wyn	17 Caerphilly	1:22.41
5 Matthews, Brody	17 Abertillery	1:23.79
6 Vaisey, Rhiannon	17 Abertillery	1:26.95
7 Thomas, Hannah	17 Merthyr Tydfil	1:27.01
8 Oliver, Carys	17 Llantrisant	1:28.91

Event 61 Girls 17 & Over 100 SC Meter Breaststroke

Name	Age Team	Prelim Time
Preliminaries		
1 Sloan, Bethan	19 Bridgend	1:11.20
2 Rees, Katie	17 Bridgend	1:14.92
3 Hoyle, Katie	17 Torfaen Dolphins	1:16.43
4 Al Kelaby, Zena	17 City of Cardiff	1:18.17
5 Harris, Seren	17 City of Cardiff	1:21.04
6 Boyles, Hedd-Wyn	17 Caerphilly	1:22.10
7 Vaisey, Rhiannon	17 Abertillery	1:24.33
8 Matthews, Brody	17 Abertillery	1:24.41
9 Thomas, Hannah	17 Merthyr Tydfil	1:25.98
10 Oliver, Carys	17 Llantrisant	1:27.61
11 Flynn, Lauren	17 Merthyr Tydfil	1:29.96
12 Thomas, Louisa	17 Bridgend	1:30.10
13 Jones, Megan	17 Torfaen Dolphins	1:30.71
14 Morgan, Emily	17 Torfaen Dolphins	1:36.54

Event 62 Boys 10 Year Olds 200 SC Meter IM

Name	Age Team	Finals Time
1 Coppen, Harrison	10 Chepstow	3:36.79

Event 63 Boys 11-12 400 SC Meter Freestyle

Name	Age Team	Finals Time
1 Murray, Adam	12 City of Cardiff	5:01.28
2 Leach, Owen	12 Bridgend	5:05.32
3 Salmon, Carwyn	12 Llantrisant	5:08.81
4 Ernest, Noah	12 City of Cardiff	5:15.62
5 Wardhaugh, Cai	11 City of Cardiff	5:17.84
6 Hobbs, Dewi	11 Llantrisant	5:51.17
7 Harris, Tyler	12 Torfaen Dolphins	5:51.59
8 Parfitt, Mason	12 Heads of Valley	5:52.30

Event 64 Girls 11-12 200 SC Meter Butterfly

Name	Age Team	Finals Time
1 Witchell, Bethan	12 City of Cardiff	3:04.36
2 Ward, Ellie	11 City of Newport	3:29.22

Event 65 Boys 10 & Over 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City of Cardiff	A	1:52.32
1) Couzens, Robert 17	2) Lewis, James 17	
3) Heatley, Regan 18	4) Rickard-Frost, Rhys 16	
2 Llantrisant	A	2:00.42
1) Jones, Rhys 18	2) Davies, Grant 19	
3) Coombes, Jay 15	4) Francis, Iestyn 16	
3 Heads of Valley	A	2:04.04
1) Parfitt, Shaye 14	2) Hunt-cosh, James 16	
3) Davies, Matthew 19	4) Davies, Owain 17	

Event 66 Girls 10 & Over 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City of Cardiff	A	2:03.52
1) Connolly, Bethan 17	2) Al Kelaby, Zena 17	
3) Jones, Harriet 18	4) Beynon, Annaliese 15	
2 City of Cardiff	B	2:07.42
1) Bond, Amy 16	2) Xerri, Caitlin 16	
3) Squire, Megan 16	4) Harris, Seren 17	
3 Llantrisant	A	2:12.63
1) Sutton, Emma 16	2) Oliver, Carys 17	
3) Walters, Jessie 16	4) Richards, Brooke 13	
4 Heads of Valley	A	2:20.94
1) Jenkins, Kate 13	2) Higgins, Catrina 13	
3) Richards, Amy 16	4) Watson, Freya 14	

Event 67 Boys 10-15 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City of Cardiff	A	1:57.93
1) James, Rhys 15	2) Flanigan, Andrew 15	
3) Minett, Lewis 15	4) Davies, Ioan 14	
2 Torfaen Dolphins	A	2:02.66
1) Richards, Owen 14	2) Baker, Luke 14	
3) Sherman, Ben 15	4) Davies, Logan 15	
3 City of Cardiff	B	2:04.66
1) Newman, Bradley 14	2) Booth, Kyle 14	
3) Cook, Jacob 15	4) John, Lewys 15	

Event 68 Girls 10-15 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City of Cardiff	A	2:08.20
1) Jones, Caitlin 15	2) Beynon, Annaliese 15	
3) Burch, India 15	4) Murray, Claudia 15	
2 City of Cardiff	B	2:08.97
1) Morris, Niamh 14	2) Boswall, Marnie 14	
3) Harvey, Morgan 15	4) Jerrett, Bethan 15	
3 Torfaen Dolphins	A	2:15.46
1) Blake, Sophie 14	2) Powell, Lowri 14	
3) Morgan, Mackenzie 13	4) Warrender, Meg 14	
4 Heads of Valley	A	2:29.64
1) Watson, Freya 14	2) Palin, Molly 14	
3) Wilkins, Evie 14	4) Klappholz, Rebecca 14	
5 Blaenafon B	A	2:38.98
1) Heward, Demi 14	2) Rowles, Freya 14	
3) Watkins, Rhiannon 14	4) Thomas, Ellie 14	

Event 69 Boys 10-13 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City of Cardiff	A	2:13.56
1) Wardhaugh, Rhys 13	2) Savva, Theo 13	
3) Murray, Adam 12	4) Ernest, Noah 12	
2 Torfaen Dolphins	A	2:33.73
1) Davies, Joe 13	2) Davies, Gruff 11	
3) Bennett, Jack 13	4) Jones, Luc 13	
--- Heads of Valley	A	DQ
1) Savage-Taylor, Tomos 13	2) O Connell, Kian 13	
3) Merriman, Ben 10	4) Parfitt, Mason 12	

Event 70 Girls 10-13 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City of Cardiff	A	2:17.01
1) Withers-Boalch, Georgina 12	2) Harry, Darcey 12	
3) Childs, Laura 13	4) McAllister-Sutton, Lily 13	

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(Event 70 Girls 10-13 200 SC Meter Medley Relay)

Team	Relay	Finals Time
2 Torfaen Dolphins	A	2:20.03
1) Porter, Emma 12	2) Harris, Ellise 13	
3) Morgan, Mackenzie 13	4) James, Lucy 13	
3 City of Cardiff	B	2:20.25
1) Rutter, Jessica 13	2) Moretti, Morgana 12	
3) Morris, Ciara 13	4) Witchell, Bethan 12	
4 Heads of Valley	A	2:34.66
1) Goold, Jessica 13	2) Higgins, Catrina 13	
3) Jenkins, Kate 13	4) Smith, Heather 13	
5 Blaenafon B	A	2:47.76
1) Groves, Ella-Mai 12	2) McRae, Mair 13	
3) Mason, Teoni 13	4) Smith, Mia 11	

Event 72 Girls 10-11 200 SC Meter Medley Relay

Team	Relay	Finals Time
1 City of Cardiff	A	2:33.42
1) Boswall, Saffron 11	2) Stephens, Arwen 10	
3) De Torres, Becci 11	4) O'Callaghan, Jennifer 11	
2 Heads of Valley	A	2:48.29
1) Brasington, Isabel 11	2) Palin, Maisy 11	
3) Rowe, Rhiannon 11	4) Lovell, Madison 11	

Event 73 Boys 10 & Over 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City of Cardiff	A	1:41.17
1) Wooller, Jack 18	2) Rickard-Frost, Rhys 16	
3) Davies, James 17	4) Lewis, James 17	
2 Llantrisant	A	1:46.57
1) Jones, Rhys 18	2) Coombes, Jay 15	
3) Francis, Iestyn 16	4) Davies, Grant 19	
3 Heads of Valley	A	1:51.28
1) Parfitt, Shaye 14	2) Hunt-cosh, James 16	
3) Davies, Matthew 19	4) Davies, Owain 17	

Event 74 Girls 10 & Over 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City of Cardiff	A	1:50.45
1) Beynon, Annaliese 15	2) Jones, Harriet 18	
3) Al Kelaby, Zena 17	4) Connolly, Bethan 17	
2 City of Cardiff	B	1:53.68
1) McCormack, Ciara 16	2) Squire, Megan 16	
3) Harris, Seren 17	4) Bond, Amy 16	
3 Llantrisant	A	1:55.90
1) Walters, Jessie 16	2) Richards, Brooke 13	
3) Oliver, Carys 17	4) Sutton, Emma 16	
4 Heads of Valley	A	2:03.19
1) Richards, Amy 16	2) Higgins, Catrina 13	
3) Jenkins, Kate 13	4) Watson, Freya 14	

Event 75 Boys 10-15 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Torfaen Dolphins	A	1:45.77
1) Sherman, Ben 15	2) Baker, Luke 14	
3) Richards, Owen 14	4) Davies, Logan 15	
2 City of Cardiff	A	1:45.99
1) James, Rhys 15	2) Davies, Ioan 14	
3) John, Lewys 15	4) Minett, Lewis 15	
3 City of Cardiff	B	1:51.60
1) Newman, Bradley 14	2) Booth, Kyle 14	
3) Flanigan, Andrew 15	4) Cook, Jacob 15	

Event 76 Girls 10-15 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City of Cardiff	A	1:54.50
1) Beynon, Annaliese 15	2) Murray, Claudia 15	
3) Burch, India 15	4) Harvey, Morgan 15	
2 City of Cardiff	B	1:58.46
1) Jerrett, Bethan 15	2) Andrews, Ffion 15	
3) Morris, Ciara 13	4) Jones, Caitlin 15	
3 Torfaen Dolphins	A	2:04.91
1) Blake, Sophie 14	2) Powell, Lowri 14	
3) Morgan, Mackenzie 13	4) Warrender, Meg 14	
4 Heads of Valley	A	2:14.49
1) Wilkins, Evie 14	2) Palin, Molly 14	
3) Klappholz, Rebecca 14	4) Watson, Freya 14	
5 Blaenafon B	A	2:17.95
1) Heward, Demi 14	2) Watkins, Rhiannon 14	
3) Rowles, Freya 14	4) Thomas, Ellie 14	

Event 77 Boys 10-13 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City of Cardiff	A	1:59.06
1) Savva, Theo 13	2) Murray, Adam 12	
3) Wardhaugh, Rhys 13	4) Ernest, Noah 12	
2 City of Cardiff	B	2:09.22
1) Wardhaugh, Cai 11	2) Young, Ellis 12	
3) Rickard-Frost, Celyn 13	4) Colmsee, William 13	
3 Torfaen Dolphins	A	2:15.54
1) Davies, Gruff 11	2) Jones, Luc 13	
3) Bennett, Jack 13	4) Davies, Joe 13	
4 Heads of Valley	A	2:15.74
1) Savage- Taylor, Tomos 13	2) Merriman, Ben 10	
3) O Connell, Kian 13	4) Parfitt, Mason 12	

Event 78 Girls 10-13 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City of Cardiff	A	2:01.02
1) McAllister-Sutton, Lily 13	2) De Torres, Becci 11	
3) Withers-Boalch, Georgina 12	4) Harry, Darcey 12	
2 Torfaen Dolphins	A	2:06.23
1) Cowley, Jessica 12	2) Harris, Ellise 13	
3) Morgan, Mackenzie 13	4) James, Lucy 13	
3 City of Cardiff	B	2:06.58
1) Morris, Ciara 13	2) Moretti, Morgana 12	
3) Carr, Georgia 12	4) Witchell, Bethan 12	
4 Heads of Valley	A	2:14.61
1) Jenkins, Kate 13	2) Smith, Heather 13	
3) Goold, Jessica 13	4) Higgins, Catrina 13	
5 Blaenafon B	A	2:29.46
1) McRae, Mair 13	2) Smith, Mia 11	
3) Groves, Ella-Mai 12	4) Mason, Teoni 13	

Event 80 Girls 10-11 200 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 City of Cardiff	A	2:14.48
1) De Torres, Becci 11	2) Stephens, Arwen 10	
3) Boswall, Saffron 11	4) O'Callaghan, Jennifer 11	
2 Heads of Valley	A	2:31.31
1) Palin, Maisy 11	2) Lovell, Madison 11	
3) Brasington, Isabel 11	4) Rowe, Rhiannon 11	